

## Head teacher:

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St. Clare's Catholic  
Primary School  
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## Physical Education, Sport and Health at St. Clare's Catholic Primary School

At St. Clare's, we recognise the importance of providing a high quality physical education programme within which pupils develop physical competence and confidence and are given opportunities to be physically educated and become physically literate. Within our physical education provision, we also aim to promote personal development, health and well-being, enjoyment, success and achievement of all pupils across the whole curriculum and beyond.

We are committed to delivering quality PE for every child as well as providing a wide range of enrichment opportunities before and after school.

### School Sports Grant

The Government is allocating a designated portion of funding to be invested in school sport. This funding is being jointly provided by the Departments for Education, Health and Culture, Media and Sport, and will see money going directly to primary school head teachers to spend on improving the quality of sport and PE for all their children.

The aim of this funding is to continue the sporting legacy from the London 2012 Olympic Games with schools being given the freedom to choose how to spend the money in order to improve PE and sports provision in their school.

Full details of the Grant can be accessed through the Department for Education website:  
<https://www.education.gov.uk/schools/adminandfinance/financialmanagement/primary>.

**At St. Clare's, we have chosen to spend the money on ensuring that all children benefit regardless of sporting ability; that the most able children are given the opportunity to compete in advanced tournaments; and that staff have access to training opportunities and continued professional development in order to be able to deliver outstanding teaching in all areas of PE.**

At St. Clare's we have decided to use this money to:

- Promote both physical and mental wellbeing across the school.
- Encourage children to develop a positive attitude towards physical activity and lead a healthy lifestyle.
- Ensure all children have the opportunity to represent the school in a sport or activity of their choice.

- Maintain and strengthen our strong partnership with the Preston School Sports Partnership, which provides expert coaching, staff CPD, and a wide range of competitive opportunities across all year groups.
- Audit staff training needs and provide high-quality, evidence-based professional development to increase confidence and competence in delivering PE and sport.
- Support curriculum leadership and staff development through targeted, specialist CPD.
- Expand opportunities for non-sporting extra-curricular clubs to engage a broader range of pupils.
- Develop and increase extra-curricular opportunities specifically for EYFS and Key Stage 1 pupils.
- Develop and extend the range of extra-curricular activities available to Key Stage 2 pupils.
- Provide top-up swimming sessions for children who have not yet met the national swimming requirements, including an intensive week of lessons.
- Prioritise support and opportunities for girls, pupils with SEND, and those eligible for Pupil Premium.
- Regularly review and update the PE curriculum and wider offer to ensure it continues to meet the needs of all pupils.

#### **Impact Measures:**

- Increase the number of pupils participating in both sporting and non-sporting extra-curricular clubs.
- Ensure all children take part in intra-school competitive sports activities.
- Maintain a high level of opportunity for pupils to be involved in competitive school sports.
- Raise pupils' awareness of the risks associated with obesity, smoking, and other activities that negatively impact health.
- Improve the overall quality of PE provision so that teaching consistently works towards an 'Outstanding' standard.
- Achieve the Platinum Level School Games Mark.



Support for review and reflection - considering the 5 key indicators from DfE, what development needs are a priority for your setting and your students now and why? Use the space below to reflect on previous spend, identify current need and priorities for the future.

