



NEWSLETTER NO.4 SPRING TERM – 05 FEB 2021

Follow us on Social Media via the school website, Instagram and Facebook! Please follow, like and share our page! @sacredheartwadhurst



MISSION IN ACTION AWARDS LOVE, LEARN, GROW, WORSHIP



RECEPTION	Tabitha	LEARN: For her hard work in all activities and for writing a FANTASTIC shopping list
	Alice	GROW & LEARN: For great focus in lessons and for her understanding and ideas about different emotions
	Jonah	LEARN: For marvellous Maths work; he has shown great understanding and accuracy
YEAR 1	Freddie F	LEARN & GROW: For great, confident Maths work and for being ready and keen to improve his work
	Marcus	LEARN: For a great characterisation for the Hare and Tortoise story
	Barney	GROW: For confidently putting up his hand during the online lessons and for lots of excellent work!
	Otilie	GROW: For attending the Zoom lessons and doing tasks mostly independently
YEAR 2	Liam	GROW: For getting so much enjoyment out of reading for pleasure
	Iris	LOVE & GROW: For expressing herself so happily through her clothes making
	Poppy	LOVE: For always having such a positive and happy attitude to everything we do at school
	Isaac	GROW & LEARN: For his very imaginative poetry work this week
YEAR 3	Eloise	LEARN: For her brilliant English work this week
	Mae	GROW: For tackling more of her work independently and for the high standard of work she has been producing
	Gus	LOVE & LEARN: For his hard work, enthusiasm and participation
YEAR 4	Harrison	GROW: For his hard work and perseverance during lockdown
	Seren	LEARN: For her conscientious approach to her lessons and some fantastic pieces of work
YEAR 5	Mariella	LEARN: For working hard, completing every task including extension work and for taking great pride in everything. She also produced a fantastic short story this week
	Aaron	LEARN: For working very hard, concentrating well and taking an active part in Zooms, presenting his work well and taking care. He also produced a fantastic piece of art work this week
YEAR 6	Bella	GROW: For showing real resilience and maturity when technology failed her this week
	Freya	LEARN: For the high standard of all her work in lockdown and for a really wonderful start to her owl drawing
	George	LOVE: For always working to a high standard and for showing love and kindness
PE	Thomas (Y4)	For the longest and most creative obstacle course
	Paddy (Y3)	For a great obstacle course and great team work with his sister
	Mary (R)	For a great obstacle course and teamwork with her brother
	Teddy (Y1)	For fantastic creativity in his obstacle course by adding props and music to it!

WELLBEING WEDNESDAY 7 February

We will continue the wellbeing theme as we approach the end of this challenging half term of lockdown learning. On Wednesday the teachers will not set a formal lesson for the afternoon following the whole school HITT lesson. Instead we ask the children to complete a wellbeing activity either for themselves or with family members, or take some time to contribute to someone else's wellbeing, perhaps by contacting a lonely relative or friend. Class teachers will use the non-marking afternoon to prepare any outstanding resource packs to support home learning for the second half of term. As we do not yet know exactly what the arrangements will be for schools, we aim to be prepared for the current home learning sessions to continue for a while at least. We will contact parents to arrange for collection of the home learning packs in a safe and efficient manner.

Key policies are available via the school website or on request from the school.

Children's Mental Health and Wellbeing Week

This week we have been focusing, in addition to our usual timetables, on what makes us feel good and our preferred form of self-expression. The plan was to tune in more to our feelings, to express them and to take responsibility for our own wellbeing, understanding that emotional health is just as important as physical health and that one supports the other.

The sad news of Sir Captain Tom Moore's death coincided with our Wednesday Wellbeing Assemblies. He is a great example of someone who dared to try to make a difference and showed how one small ripple created a tsunami that was felt around the world. Despite the difficulties, the pain and the discomfort, 99-year-old Captain Tom raised almost £40,000,000 to support the work of the NHS – through the simple act of walking. Lockdown did not limit his life but gave him wings to fly, achieving more in his final year of life than many of us could hope to achieve in a lifetime. He is a bit of a hero!

