



NEWSLETTER NO.3 SPRING TERM – 29 JAN 2021

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MISSION IN ACTION AWARDS LOVE, LEARN, GROW, WORSHIP



RECEPTION	Imogen	LEARN: For her superb sentence structuring
	Jemima	LEARN & GROW: For using wonderful letter shapes in her writing
	Florence	LEARN & WORSHIP: For excellent shape work and for a thoughtful idea about how she could be more like Jesus
YEAR 1	Evan	GROW: For excellent effort to stay focused during the lessons!
	Tabitha	GROW & LEARN: For amazingly neat handwriting
	Lucy	GROW & LEARN: For great focus during the lessons and for excellent commitment and work for all subjects
	Rowland	GROW & LEARN: For excellent focus and participation and for wonderful work
	Liam	
YEAR 2	Harry	LEARN: For their creative and imaginative Barefoot Islands in Geography
	Harriet	
	Arthur	LOVE: For being helpful to Mrs Gabriel in the classroom
YEAR 3	Susie	LEARN: For their wonderful story writing!
	Willow	
	Paddy	GROW: For working so hard, going above and beyond what is asked of him
YEAR 4	Emma	GROW & LEARN: For completing such excellent pieces of work each and every day
	Vanessa	LEARN & LOVE: For her motivation to learn and for helping others with their learning
YEAR 5	Lily	LEARN: For consistently working so hard at home, completing extra independent work and showing such a positive attitude to her learning
	Liberty	LEARN: For consistently working so hard at home, taking such care with tasks and showing a very positive attitude to her learning
YEAR 6	Milo	LEARN: For his outstanding newspaper article and illustrations from last week
	Rupert	LEARN: For super photo-shopped Art and for his hard work in Maths and English
	Liberty	GROW: For her fantastic efforts in English and Maths this week
MUSIC	Alfred (Y6)	For his new verse for our class song
	Aaron (Y5)	For great enthusiasm in Music this week
	Jack (Y4)	
	Jemima (R)	For her wonderful homemade instruments!
PE	Florence (R)	For climbing the Great Pyramid very quickly
	Emily (Y2)	For climbing both the Great Pyramid and London Eye in one go
	Mae (Y3)	For climbing Big Ben and the Eiffel Tower in one go



10 COMMANDMENTS FOR SELF CARE

1. Thou shalt not be perfect or even try to be
2. Thou shalt not spread thyself too thin
3. Thou shalt not worry about being untidy
4. Thou shalt not try to be all things to all people
5. Thou shalt not ever feel guilty
6. Thou shalt not be thine own worst enemy, but be thy best friend
7. Thou shalt leave things undone that ought to be done
8. Thou shalt learn to say no
9. Thou shalt schedule time for thyself and thy supportive network
10. Thou shalt switch off and do nothing regularly.

Muddy walks and bike rides in the rain. Physical and emotional wellbeing and development are at least as important for our young learners as their academic studies.



FOCUS ON EMOTIONAL WELLBEING: CHILDREN'S MENTAL HEALTH WEEK, 1- 7 FEBRUARY

Next week we will be participating in the national focus on ways to safeguard mental and emotional wellness in children. You might find that what is good for the children, has benefits for us all! The theme for the week is 'Express yourself'. The children know already that it is good to talk about difficult feelings, to find coping strategies to share your worries, or even to give them away! Wednesday liturgy space will be devoted to exploring the theme of self-expression and split by key stage. Mrs Griffiths will work with KS2 children and I will share with the younger children. Next Wednesday therefore, KS2 children should follow a one-off link which will be posted by Mrs Griffiths and everyone else should follow the usual link to spend time with me (Mrs Blake). We hope that during the week, children will be encouraged to express their feelings and capture this in a variety of ways so that we can create an 'Express Yourself Gallery'. More details to follow.

THE RSPB BIG GARDEN BIRD WATCH



The RSPB Big Garden Bird Watch launches this weekend. If you are looking for a mindful activity that helps you connect with nature, look no further than the Big Garden Bird Watch. Nursery children have been practising all week, binoculars at the ready, spotting robins and blackbirds from their huge windows onto the field. Follow the link for further information, get involved and don't forget to send us your photos for a Junior Ornithologists display in next week's newsletter! <https://www.rspb.org.uk/get-involved/activities/birdwatch>

Another busy and exciting week at Sacred Heart School where learning is fun!