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<p>Achieved School Games Platinum Mark 2024/25</p> <p>Increased participation in inclusive events through the SGO and Preston School Sports Partnership</p> <p>Introduced new teams in hockey, tag rugby, rounders, and girls' football – more teams than ever, growing in popularity and success</p> <p>CPD provided through external agencies to support staff confidence and delivery</p> <p>Entered more inclusive competitions and events than ever before</p> <p>Took part in 20+ events including Kids Cup, Triathlon, Cross Country and Mini Skills</p> <p>Entered leagues in football, hockey, netball, tag rugby, cricket and rounders</p> <p>Used inclusive and mixed-ability teams across all events</p> <p>Ran inclusive events such as Girls Football, Dynamos Cricket and Sports Hall Athletics</p> <p>Held termly intra-school competitions for all pupils</p> <p>Delivered a traditional Sports Day, with inclusive lead-up activities</p> <p>Developed new playground provision across all key stages to support the 60-minute activity offer</p> <p><b>Competitions/Events/Inclusion:</b></p> <p>We have worked closely with the Preston Schools Partnership and our School Games Organiser to take part in a wide range of competitive and inclusive events. These covered a variety of sports, with success in several competitions throughout the year. Middle and lower ability children were given opportunities to compete at a level where they felt confident, supported, and able to enjoy the experience.</p>	<p><b>Assessment and Tracking:</b></p> <p>The June 2024 PE Policy highlights the need for more focused, accurate, and consistent assessment across the school. The continued use and monitoring of the Lancashire tracking system/app, along with staff and pupil questionnaires and feedback, provides a valuable opportunity to strengthen how pupil progress is assessed across year groups and sporting activities.</p> <p><b>Enrichment Opportunities:</b></p> <p>There is a recognised need to increase enrichment opportunities across the PE curriculum and our after-school offer. While current provision is strong in some areas, expanding the range of sports and activities will help engage a wider group of pupils, particularly those who are less active or have additional needs. With the supports of the PE Lead, SLT and school staff, a revised curriculum and extra-curricular offer is currently being developed to better reflect the needs and interests of our children.</p> <p><b>Use of MUGA:</b></p> <p>The new Multi Use Games Area (MUGA) provides an excellent opportunity to deliver a more inclusive and diverse PE offer. It will support increased participation in both intra- and inter-school competitions. Ongoing work is focused on ensuring that all pupils, regardless of ability or background, can take part and develop a positive attitude towards physical activity. A new timetable has been introduced to support class access, develop school sports teams, and offer lunchtime clubs run by trained TA staff.</p>

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres? <b>N.B.</b> Even though your children may swim in another year please report on their attainment on leaving primary school.	86%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?	86%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?	86%
Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity <b>over and above</b> the national curriculum requirements. Have you used it in this way?	<u>Yes</u> /No
This cohort have had 1 two-week block in Yr4 and a top-up block again in Yr6.	

## Action Plan and Budget Tracking

Capture your intended annual spend against the 5 key indicators. Clarify the success criteria and evidence of impact that you intend to measure to evaluate for students today and for the future.

Academic Year: 2024/25		Total fund allocated: £18,220		Total spent £ 22,588.97		Date Updated:18/07/25	
<b>Key indicator 1:</b> The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school						Percentage of total allocation:	
						49%	
School focus with clarity on intended <b>impact on pupils</b> :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:			
Each child will have the opportunity to take part in at least 60 minutes of physical activity each day. Activities will be chosen by the children through the Sports Council and pupil feedback, ensuring all pupils have access to both sporting and non-sporting options. These activities will be set up daily by lunchtime staff and Sports Council leaders.	The school yard is currently divided into zones, offering children a variety of activity options during playtimes. Funding has been allocated to revamp playground resources and markings, ensuring equipment is updated and provides meaningful, engaging opportunities for years to come.	£11,019.97	All children are actively engaged in a variety of playground games and sports, remaining focused and involved throughout playtimes. Additional games, activities, and equipment have been introduced to offer more choice, with positive feedback from both children and lunchtime staff.	Invest in durable, adaptable equipment to reduce replacement costs and ensure a broad range of activities can be offered consistently.			
A range of extra-curricular opportunities will be available to all children at St Clare’s. We’ve seen an increase in the percentage of children taking part in daily clubs, with both lunchtime and after-school options offered free of charge. Club timings have been adapted to support our children’s home and religious commitments.	Extra-curricular opportunities are offered through both teacher-led clubs and external providers. Activities are varied and diverse to engage as many children as possible, with choices guided by the Sports Council.	Judo Education (Parent paid), Absolute Futbol (See Key Indicator 3), ASC Staff	All children have had the opportunity to try a range of sports at lunchtime, during curriculum time, and after school; including some they hadn’t experienced before. This has been well received by both pupils and parents. After-school club participation has increased across the board, making it a real success this year.	Keep providing ongoing training and clear guidance to lunchtime staff so they remain confident and efficient in managing equipment.			
				Maintain strong partnerships with trusted external providers to guarantee quality support and continuity of extra-curricular opportunities.			
				Develop internal capacity by training teaching assistants and teachers to run clubs independently, reducing reliance on external funding			