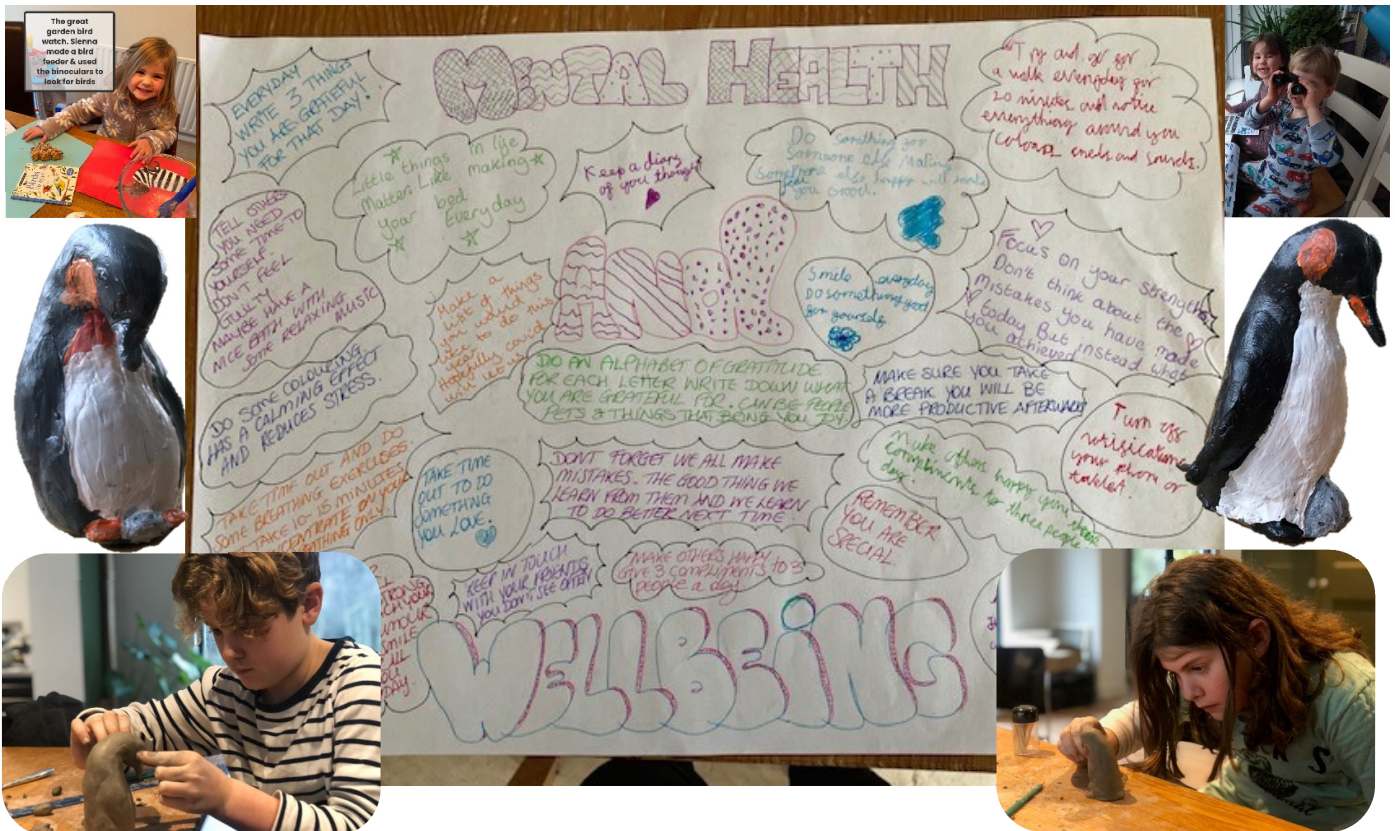


Captain Sir Tom Moore 1920–2021

What can we learn from Captain Tom?

