



NEWSLETTER NO. 5 AUTUMN TERM – 03 OCT 2025

Follow us on Social Media via the school website, Instagram and Facebook!
Please follow, like and share our page! @sacredheartwadhurst

MISSION IN ACTION AWARDS

WOWS for FOUNDATION STAGE		Nursery: Bronte, Elise and Mallory. Reception: Edie and Chester.
BUSY BEES STAR OF THE DAY		MON: Miller (Y3) TUE: Sophie (Y5) WED: Darcey (R) THU: Oscar (Y5)
RECEPTION	Maggie	LOVE: For being such a cheery and polite member of the class.
	Rosie	LEARN: For sharing her lovely ideas during carpet time.
YEAR 1	Sophia	LEARN & GROW: For excellent participation in all lessons and for her positive, kind and cheerful attitude.
	Oscar	LEARN: For his great interest in the world around him and for interesting contributions to class discussions.
YEAR 2	Edward	LEARN: For his fabulous work in ICT in the style of Mondrian.
	Dexter	WORSHIP: For his really thoughtful contributions in RE.
YEAR 3	Clemence	LEARN: For working so diligently in Maths this week, really working to the best of her ability!
	Amelie	LEARN: For contributing some great facts during our Science and PSHE lessons this week!
YEAR 4	Ellen	WORSHIP: For her excellent retelling of the story of Abraham in RE.
	Sophie	GROW: For settling so quickly and brilliantly into Year 4.
YEAR 5	Emily	LOVE: For showing such resilience and maintaining her fabulous work ethic!
	Millie M	LEARN: For being so engaged in her learning and showing such enthusiasm in lessons.
YEAR 6	Evan	LEARN: For really contributing to class discussions and having a great attitude to learning.
	Annemieke	GROW: For persevering in Maths despite sometimes finding it tricky and for getting better at asking for help when she needs it. Great work with long division this week!
	Rowland	LOVE & LEARN: For bringing such energy and spark to the classroom. He is enthusiastic to learn and wrote some great insights into how different groups of people may have felt about Alexander the Great as part of our Ancient Greece topic.
MUSIC	Alex (Y5)	For hard work at home preparing for his Grade 1 guitar exam. Well done!
	Blaise (Y4)	For rapid progress learning piano initial grade pieces and also as well as beautiful intonation and hard work on his violin!
	Eden (Y2)	For excellent work, beautiful hand positions and very good memory at the piano. Well done!
PE	Otilie (Y6)	For being outstanding during our hockey matches.
	Jemima (Y5)	For outstanding defence during our hockey matches.
	Mason (Y4)	For making some fantastic saves during the football match which showed great honesty and maturity.



Key policies are available via the school website or on request from the school.



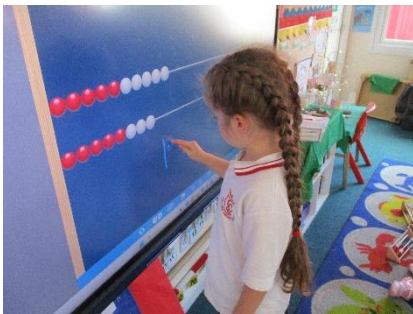
Key policies are available via the school website or on request from the school.

YEAR 1

Year One have made a great start to the school year. They have enjoyed working in the quad while the weather was still nice and warm. They have been learning about place value in Maths, representing teen numbers with ten frames, bead strings, cubes, straws, and rekenreks.

Learning about maps, plans and bird's eye views, and making a plan of the classroom using wooden blocks in Geography was both challenging and great fun.

As part of their exploration of the senses in Science, the children enjoyed the challenge of making smelly socks using their sense of smell – you are welcome to check them out in the Year One classroom!



YEAR 4

In Science, children in Year 4 have become budding electricians as they have been exploring how series circuits work. Using wires, bulbs and cells (batteries), they discovered the importance of a complete loop for electricity to flow. They also investigated which everyday materials are conductors or insulators, with some surprising results! The children showed great curiosity and scientific thinking throughout – well done, Year 4.



GRANDPARENTS LUNCHES

This week we have been celebrating the wonderful contribution that grandparents make to the lives of the children in our school. We would like to say a big thank you to all our fantastic grandparents who joined us for lunch on Monday and Tuesday this week. We welcomed over 70 grandparents across the two days. A very big thank you to Rob (our chef), Sarah and Bukuroshe for all the work they put into preparing for the event.