FOUNDATION STAGE

This week the children in Foundation Stage have been using their imagination both in school and at home. They have used their imagination to think about everyday things but also had the chance to explore fairytales. They have created and described their cloud pictures inspired by the book 'Little Cloud' by Eric Carle. On Wednesday they become witches inventing potions made out of very interesting ingredients. They have also had great fun creating works of art from food. Reception children learnt a new sound, 'igh', so became knlGHts; designing shields and building castles (with the addition of some princesses). It would not have been complete without a day on fairies: children made wands, fairy houses and gardens. An extremely busy yet exciting week of learning, ending in a Funky Friday zoom session for Reception.



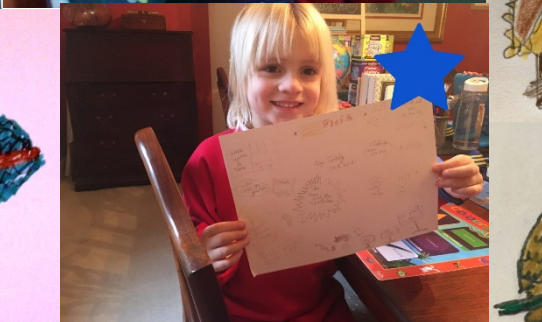
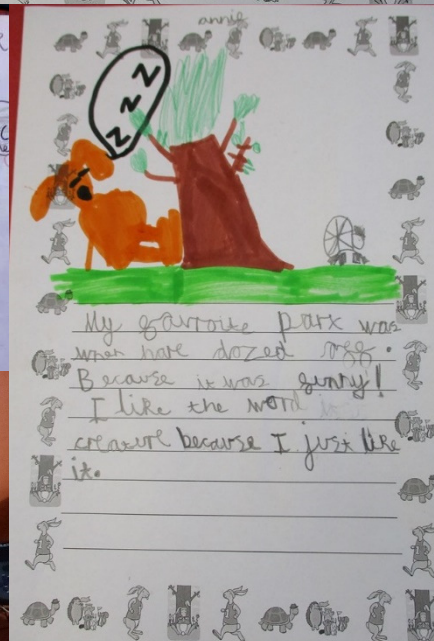
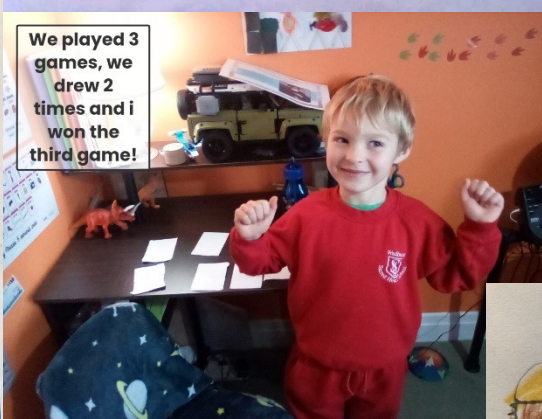
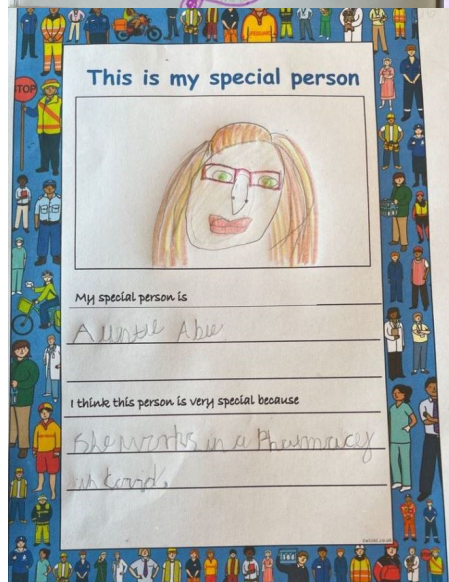
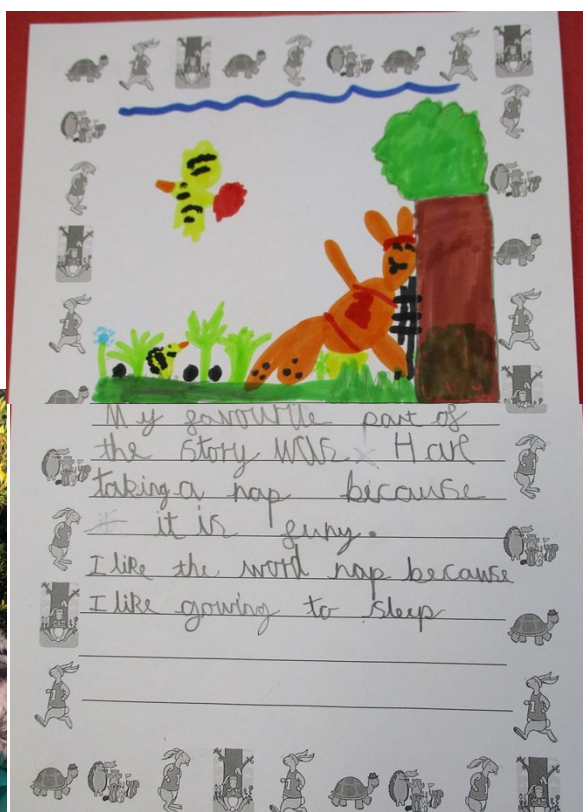
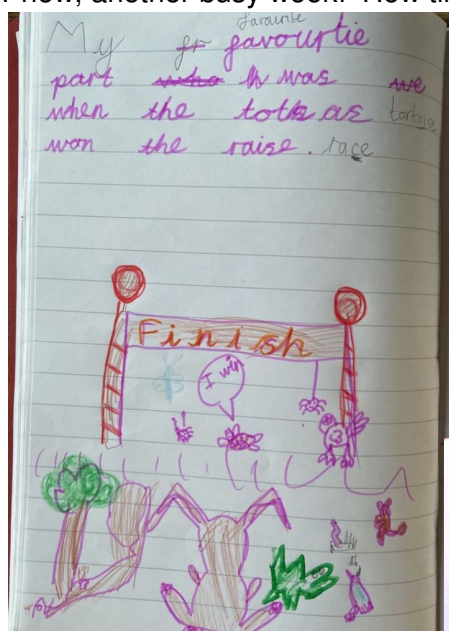
YEAR 1