- The importance of walking and talking: get outside in nature, walk every day; talk about your feelings: share your fears, your joys, give your worries away.
- Optimism: look for the silver linings, count your blessings, try to look on the bright side – because what is the alternative...
- Tomorrow will be a better day
- You'll never walk alone: look for the helpers and look for opportunities to be a helper too

Hopefully the blue skies and sunshine will lift all our spirits today; look for signs of spring on your weekend walks, a sign of new life and better and brighter days to come.



Thanks to all of you for your wellbeing responses. Members of the Sacred Heart family have expressed themselves, through creative activities including clay and mindful art, dress choices, listening to and making music, baking, dance, playing board games, bike riding, smiling, writing poetry, caring for animal, bird-watching, spending time in nature – and these are just the ones I have heard about! Well done for your wellbeing work. Remember this is a work in progress, keep it going and notice that ripple effect: when you are happy, those around you often catch that happy feeling too.

Another busy and exciting week at Sacred Heart School where learning is fun!

FOUNDATION STAGE

We have enjoyed a whole week of activities and stories about healthy living.



On Thursday we dressed to express

Comments made by the children:

“I feel adorable” “My bucket fills up”
“Superheroes make me happy”
“I like this dress – it’s lovely”
“This is my favourite dress and tights – it’s rainbow”

We painted pictures of our faces to describe how we were feeling. We played a game where we had to tell each other why they are a good friend.



Key policies are available via the school website or on request from the school.

RECEPTION

This week Reception have had a focus on well-being linking into Mental Health Week. We shared the book Ruby's Worry and spoke about how everyone has different worries but by talking about them, our worries can get smaller. Some children then created their own balls of emotions, showed different facial expressions or wrote about their happy place. We have spoken about the importance of looking after both our minds and our bodies by eating healthily. Amongst all of the learning and hard work, we have also had the chance to focus and relax by taking part in yoga, meditation and massage.



YEAR 1



We enjoyed learning about how birds have different beaks because they eat different kinds of food. We helped out a factory making bird food to work out what kind of beak would be best suited for which kind of food, using spoons, clothes pegs, scissors and tweezers as beaks and dry pasta, rubber bands, sticks and marbles as food.

For Children's Mental Health Week we listened to the story 'In my Heart' and made our own heart shapes, writing messages about how we feel or about how much we love someone special. Some of us will pass on our heart shapes to the people they were written for, hoping to cheer them up and make them feel loved.

In Art we traced around our hand or foot, and decorated them with our favourite colours using paint, crayons or colouring pencils. If you look carefully, you might even be able to match the pictures to the person who made them as they really tell a little about what we are like: energetic, sparkly, colourful, twirly, warm, kind...



YEAR 2

We've been rather adventurous in Year 2 this week, trying things we have never tried before like quilling in Art. The snails we created were really fun (and rather addictive) and quilling was excellent for our fine motor skills as it was extremely fiddly

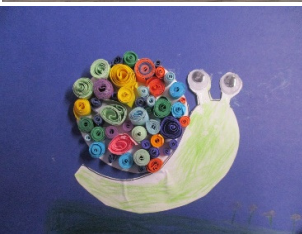
Hello Emily!
Thank you for
making me!



to do! In English we have been writing poems on our senses. Here is our class poem on 'Touch' and Isaac's "Who Will?" poem based on Horrid Henry and Perfect Peter! Again, it's been another fabulous week of very hard work from ALL the children!



Who will touch
A slimy old frog
A shark's sharp tooth
My dad's stinky old sock?
NOT ME!



Who will touch
A fluffy cloud
A delicate flower
A soft baby's cheek?
I WILL!
By Isaac



TOUCH by Year 2

I can touch squelchy slime that squishes in the palm of my hand
I can touch a delicate flower petal that wriggles in the breeze
I can touch a beautiful velvet dress that comforts my skin
I can touch a glittery diamond that is as sparkly as the stars in the night sky
I can touch a burning volcano that erupts in my hand
I can touch a marvellous colourful rainbow that lightens up my day
I can touch a slimy slug that slithers round my palm
I can touch a cold pebble that feels like it's been under the sea
I can touch a prickly cactus as sharp as a knife
I can touch sticky mud that oozes between my dirty fingers
I can touch soft sheep fleece that feels springy in my hand
I can touch hot fire that feels boiling on my hand
I can touch smooth sand that tickles my toes!