				<p>and providers.</p> <p>Plan for ongoing professional development and resource review to maintain the quality and inclusiveness of PE provision required for the Platinum School Games Mark in 2025/26.</p> <p>Consider setting up a regular review cycle for PE provision that involves SLT, staff, parents, and governors to sustain momentum and continuous improvement.</p>
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Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation:
				0%
School focus with clarity on intended <b>impact on pupils</b> :	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
Raise the profile of PE and school sports across the whole school community, including staff, children, and parents, to ensure everyone is aware of the sports and activities available during, after, and outside of school.	Friday whole-school assemblies include a weekly sports overview from SLT, the PE lead, and sports teams or individuals. Each term, house point tallies are reviewed and sports points added.	n/a	PE is now well established in school, with children eager to take part in events, clubs, and teams.  Successes and participation are celebrated weekly and shared with parents via the school blog, newsletter, and social media.	Continue close collaboration with SLT to ensure Key Indicator 2 (likely relating to PE curriculum or provision) remains manageable within existing resources, avoiding additional strain on the budget or staffing.
	Parental communication is maintained through the school newsletter and website or blog, promoting school sports and links to external clubs.	n/a	All children have taken part in intra-school competitive and inclusive events throughout the year, with many also representing the school in a range of sports competitions.	Regularly collect and review parental and governor feedback to keep the PE offer relevant and responsive to the school community's needs.
	The PE sports blog is regularly updated and clearly visible on the school website.	n/a	PE is recognised as an integral part of the curriculum and school life, celebrated by both children and parents.	Embed systems to monitor progress towards maintaining the Platinum School Games Mark, making it a natural part of school planning and reporting.
	At the start of the year, liaise with SLT and staff about upcoming sports fixtures and events, organising staffing as needed.	n/a	Staff feedback has been positive, and it is clear when PE activities are taking place.	Schedule refresher training sessions for lunchtime staff each term and update rule books as required.
	Develop the Sports Council's involvement in the school by having them support ideas for the MUGA timetable, playground activities, after-school clubs, Sports Day, and other events around school.	n/a		Network with local schools and providers to explore new external partnerships and share best practice.