SPORTS FIXTURES

Friday, 26th September 2025

ISA U11 Mixed Football - Finalists 2025

TEAM: Rowland, Teddy J, A P-P, Matty, Liam and Teddy B

GROUP STAGE: Won 2-1 v Benedict House; Won 3-1 v Oakfield; Drew 2-2 v Russell House; Lost 0-1 v Breaside

KNOCK OUTS: Won 2-0 v Oakhurst Grange

QF: Won 1-0 v Lingfield

SF: Lost 0-2 v The Mead

PLAY OFFS: Won 2-1 v Oakfield for 3rd Place. They qualified for the National Finals at St George's Park in March 2026. Congratulations to you all- you worked so hard as a team!



Tuesday, 30th September 2025



ISA U11 Girls Football - Champions 2025

TEAM: Annemieke, A P-P, Marni, Otilie, Hattie, Isla H, Sophie-Ann, Sophia and Sienna

GROUP STAGE: Drew 0-0 v Holme Grange; Won 1-0 v Weston Green; Won 2-0 v St Mary's

QF: Won 2-1 v Shoreham

SF: Drew 0-0 v Westbrook Hay – Won 4-3 on penalties

FINAL: Won 1-0 v Thorpe Hall

The girls showed resilience, teamwork and heart, battling through every round to lift the trophy. Congratulations girls!

Wednesday, 1st October 2025

U11/10 Girls Hockey v St Ronan's (Away)

TEAM 1: Pippin, Poppy, Eva, Millie M, Sophia, Jemima, Sienna and Emilia

RESULT: Lost 0-2 and Lost 0-1

PLAYER OF THE MATCH: Sophia, Sienna and Emilia

TEAM 2: Isla H, Millie T, Tabitha D, Sophie-Ann, Florence, Sophie C, Emily and Edie

RESULT: Won 1-0 and Won 1-0

PLAYER OF THE MATCH: Isla H (Y5)

TEAM 2: Otilie, Annemieke, Isla H, Hattie, Alexandra, Marni and Tabitha H

RESULT: Drew 1-1

PLAYER OF THE MATCH: Otilie



U11/10 Boys Football v Wadhurst (Home)

TEAM 1: Alex, Charlie, James, Matty, Teddy B and Teddy J

RESULT: Won 5-2 and Lost 1-3

TEAM 2: Arthur, Evan, Liam, Oscar D, Rowland and Oscar M

RESULT: Won 2-1 and Won 2-0

Thursday, 2nd October 2025

U9/8 Girls Netball v St Ronan's (Away)

TEAM 1: Imogen, Lucia, Meg, Poppy and Orlaith

TEAM 2: Amelie, Ellen, Kamila, Sophie and Tessa

TEAM 3: Eliza, Helen, Meg T, Nansi, Ola and Sophie

TEAM 4: Amelie, Clemence, Faye, Letty, Mariana and Tai



U9/8 Boys Football v Rose Hill (Home)