YEAR 3

Year 3 has continued to work really hard this week and it has been another busy one! In their English lessons they wrote stories about swapping things, having shared the book *The Day I Swapped My Dad for Two Goldfish*. Lots of the swaps in their stories didn't go according to plan! In Maths they have been practising telling the time and drawing bar charts and pictograms. The class has continued to learn about the Stone Age and the UK in their History and Geography lessons. The most fun they had this

week was creating their own Andy Warhol Pop Art inspired portraits! Using black and white photos of themselves as a starting point, the children then coloured them in with striking and contrasting colours. I'm sure you'll agree they are really colourful and fun!

The Day I Learnt My Lesson

Let me tell you a thing or two about swapping . . . IT NEVER ENDS WELL! This is why . . .

Once when I was seven, or eight, I thought it would be cool to swap houses with my friend Ellie, so I asked her if she'd like to. She agreed, so we swapped! Ellie loved my house, but I didn't like hers - it was too old, her bed was too hard, and to be honest I missed my parents.

The next day I went back to my old house to ask Ellie if we could swap back, but Ellie called "No sorry, I've settled in very well with my toys, and your bed is really comfy! Say thanks to your Mum and Dad for letting me swap with you!" as she ran up the stairs. I was feeling very miserable, then I had an idea . . . we could re-decorate Ellie's house to look like mine! I called her back downstairs and we decided on a plan.

Once we had done the work on her house Ellie was finally happy to leave. I got my home back, so I was happy too!

I learnt my lesson that day, never swap your house for another, it's not as good an idea as you think. What about the shed though? Will I ever swap that? I don't think so!

**Some fabulous editing
going on here, Mae!
This is exactly what
writers do!**

The computer S Nap

Once upon a time my friend came round with a "new" one I loved it so I said "Can I use it?" and my mum's computer got a very good "yes". But my sister said I am going to tell mum and Mum was really cross with me and she said for ever got my computer back so I did but my mum said my sister had to come with me. I said fine so we got going. When we got there I said can I have the computer back? She said yes then they both took back home but the computer was so heavy but we got home and I should never sleep again.

m the end

But when she gave the computer back it was covered in mud. We walked back home but she carrying the heavy computer. It was so hard because it was so heavy and we were covered in mud. I said to my sister "I will never sleep again."

But when she gave the computer back it was covered in mud. We walked back home but he was carrying the heavy computer. It was so hard because it was so slippery and we were covered in mud.
I said to my sister "I will never swap again!"

It was the full term term and I was playing in the garden with my mother who made suddenly I was alone and found some air and "My mother go in the house and find a picture?"

"Yes" I said and walked over to the door, I saw a man sitting and thought why. I was going with Anne to get my teddy I took and ran up the stairs. The old man came and I asked him to take and walked outside across the lake to the park to find a picnic. When we were there I asked her to "I asked what you bring to the picnic?"

"Oh" answered me "I bring a jammer fine book" so I went that minute eating it.

Suddenly I thought of an idea "Can we swap?"

"Yes sure" said Anne and Anne asked Anne and I thought myself good but my jammer fine book not swapped for my teddy teddy.

After eating the jam sandwich and when I went over on the hills to do me with Anne. I read down the hill and saw the tree. Because to my house with Anna's jammer fine book to tell my family I went.

Finally I arrived and told my dad "I swapped my toy with Anna's jammer fine book" but my dad said "it was not a fair swap because I could finish the book and not have my toy book."

So I went to Anna's house and I asked "Anna please may I have my toy book. I have got your jammer fine book?" So she took me to her small nice room but it was not on her bed so we looked down stairs - in the living room but no toy there I felt upset because I might never see my toy again. But when we searched the kitchen we found my toy on Anna's table and I went home happily and never swapped ever again.

↑ Extra

Characters	The swap
	Th

Finished off my swapping story!!!!

