

Sacred Heart



Catholic Primary School

"Teach us to pray"

The Holy Gospel of St Luke 11:1

Prayer Progression Guidance

Below is the school expectation on what prayers children should know by the end of each year group.

EYFS	Sign of the Cross School Prayer Lunchtime prayer
Year 1	End of day prayer The Hail Mary
Year 2	Glory Be The Lord's Prayer
Year 3	Act of Contrition Prayer of St Richard of Chichester
Year 4	Angel of God The Apostles' Creed
Year 5	Morning Offering The Rosary Come, Holy Spirit
Year 6	The Magnificat Act of Faith Act of Hope Act of Love

EYFS

School Prayer

O Sacred Heart of Jesus,
let me love God,
love my neighbour
and love myself.

O Sacred Heart of Jesus,
I place my trust in you.

Amen

Lunchtime Prayer

Bless us, oh Lord,
as we sit together.

Bless the food we eat today.

Bless the hands that make the food.

Bless us, oh Lord

Amen

Year 1

End of Day Prayer

God, our Father,
I come to say,
Thank you for your love today,
Thank you for my family and all the friends you give to me.
Guard me in the dark of night and in the morning send your light.
Amen

The Hail Mary

Hail, Mary, full of grace,
the Lord is with thee.
Blessed art thou among women
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen

Year 2

Glory Be

Glory be to the Father
and to the son
and to the Holy Spirit,
as it was in the beginning
is now and ever shall be
world without end
Amen

The Lord's Prayer

Our Father who art in heaven,
hallowed be thy name.
Thy kingdom come.
Thy will be done on earth,
as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

Year 3

Act of Contrition

O my God,
because you are so good,
I am very sorry that I have sinned against you,
and with the help of your grace
I will not sin again.
Amen

Prayer of St Richard of Chichester

Thanks be to you, my Lord Jesus Christ,
for all the benefits you have given me,
for all the pains and insults which you have borne for me.
O most merciful Redeemer, friend and brother,
may I know you more clearly,
love you more dearly,
day by day.
Amen

Year 4

Angel of God

Angel of God,
My guardian dear,
To whom God's love commits me here,
Ever this day be at my side,
To light and guard, to rule and guide.
Amen

The Apostle's Creed

I believe in God,
the Father almighty
Creator of heaven and earth,
and in Jesus Christ, his only son our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.

I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.

Amen

Year 5

Morning Offering

O Jesus,
through the most pure heart of Mary,
I offer you all my prayers,
thoughts, works and sufferings of this day
for all the intentions of your most Sacred Heart
Amen

The Rosary

(For each mystery or decade, one Our Father, ten Hail Marys and the Glory Be are recited)

Come, Holy Spirit

V. Come, Holy Spirit, fill the hearts of your faithful.

R. And kindle in them the fire of your love.

V. Send forth your Spirit and they shall be created.

R. And you will renew the face of the earth.

Let us pray

O God, who by the light of the Holy Spirit,

Did instruct the hearts of your faithful,

Grant that by the same Holy Spirit,

We may be truly wise, and ever rejoice in your consolation,

Through Christ our Lord

Amen

Year 6

The Magnificat

My soul proclaims the greatness of the Lord,
and my spirit rejoices in God my Saviour,
for he has looked upon his handmaid in her lowliness;
for behold, from this day forward,
all generations will call me blessed.

For the Almighty has done great things for me,
and holy is his name.
His mercy from age to age
for those who fear him.

He has made known the strength of his arm,
and has scattered the proud in their conceit of heart.
He has cast down the mighty from their thrones
and has exalted those who are lowly.
He has filled the hungry with good things,
and has sent the rich away empty.

He has helped his servant Israel,
mindful of his mercy,
Even as he promised to our fathers,
to Abraham and his descendants for ever.

Glory be to the Father and to the Son
and to the Holy Spirit,
As it was in the beginning, is now,
and ever shall be, world without end.
Amen

Act of Faith

My God, I believe in you
and all that your Church teaches,
because you have said it,
and your word is true.

Act of Hope

My God, I hope in you,
For grace and for glory,
Because of your promises,
your mercy and your power.

Act of Love

My, because you are so good,
I love you with all my heart,
And for your sake,
I love your neighbour as myself.