As it is the Big Garden Bird Watch, we have been learning about birds in Science this week and have tried to spot and recognise the different types of this lovely species in our gardens. We will continue keeping a tally during the weekend. One of the children managed to get so close up to a pigeon he could have touched it! Magical!

English comprehension focused on birds too and for Art we learned how to draw an owl picture and chose our colour carefully.

We also started sharing the fable 'The Tortoise and the Hare' and drew a story map to help us practise retelling this interesting story. In PSHE we looked for the special helpers as, wherever there are tricky times, the helpers will be there too, with their kindness and generosity.

Phew, another busy week! How time flies!



YEAR 2

What a busy and imaginative week we've had in Year 2! We've been weighing using Kg and g and reading scales in Maths; looking at changing the shape of materials using forces in Science when we created models of the Big Bad Wolf; and in Geography, we've designed our own creative Barefoot Islands using keys. In English, we've written imaginative instructions for how to get around Fairyland. Well done, Year 2 for all your super work!



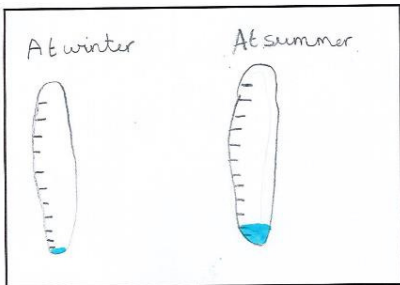
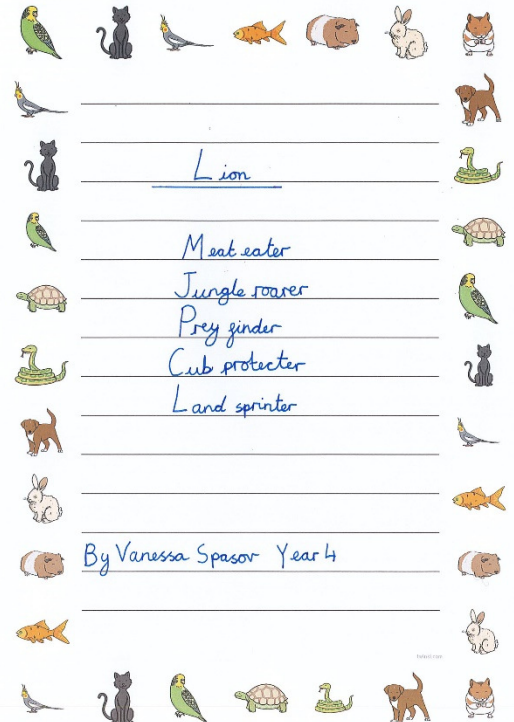
YEAR 3

In Year 3 we have continued to study Greek myths writing our own versions in the first person and creating comic strips. In our Art lesson we had to devise a portrait of either ourselves or a family member which incorporated 5 objects to give clues to that person and their interests. The children could work in any media they chose and came up with a range including painting, pencil, collage and pen. As part of our History topic the children were challenged to have a go at making a Stone Age weapon or tool. Their ingenuity and skill tell me they would have survived well as Stone Age people!