A Swapping Story: Plan	
Characters	Me, A nna (my friend) and A nna's mum
The swap	I swapped my a large fun my dad for her swap read it
The problem	I had to be careful not to
The resolution (how the problem was solved)	

I finished off
my
swapping
story!!!

Key policies are available via the school website or on request from the school.

YEAR 4

This week, the children in Year 4 have been continuing to write and review poems in English and have been plotting the co-ordinates of polygons in Maths. At the end of last week, the children



produced some really creative weather forecast videos for our Geography work. They reported from tropical countries with the

use of props and even music! In Science, we learnt about the melting points of various materials and some children took part in an 'ice cube melt challenge'. In

"Love and care for each other like good brothers and sisters"

Take a friend his shopping
FaceTime grandparents so they don't feel lonely
FaceTime friends so they don't feel lonely
Send Papa cards and a birthday cake
Feed the sheep to help Daddy
Feed the dogs to help Mummy
Feed my pony to help him in winter
Talk to Ron & George on my morning bike ride to keep them happy 😊
Make Ray a cup of tea
Write cards to thank people for my Christmas presents
Donate food and money to Dom's Food Mission
Move the logs to help Daddy and to keep us warm

RE. LO: I am learning about times when communities join together

When things get hard, keep going.

I keep going and trying. Sometimes I have to go away and think about it then go back to the task in hand. Also smiles are a great gift and they go a long way.

Do not just pretend to be good.

Don't just be good for 10 minutes or for one person. Try to be all the time. It makes you and everyone else happy.

If your helping someone, do it really well.

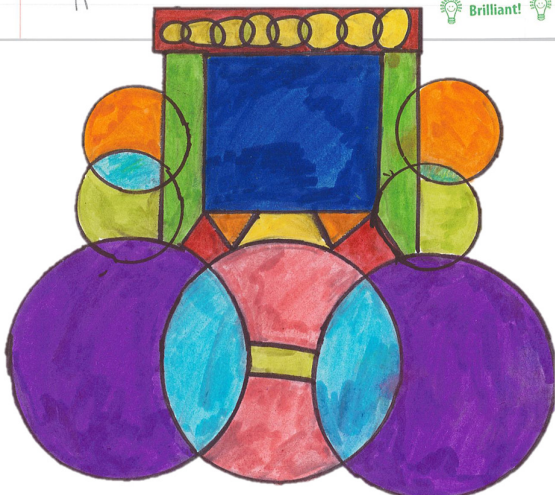
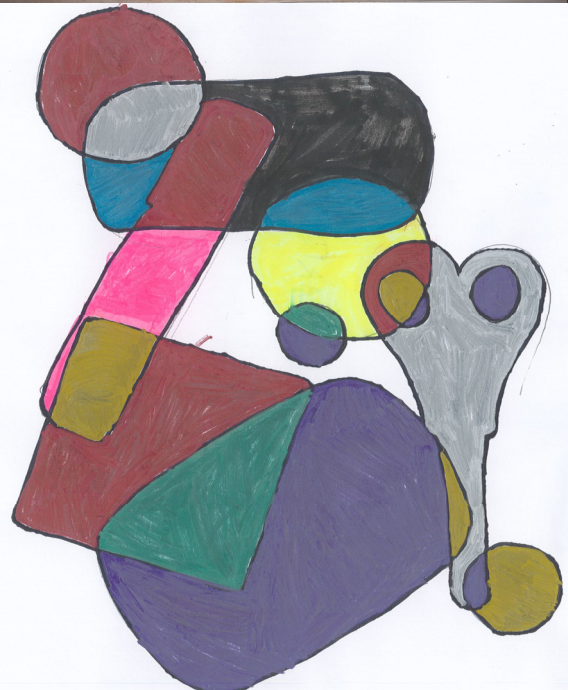
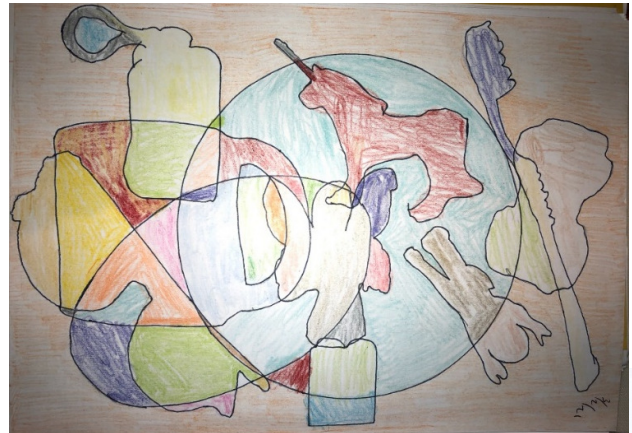
If your shopping for your neighbour or doing the dishes do it really well. It's nice to do things for people and if you are doing something for someone do it well because nice to.