TEAM 1: Blaise, Mason, Lorenzo, Miller, Oscar, Eddie, Hector and Tom

RESULT: Won 3-0

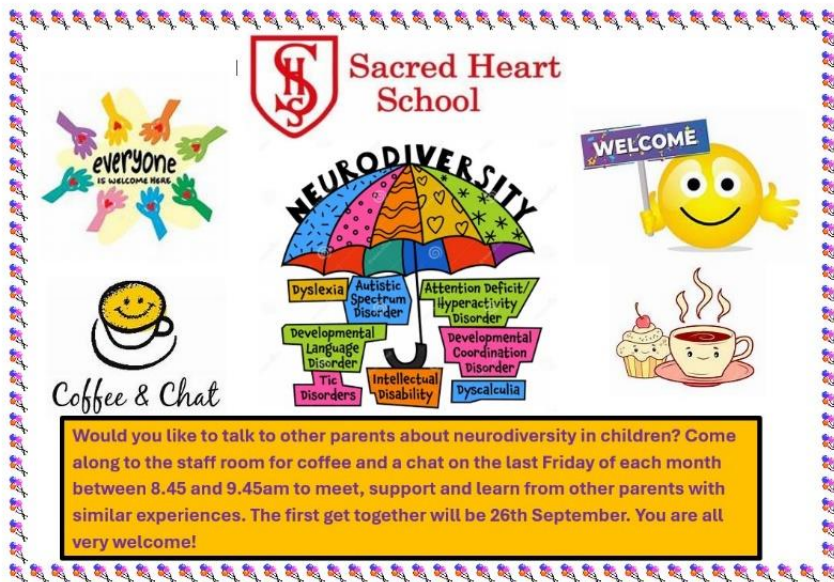
DIARY DATES

WEEK 6		
Mon 6 th October	Whole School Celebration of the Word	09:00
Tue 7 th October	Open Classrooms FS (Nursery & Reception)	08:30 – 08:45
Wed 8 th October	Open Classrooms KS1 (Y1 & Y2)	08:30 – 08:45
	Y6 Swimming @ Mayfield School	08:45 – 10:15
	Year 4 Roman Workshop	All Day
	U11/10 Boys – No Fixture – Team Training	-
	U11/10 Girls – No Fixture – Team Training	-
Thu 9 th October	Open Classrooms LKS2 (Y3 & Y4)	08:30 – 08:45
	FS & KS1 Trip to The Gruffalo – Assembly Hall Theatre	12:45 – 15:30
	U9/8 Boys Football v Vinehall (Away)	13:30 – 16:30
	U9/8 Girls Hockey v Beechwood (Home)	14:15 – 15:45
Fri 10 th October	Open Classrooms UKS2 (Y5 & Y6)	08:30 – 08:45
	Awards Assembly	09:00
	PTA Film Night	15:45 – tbc
WEEK 7		
Mon 13 th October	Whole School Celebration of the Word	09:00
	Rainforest Animals Workshops – FS, KS1 & Y3	13:30 – 15:30
Wed 15 th October	Y6 Swimming @ Mayfield School	08:45 – 10:15
	U11/10 Girls Hockey v Vinehall (Away)	13:30 – 16:30
	U11/10 Boys – No Fixture – Team Training (Home)	-
	Parent Consultations	16:15 – 18:00
Thu 16 th October	U9/8 Girls Hockey v Skippers (Away)	13:30 – 16:30
	U9/8 Boys Football v Skippers (Home)	14:15 – 15:45
	Parent Consultations	17:00 – 18:30
Fri 17 th October	Neurodiversity Parent Coffee Morning	08:45
	Y4 Assembly & Cake Sale	09:00 & 10:30
	Parent & Toddler Session – Nursery	09:00 – 10:30
WEEK 8		
Mon 20 th October	Whole School Celebration of the Word	09:00
Tue 21 st October	Whole School Harvest Assembly (all parents welcome)	09:00
	End of Term – Whole School	-
HALF TERM WEDNESDAY 22ND OCTOBER – FRIDAY 31ST OCTOBER CHILDREN RETURN TO SCHOOL ON MONDAY, 3RD NOVEMBER		

PARENT NOTICES

PARENT CONSULTATIONS

Parent Consultations will take place on Wednesday, 15th (16:15-18:00) and Thursday, 16th October (17:00-18:30). Sign up sheets are available in the School Hall for Reception – Year 6, or in the Nursery for our nursery-aged children.



COFFEE MORNINGS

As we live in a neurodiverse world, and having listened to our parent voices, we would like to set up a support group for any parent at the Sacred Heart School who either has a child with any diagnosis (this can range from Dyslexia to ASD to ADHD, Sensory Processing and anything in between) or feels that they may be on the beginning of a journey to understand some signs or symptoms in their child.

If you are a parent with a child who finds transitions hard or with a child who finds it difficult to emotionally regulate their feelings, please do come along to our next session on 17th October at 8.45 in the staff room. Future events: 28th November and 12th December.

Addition to the Sacred Heart School website – Catholic Life

As part of our work on updating our school website, you will now be able to read information about our weekly Celebration of the Word assemblies. Each week, the theme of our assembly is introduced on a Monday, and the children are asked to "Go Forth" reflecting on the message of the Gospel. Please follow the link to read more: [Celebration of the Word | Sacred Heart School](#).

Just a reminder that any parent is welcome to join our Celebration of the Word assembly on a Monday morning at 9am in the hall.

World Mental Health Day – 10th October 2025

World Mental Health Day happens every year on 10th October and aims to create an opportunity to talk about mental health, as well as raise awareness of people suffering from mental health problems.

This year's theme set by the World Federation for Mental Health is 'Access to Services' – mental health in catastrophes and emergencies. The theme highlights the importance of people being able to protect their mental health whatever they're going through, because everyone deserves good mental health.

Talking about Mental Health

World Mental Health Day is a great opportunity for us to come together to talk about mental health and show everyone that it matters. The information below from the Mental Health Foundation sets out some helpful tips as well as what to expect.

1. **Choose someone you trust to talk to**

This might be a friend, family member or a colleague. Or you might be more comfortable talking to someone you don't know, for example, through a support helpline. It can help to do a pros and cons list about talking to someone.