				Create a structured training programme for TAs and teachers, including mentoring and observation opportunities, to build confidence and skills for leading clubs.
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Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				25%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Ensure all staff are kept up to date with PE curriculum changes and have the knowledge and confidence to deliver high-quality lessons.</p> <p>Monitor the quality of PE lessons to make sure all pupils are actively engaged, enjoying the activities, and making progress. Identify staff strengths and areas for development, providing additional support and training where needed.</p> <p>Pupils who are not meeting age-related expectations will be offered the chance to attend after-school clubs focused on boosting fundamental movement skills, led by professional sports coaches (see Key Indicator 1).</p>	<p>Absolut Futbol – Coach Dom: Sessions will be timetabled, with slots allocated based on questionnaire feedback and the individual needs of staff.</p>	£2,916	<p>Staff have reported a significant increase in confidence when teaching PE. Pupils have also given very positive feedback, which has led to the introduction of an after-school club and plans to continue this into the next academic year.</p>	<p>Continue attending LCC and Preston School Council training courses and PE updates. Share any new information on the PE curriculum during staff meetings to keep everyone informed.</p>
	<p>During lunchtime and after-school clubs, Coach Dom will also support less confident staff by providing CPD.</p>	£2, 484	<p>Absolut Futbol coach Dom has led enrichment units for our KS2 classes, as well as lunchtime clubs and after-school clubs for KS2. Dom has demonstrated practical techniques to teachers for managing large classes and engaging pupils with additional needs. This approach has been highly effective and will continue next year.</p>	<p>Carry out lesson observations to identify strengths and areas for development. The observation timetable will be agreed with SLT to ensure thorough coverage.</p>
	<p>The PE lead will attend PESSPA meetings and training, then share updates and feedback during staff meetings.</p> <p>Fylde Coast Cricket Coaching will provide CPD and assist with delivering the cricket enrichment unit.</p>	£275		<p>Maintain the use of the PE Passport app, in line with the PE policy, to track and assess all pupils' progress. Children working towards the expected standard (WTS) will continue to benefit from 'golden ticket clubs', inclusive School Games events, and additional support such as lunchtime clubs.</p> <p>Ensure all children have access to three separate swimming opportunities during their time at St Clare's. Monitor and check that all adults</p>

				accompanying swimming sessions have the relevant training and qualifications.
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Key indicator 4: Broader experience of a range of sports and activities offered to all pupils				Percentage of total allocation:
				21%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>Swimming – Reception and Year 6</p> <p>Children have the opportunity to follow a broad curriculum and take part in a range of extra-curricular activities.</p> <p>In line with Key Indicator 5 – Intra and Inter School Sports – we offer a wide variety of competitive and inclusive sports for all children to enjoy.</p> <p>Children of all abilities will be signposted to external clubs, and links to these clubs will be shared regularly in the school newsletter. This ensures every child knows how to get involved in sports within the wider community.</p> <p>Let me know if you want it more formal or casual!</p>	<p>Three year groups will be timetabled throughout the year to take part in swimming lessons with a qualified swimming coach, using minibuses and coaches for transport. Staffing arrangements will be coordinated with SLT. PE funding will support both introductory and top-up swimming lessons.</p> <p>We have invested in a subscription to the Lancashire scheme of work. The PE lead will attend Lancashire updates through PESSPA.</p> <p>Our extra-curricular offer involves both school staff and external agencies and is designed to respect the needs and religious commitments of our children and families.</p> <p>We will enter a wide range of Preston School Sports competitions, catering for all abilities.</p> <p>Termly intra-school competitions will be included within the PE timetable, giving children the</p>	<p>£4,040</p> <p>£699</p> <p>See additional competition entry fees in key indicator 5</p>	<p>EYFS: All Reception children have had the opportunity to experience swimming and develop their confidence in the water.</p> <p>Year 6: All pupils who did not meet the 25m requirement in Year 4 have taken part in top-up swimming lessons. The majority are now confident swimming 25m independently.</p> <p>Teachers continue to use the PE Passport app to deliver high-quality PE lessons and assess pupils effectively. This supports both class teachers and the curriculum lead in monitoring progress across the school.</p> <p>A comprehensive timetable has been developed for lunchtimes, MUGA sessions, and after-school clubs, offering both sporting and non-sporting activities. This has proved extremely popular, with positive feedback from both pupils and parents.</p> <p>Pupils have been signposted to a range of local clubs, including</p>	<p>Continue to offer three swimming opportunities throughout a child's time at school, to help build confidence and competence in the water.</p> <p>Maintain strong links with the Preston School Sports Partnership and our School Games Organiser (SGO) to ensure a broad and inclusive range of competitive opportunities for all children.</p> <p>Further develop relationships with MAT and local schools, giving all children the chance to represent St Clare's in a sport they enjoy.</p> <p>Strengthen community links by inviting local clubs into school to deliver taster sessions and promote wider participation.</p> <p>Continue to work with high-quality external agencies (e.g. Judo Education, Absolut Futbol) and seek out new providers to offer specialist</p>