Be joyful.

I am joyful when something nice has happened to me. I also feel joyful when I do something nice for someone else.



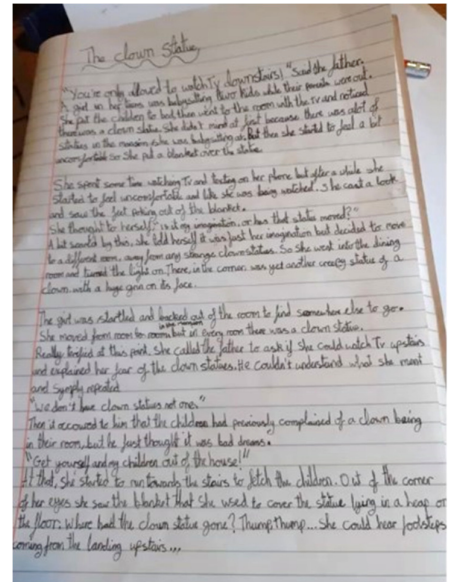
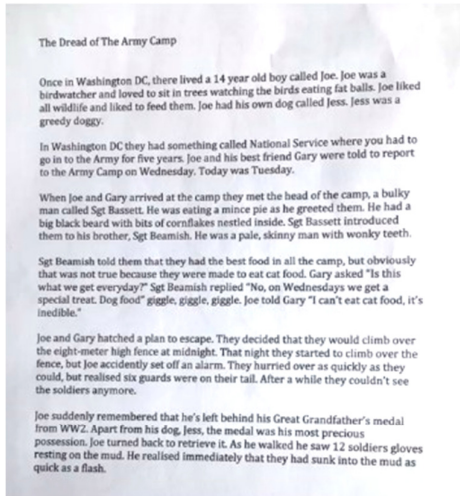
This is me spreading a smile.



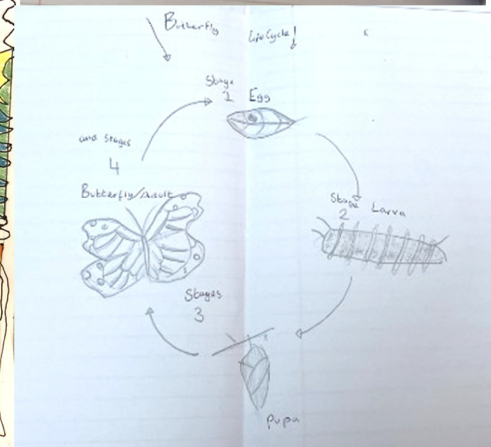
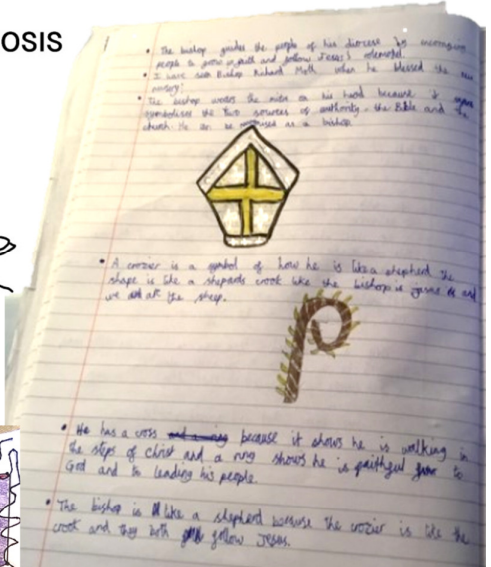
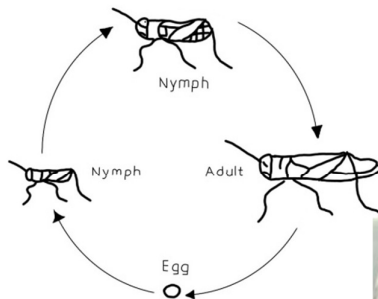
YEAR 5