2. **Think about the best place to talk**

It's important to choose a place where you feel comfortable enough to open-up. You might want to choose somewhere private where you're less likely to be disturbed. You also might want to talk while you do an activity, like walking together.

3. **Prepare yourself for their reaction**

Hopefully, you will have a good experience when you open-up to someone. But there's a chance that they may not react in the way you hope. This may be for different reasons, like they may be worried or not fully understand at first. If that's the case, try to give them time to process what you've told them. It might help to give them information to read to help them understand. And don't forget to be kind to yourself and practise self-care.

Key policies are available via the school website or on request from the school.



Poppy (Y4) will be playing Gretl in The Sound of Music at The Assembly Hall Theatre during half term.

Her show dates are:

Wednesday 29th October at 2:30pm

Thursday 30th October at 7:30pm

Saturday 1st November at 7:30pm



Poppy (Y4) will be performing in the Junior Ensemble as a child in either Mr Maddens' or Mr Shakespeare's class in Nativity! The Musical at Trinity Theatre.

Her show dates are:

Friday 12th December at 10am

Sunday 14th December at 10:30am and 3:00pm

Thursday 18th December at 1:00pm

Sunday 21st December at 10:30am and 3:00pm

Friday 26th December at 3:00pm

Sunday 27th December at 10:30am and 3:00pm



FLU VACCINATIONS

The Immunisation Service are coming into school to offer your child the flu vaccination on Thursday, 13th November 2025. This is for Reception aged children upwards.

A portal has been sent out with all the information of how to register your child for the immunisation.

For information about the Flu vaccine and frequently asked questions:

<https://www.sussexcommunity.nhs.uk/patients-and-visitors/resources/patient-resources/flu-vaccinations>

To complete a consent form:

[Flu Vaccination Consent Form \(susseximmunisations.co.uk\)](https://www.susseximmunisations.co.uk)

**MACMILLAN
CANCER SUPPORT**

Thank you to all who volunteered their time or came along to support our Macmillan Coffee morning. We were so lucky to have a generous and delicious donation from The Bakery TW, and our upgraded coffee options went down very well!

If you would like to make a donation please do so via this link:

[Will you donate to Macmillan Coffee Morning 2025 ?](https://www.mcmillan.org.uk/donate)

Thank you again for supporting this wonderful charity.

SCHOOL UNIFORM

Children will return to school following the October half term wearing winter uniform. If you are placing an order for new items of uniform, please take note of the following dates:

Any order placed before 3pm on Friday, 17th October will be fulfilled, ready for collection on or before Tuesday, 21st October (end of term).

For any orders placed after 3pm on Friday, 17th October, these will be fulfilled over the half term break, ready for collection on Wednesday, 29th October between 10:00 – 12:00pm. Any orders after this date can be collected once school returns on Monday, 3rd November.



We are looking forward to our Autumn Music Concerts this term. Please join us on 19th and 20th November to enjoy a wonderful showcase of some of the musical talent here at Sacred Heart School.



Who can spot Sacred Heart Schools Scarecrows, Art and Sarah on the Harvest Festival Scarecrow trail in Wadhurst on Sunday, 5th October?



SECONDARY SCHOOL OPEN MORNINGS

SCHOOL	DATES
Bethany	27 th Sept & 8 th Oct
Dulwich Prep, Cranbrook	4 th October
Judd	23 rd June 2026
Kent College	4 th Oct & 5 th Nov
Mayfield School	28 th Nov
Tonbridge School	4 th October
Tonbridge Grammar School	7 th , 9 th & 14 th October
Tunbridge Wells Boys Grammar School	26 th Sept, 2 nd & 10 th Oct
Tunbridge Wells Girls Grammar School	24 th Sept & 6 th Oct
Uplands Academy	11 th Oct 9:30 – 12:30 (Y5+) 13 th – 17 th Oct 9:00 – 10:45 (Y6)
Weald of Kent	15 th & 16 th October

Please refer to the individual school websites as many events require advance booking

SAFEGUARDING

Please report any safeguarding concerns you have directly to the one of the adults listed below.



Mrs Johanna Collyer
Designated Safeguarding Lead



Mrs Emma Nixon
Deputy Designated Safeguarding Lead



Mrs Antonia Gabriel
Deputy Designated Safeguarding Lead



Mrs Sarah Alcock
Deputy Designated Safeguarding Lead

If any parent or carer from Sacred Heart School has any questions to ask, concerns to raise or needs to inform the school of a situation, please feel free to approach a member of staff at any time. We operate an open-door policy here at Sacred Heart School.