	<p>chance to experience competitive sports in a safe and supportive environment.</p> <p>Using the new Lancashire tracker, we will monitor the participation of different social groups in extra-curricular clubs and school representation, allowing us to adapt the curriculum and offer as needed.</p> <p>School staff who meet the criteria to drive the school minibus will receive support and training from experienced staff.</p> <p>Links to local clubs will be promoted through the PE page on the school website.</p>	n/a	<p>cricket, football and rugby, helping them access sport in the wider community.</p> <p>Children have taken part in six different competitive leagues, alongside various inter-school competitive and inclusive events. As a result, St Clare's was selected to represent Preston at the Lancashire School Games.</p> <p>Every child has taken part in termly intra-school competitions, giving them the chance to experience competitive sport in a supportive and familiar setting.</p>	<p>coaching across a wide range of sports and physical activities.</p>
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Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				5%
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
<p>We aim to ensure that all pupils have the opportunity to represent the school in a sport or activity of their choice during their time at St Clare's, regardless of ability. Particular focus will be placed on increasing participation among girls, pupils eligible for pupil premium (PP), and those with SEND.</p> <p>Pupils will take part in a range of intra-school sports competitions, with results contributing to the whole-school house points tally. These activities will be appropriately differentiated to allow all children to access and enjoy a variety of sports. Events and outcomes will be promoted through the PE blog.</p> <p>To support transport to and from sporting competitions and events, the new school minibus and occasional use of taxis will be used. This approach offers a more cost-effective solution compared to regular taxi hire. The cost of the minibus MOT and servicing will be shared with the parish.</p>	<p>We will continue to enter a range of SGO and Preston School Sports Partnership leagues and events, including those with a specific focus on increasing girls' participation, such as girls' football and netball leagues.</p> <p>Pupils will also take part in a variety of School Games and Preston School Partnership events, covering both competitive and inclusive formats.</p> <p>Competitive opportunities will be embedded within the PE scheme of work, including team-based activities, individual challenges, and personal best goals (e.g. "Can I beat my previous score?").</p> <p>In line with Key Indicator 3, an intra-school sports calendar will be developed to ensure that all pupils experience competitive sport during their time at St Clare's.</p> <p>The PE lead will create and manage the intra-school competition timetable and promote home challenges to engage pupils of all ages. This will be shared with staff during meetings and featured on the</p>	<p>As below (Inclusive of £1,155)</p> <p>£ 1,155</p> <p>n/a</p>	<p>There has been an increase in the number of girls participating in school sports teams, including hockey, football, girls' football, cricket, netball, rounders, and tag rugby.</p> <p>More girls are also now involved in sport outside of school, representing clubs across the Preston area.</p> <p>We have entered a growing number of SGO inclusive events, ensuring wider access for pupils of all abilities.</p> <p>All pupils have taken part in intra-school sports competitions, giving every child the chance to experience competitive sport in a familiar and supportive setting.</p> <p>Enrichment units focusing on dance, invasion games, and cricket have broadened the range of sporting experiences on offer to both boys and girls.</p> <p>Children are regularly transported to and from events. The aim</p>	<p>Continue working with the Preston School Sports Partnership and School Games Organiser to provide pupils with a wide range of competitive and inclusive opportunities, including both leagues and one-off events.</p> <p>Strengthen and develop relationships with local and MAT schools to broaden the offer of inclusive and competitive sporting activities for all pupils.</p> <p>Regularly review and adapt the PE curriculum to ensure it includes meaningful opportunities for both personal and group competition during lessons.</p>

	PE blog.		remains for every pupil to represent St Clare's in either a competitive or inclusive sporting event by the end of Year 6.	
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Signed off by	
Head Teacher:	Mrs R Wroblewski
Date:	18.07.25
Subject Leader:	Mr S Cummings
Date:	18.07.25
Governor:	Mrs P Baxter
Date:	