



Sacred Heart Catholic Primary School
PSHE and HRSE Unit Curriculum Overview

EYFS Curriculum						
Unit	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Meet Your Brain	Celebrate	Appreciate	Relate	Engage	Kidsafe
Year 1						
Unit	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Meet Your Brain	Celebrate	Appreciate	Relate	Engage	MHM Relationships
Year 2						
Unit	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Meet Your Brain	Celebrate	Appreciate	Relate	Engage	Kidsafe
Year 3						
Unit	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Meet Your Brain	Celebrate	Appreciate	Relate	Engage	MHM Relationships
Year 4						
Unit	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Meet Your Brain	Celebrate	Appreciate	Relate	Engage	Kidsafe
Year 5						
Unit	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Meet Your Brain	Celebrate	Appreciate	Relate	Engage	MHM Relationships
Year 6						
Unit	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Meet Your Brain	Celebrate	Appreciate	Relate	Engage	Kidsafe