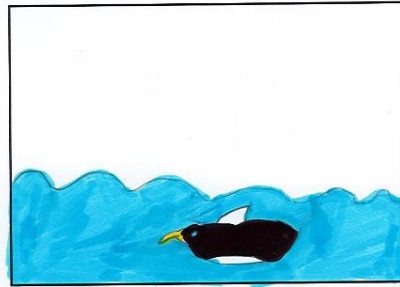


YEAR 4

It has been yet another busy week in Year 4. In English, we looked at list poems and the art of writing a Kenning. The children wrote Kennings about an animal of their choice and I had to guess the animal from their description. I really had to think about some of them! In Geography, the children made some super booklets about the Arctic/Antarctica and in Science we learnt about how materials change state when they are heated or cooled. Some children even conducted their own investigations by making ice cream! In Art, we looked at the Anglo-Saxon craft of illuminating letters and the children created some wonderful illuminated letters of their own. After all that learning it was definitely time for a break and the children finished off the week with some calming yoga exercises!



Antarctica is very cold. At winter time, it is -60°C ! However in the summer it is ONLY 10°C . Over 98% of Antarctica is permanently covered in ice. The average thickness of the ice is about 1 mile!!!



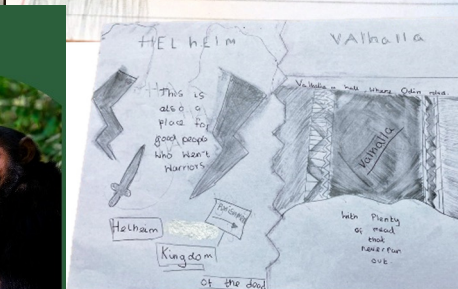
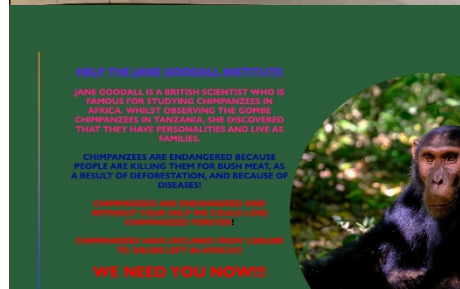
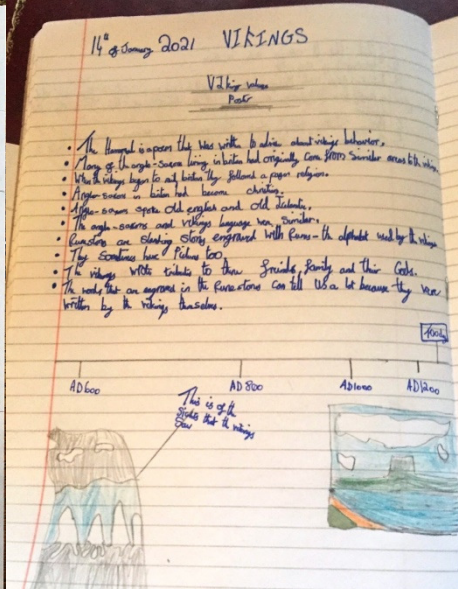
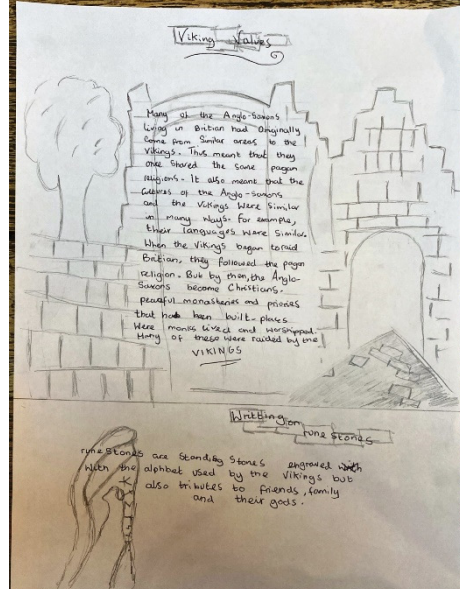
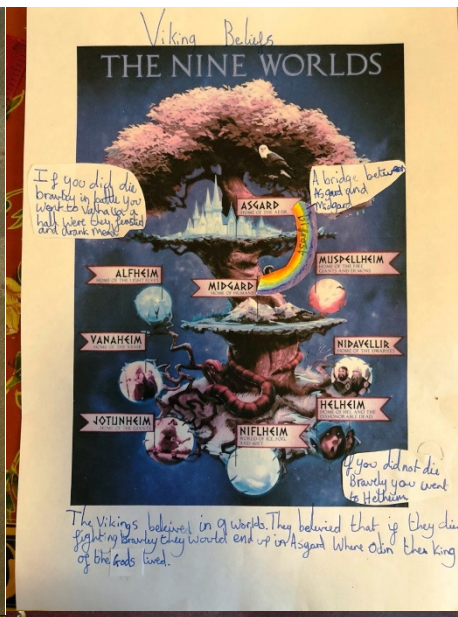
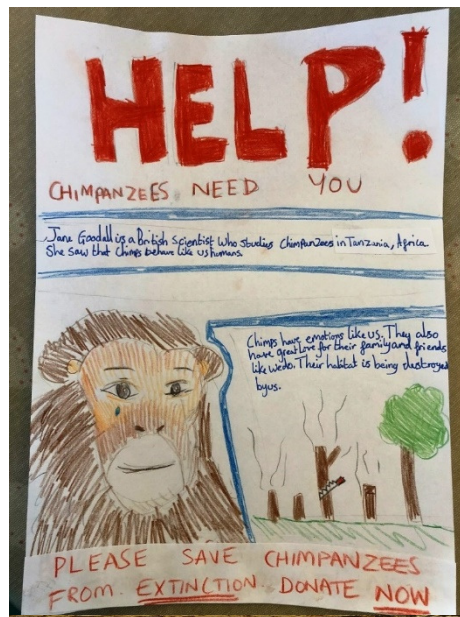
Animals