This week Year 5 have been learning how to apply their fraction skills to word problems, how to multiply fractions and how to work out equivalent decimals. In Literacy, they have been writing their own short stories which have an unexpected twist or a mysterious cliff hanger..... In Science they have been finding out all about metamorphosis, and they drew lifecycle diagrams showing the metamorphosis of butterflies and dragonflies. In R.E. they have been investigating their Diocese and the role of the Bishop and the symbols of his authority. They remembered when Bishop Richard came to the school to open the new Nursery Building and how exciting it was to meet the Bishop in person. In

Geography they have been learning about the Channel Tunnel and trade between France and England. In Art, the children had to draw a continuous line on A4 paper- the line was not allowed to touch and had to be made into an interesting design on the sheet. Three large shapes then had to be drawn over this. The children were then asked to choose from four categories: primary, secondary, warm and cold colours to shade in their shape.



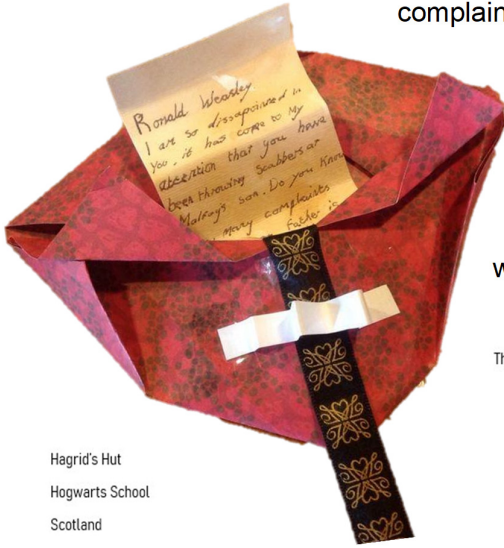
INCOMPLETE METAMORPHOSIS



YEAR 6

This week in Year 6 children have begun a unit of work which focuses on the novels of J.K. Rowling. They have revised word classes and sentences and punctuation through reading and writing letters which ended up with writing their own 'howlers' (letters sent magically to complain about someone's behaviour).

In Art, they have started to draw their own 'post owls' using a grid technique to help with proportion to produce accurate drawings by reducing the pictures to series of small squares. You can see some examples of their work developing here.



Hagrid's Hut
Hogwarts School
Scotland

My dear old chap,

Why did you let Harry and his ginger friend into my home? Also, the ginger guy HATES my kind! That car nearly KILLED my children! If you bring more friends, I will come with all of my children and EAT them!

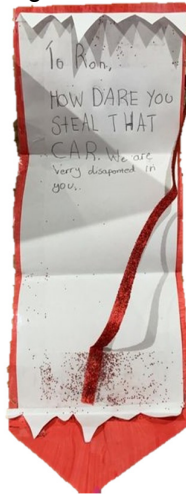
I am grateful that you have looked after me since I arrived here, in the pocket of a traveller, BUT I will not allow you to bring any more to my home.

Aragog has spoken!

