

Sacred Heart R.C. Primary School

Hart Lane, Hartlepool, TS26 8NL

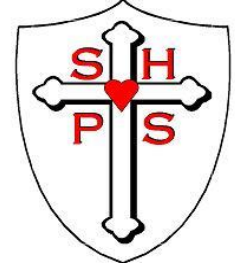
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HAND, FOOT AND MOUTH DISEASE

There is a possible case of Hand, Foot and Mouth Disease in your child's year group. This letter is to advise you to monitor your child.

This disease is caused by a Coxsackie virus which produces mouth ulcers and small blisters on the hands and feet. These blisters often have a reddish border with a white or lighter coloured area in the centre.

Like many viral infections, the illness often starts with feeling unwell for a day or so and might include a high temperature followed by a sore throat. This condition is not usually serious and will often clear within a few days.

There is no treatment for the virus and you are advised just to make your child as comfortable as possible using Calpol or Ibuprofen if they have a temperature, ensuring they have plenty to drink.

Further information can be found on the NHS website:

<http://www.nhs.uk/conditions/hand-foot-and-mouth-disease>