Did you know that Antarctica is one of the only places on the Earth that has NO ants!!! These are a few of the animals that live there: Krill, Dusky dolphins and Leopard seals.



YEAR 5

Another busy week for Year 5! In Literacy, Year 5 have been busy revising the past and present tenses in story writing, and practising using the perfect form of verbs. They are continuing their work on subtracting decimal numbers in Maths and applying these skills to word problems. In Science, they have been finding out more about Jane Goodall and her important work with chimpanzees and their habitats. In Geography they have been investigating how different plants and animals adapt to the different biomes across Europe. In R.E. they are finding out more about how Jesus spread the Good News. The children are also completing some background reading on the Vikings and are producing some fantastic independent studies from their reading. So far they have learnt about who the Vikings were, their values and Norse beliefs.



By Liberty Rule

The man looked out through the metal bars. All he had was four gray walls around him. He began to dig the great hole that set him free. This was when his Liberty had started.

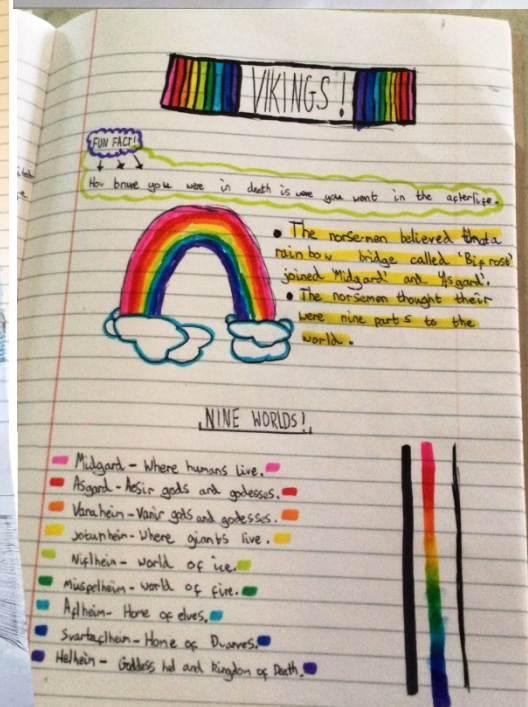
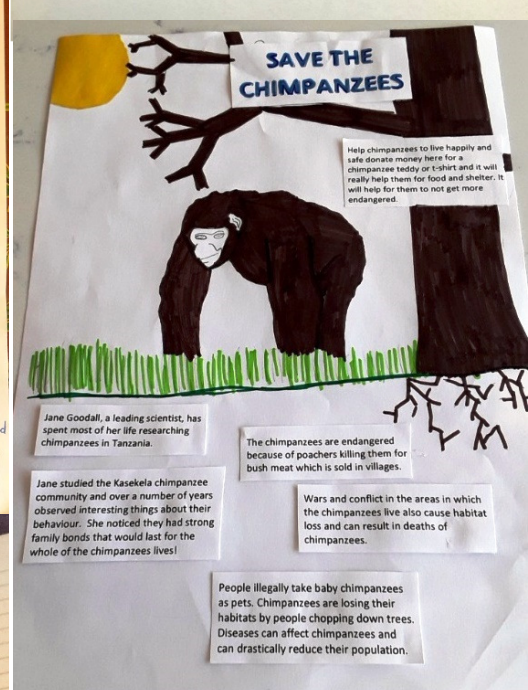
Every night he dug with his bare hands just to set himself free. His fingernails began to bleed but he did not stop, he carried on dusk till dawn digging down, down, down. Where would this passage take him? Nobody knew, he just wanted to get away from the four grey walls and the metal bars...

One magical night, after ten years he had finished digging the great hole that would bring him his liberty. He quickly slithered, in the hole as fast as he could to prevent him from being caught by the police. He knew they would be fast on his tail once they discovered he was not there.

His tale was a sad one. For he had been imprisoned for a crime he did not commit. He was in the wrong place, at the wrong time. But now it was the right moment to escape. He could feel it in his veins.

The hole was dark, damp and dirty and the earth seemed to swallow him up. He was a mile in and thought he would never see daylight again, but he kept on crawling mile after mile- he would not give up!

At last, he heard the wind whisper, "this way to freedom." He pulled himself out of the hole, he paused for half a second to catch his breath. There was a BANG in the darkness, the man clutched his side, stumbled upon the leafy floor.



YEAR 6

This week in Year 6, children have been writing in role in English; they have been learning about Anglo Saxon and Viking Crime and Punishment in History (which was very gruesome!) and they have learnt how to find the