Your friend,

Aragog

Aragog's Web
The Forbidden Forest
K20H 7PN
4th February



Vernon Richard Dursley,

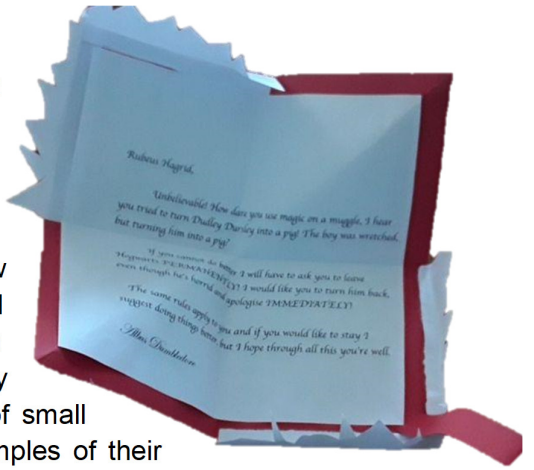
It's come to my overseeing attention, that during our efforts to safely and wilfully transport Harry to Hogwarts, not only did you further mistreat the boy, you also hid from him our many, many letters.

I was unsure, really, of what to expect from you, Dursley. But even for your actions, this is far too foolish. The trials that you have put this boy through are the Muggle form of He-Who-Shall-Not-Be-Named's will.

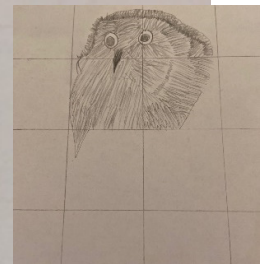
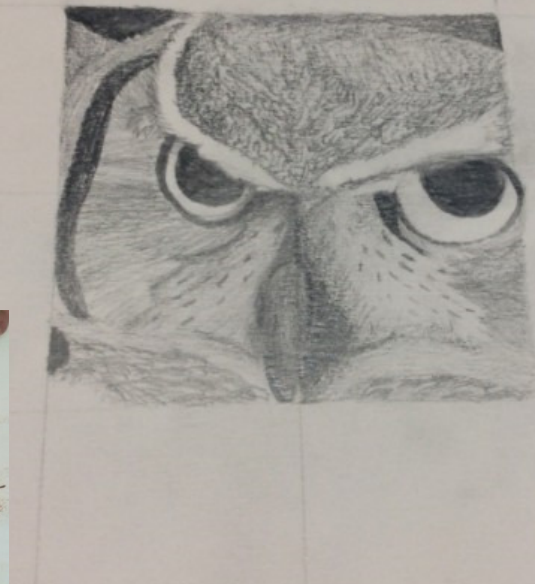
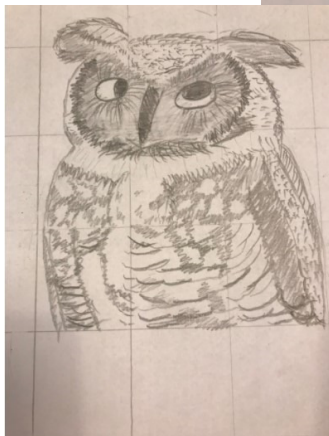
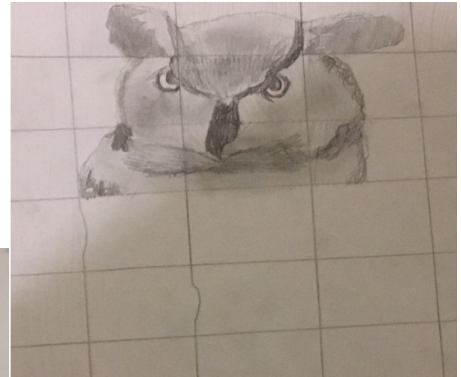
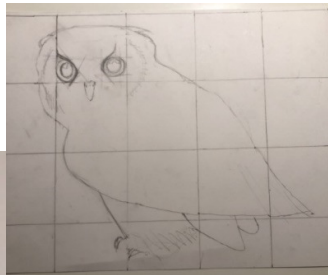
When Harry is next placed into your care for the summer, if he comes back with a word of abuse, there will be consequences – more so than just a tail for your son.

Yours truly,

Minerva J. McGonagall



28 Laceton Grove
Hogwarts Grounds
HG1 5HP



Key policies are available via the school website or on request from the school.