Dear my darling Peggy,

I won't write all of the 'how are you and the children' only because we have a very short supply of paper here in the barracks, so we have to save it. The most exciting thing happened this week [I knew, hard to believe]. I was called to be in a small squadren of soldiers to go after a highwayman.

We were told to march to the 'Boll Inn' [this is when I wish I had gone out for the Cavalry], we had been given a tip off from a bloke, who looked like he'd slept in a hedge! I, he said the highwayman would come back that night. When we arrived, a chill went down my spine as I pictured him getting ready to strike us while we drunk our ale [which was the best I've ever tasted]. I wonder if I could buy some of him to bring home? Oh yes, and just so that I knew I'd tell you, if we catch this highwayman and share the money, I thought I could buy our little Toby the mini soldier figure he's been wanting?

I think one of the men, who probably had too much drink volunteered to tie Boss to the end of the bed, and tied a gun to her! The little girl was beautiful [don't worry not as beautiful as you], and was supposed to keep watch, but the little clever child reached for the gun the gun and shot herself. The horror of what had happened filled up inside me as the velvet blood spilled out over the floor.

A man suddenly burst into the room and screamed his daughters name as he saw her lying in a heap of her own blood. The gun shot must have alerted the highwayman as I could see his horse galloping off into the distance. We had lost him. The man shouted at us to leave clearly not noticing who we were, but we left any way.

We walked out into the night muttering cruelty about the child, when we received a message saying the highwayman would come back the next night.

And here's how we did it. He rode back the next night like a mad man and we looked to our priming and shot him down in the moonlight- we became heroes and I got the rise in my salary!

I will be back home seen my love

Albert xxx

areas of triangles, parallelograms and compound shapes in Maths. In French they have been using newly acquired vocabulary to tell each other why they go to different places in town. In R.E., they have been researching to find out about the Dead Sea Scrolls and why they are important to Jewish and Christian people.

As well as all of that, they have been finishing a mini project in Art to design, paint or draw thirty very small pictures. Some children chose to use photoshop, whilst others used a variety of media to represent the items on a given list.

