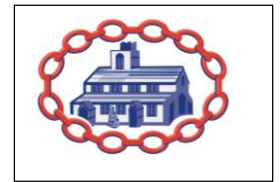




SAMLESBURY

Church of England School



PSHE Whole School Detailed Overview – 2 Year Plan 2021/2022 & 2022/2023

Linked to the Scarf suggested units (full statutory coverage of PSHE/RSHE curriculum)

- First Aid: Every two years each class will receive basic first aid training from a medical professional – this will be progressive and build on prior learning.
- **Teacher note:** These topics will require reporting to parents so they have the opportunity to withdraw their child if they wish or ask questions. All letters must be sent out at least two weeks before the topic is to be taught to allow parents time to view materials and ask questions.

	Autumn & basic first aid for all classes autumn 2021		Spring		Summer	
	Me and My Relationships	Keeping Myself Safe	Valuing Difference	Rights and Responsibilities	Being My Best	Growing and Changing
Reception	All about me What makes me special Me and my special people Who can help me? My feelings My feelings (2)	What's safe to go onto my body Keeping Myself Safe - What's safe to go into my body (including medicines) Safe indoors and outdoors Listening to my feelings Keeping safe online People who help to keep me safe Basic first aid	I'm special, you're special Same and different Same and different families Same and different homes I am caring (formerly Kind and caring -1) Kind and caring (2)	Looking after my special people Looking after my friends Being helpful at home and caring for our classroom Caring for our world Looking after money (1): recognising, spending, using Looking after money (2): saving money and keeping it safe	Bouncing back when things go wrong Yes, I can! Healthy eating (1) Healthy eating (2) Move your body A good night's sleep	Seasons Life stages - plants, animals, humans Life Stages: Human life stage - who will I be? Where do babies come from? Getting bigger Me and my body - girls and boys
	Me and My Relationships Includes feelings/emotions/conflict resolution/friendships	Keeping Myself Safe Includes aspects of Relationships Education	Valuing Difference Includes British Values focus	Rights and Responsibilities Includes money/living in the wider world/environment	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement	Growing and Changing Includes RSE-related issues
Year 1&2 2021/2022 (based on Y1 suggested units)	Our ideal classroom (1) Our ideal classroom (2) – <i>(both the above units are covered by the classteacher in the first few days not in PPA time)</i> How are you feeling today? Bullying or teasing?	Harold's picnic How safe would you feel? What should Harold say? I don't like that! Fun or not? Should I tell? Basic first aid	What makes us who we are? How do we make others feel? My special people When someone is feeling left out	Getting on with others When I feel like erupting Feeling safe How can we look after our environment? Harold saves for something special	You can do it! My day Harold's postcard - helping us to keep clean and healthy Harold's bathroom My body needs...	A helping hand Sam moves away Haven't you grown! My body, your body Respecting privacy

	Don't do that! Types of bullying Being a good friend Let's all be happy!		An act of kindness Solve the problem	Harold goes camping Playing games	What does my body do?	Some secrets should never be kept! From Y2 unit Keeping Myself Safe
Year 1&2 2022/2023 (based on Y2 suggested units)	Why we have classroom rules Thinking about feelings Our feelings Feelings and bodies Our special people balloons Good friends How are you listening?	Healthy me Super sleep Who can help? (1) Harold loses Geoffrey What could Harold do? Good or bad touches? Sharing pictures	Same or different? Unkind, tease or bully? Harold's school rules Who are our special people? It's not fair!	Harold's wash and brush up Around and about the school Taking care of something Harold's money How should we look after our money? Basic first aid	I can eat a rainbow Eat well Catch it! Bin it! Kill it! Harold learns to ride his bike Pass on the praise! Harold has a bad day	Inside my wonderful body! Taking care of a baby Then and now Who can help? (2) Surprises and secrets Keeping privates private Good or bad touches? (From Y1 Keeping Myself Safe unit)
	Me and My Relationships Includes feelings/emotions/conflict resolution/friendships	Keeping Myself Safe Includes aspects of safe internet use, drugs and Relationships Education	Valuing Difference Includes British Values focus	Rights and Responsibilities Includes money/living in the wider world/environment	Being My Best Includes keeping healthy/Growth Mindset/goal setting/achievement	Growing and Changing Includes RSE-related issues
Year 3&4 2021/2022	As a rule My special pet Tangram team challenge Looking after our special people How can we solve this problem? Dan's dare Thunks Friends are special	Safe or unsafe? Danger or risk? The Risk Robot Alcohol and cigarettes: the facts Super Searcher None of your business! Raisin challenge (1) Help or harm? Basic first aid	Family and friends My community Respect and challenge Our friends and neighbours Let's celebrate our differences Zeb	Our helpful volunteers Helping each other to stay safe Recount task Harold's environment project Can Harold afford it? Earning money	Derek cooks dinner! (healthy eating) Poorly Harold For or against? I am fantastic! Getting on with your nerves! Body team work Top talents	Relationship Tree Secret or surprise? Body Differences (CWP) Personal Space (CWP) Help & Support (CWP)
Year 3&4 2022/2023	An email from Harold! Ok or not ok? (part 1) Ok or not ok? (part 2) Human machines Different feelings When feelings change Under pressure	Danger, risk or hazard? Picture Wise How dare you! Medicines: check the label Know the norms Keeping ourselves safe Raisin challenge (2)	Can you sort it? Islands Friend or acquaintance? What would I do? The people we share our world with That is such a stereotype!	Who helps us stay healthy and safe? It's your right How do we make a difference? In the news! Safety in numbers Logo quiz Harold's expenses Why pay taxes?	What makes me ME! Making choices SCARF Hotel Harold's Seven Rs My school community (1) Basic first aid	Moving house All change! Changes (CWP) My feelings are all over the place! Together (CWP)
Year 5&6 2021/2022	Collaboration Challenge! Give and take How good a friend are you? Relationship cake recipe Being assertive	'Thinking' about habits Jay's dilemma Spot bullying Ella's diary dilemma Decision dilemmas Play, like, share	Qualities of friendship Kind conversations Happy being me The land of the Red People Is it true? It could happen to anyone	What's the story? Fact or opinion? Rights, responsibilities and duties Mo makes a difference Spending wisely	Getting fit It all adds up! Different skills My school community (2) Independence and responsibility	It could happen to anyone Help! I'm a teenager - get me out of here! Stop, start, stereotypes Don't force me

	<p>Our emotional needs Communication How are they feeling? (from the Y5 unit: Growing & Changing) Taking notice of our feelings (from the Y5 unit Growing & Changing)</p>	<p>Drugs: true or false? Smoking: what is normal? Would you risk it? Basic first aid, including Sepsis Awareness</p>		<p>Lend us a fiver! Local councils</p>	<p>Star qualities?</p>	<p>Growing up and changing bodies Changing bodies and feelings Preparing for periods. (Y4 Unit) My changing body. Making babies Dear Hetty</p>
<p>Year 5&6 2022/2023</p>	<p>Working together Let's negotiate Solve the friendship problem Assertiveness skills (formerly Behave yourself - 2) Behave yourself Dan's day Acting appropriately It's a puzzle</p>	<p>Think before you click! Traffic lights To share or not to share? Rat Park What sort of drug is...? Drugs: it's the law! Alcohol: what is normal? Joe's story (part 1) Joe's story (part 2)</p>	<p>OK to be different We have more in common than not Respecting differences Tolerance and respect for others Advertising friendships! Boys will be boys? - challenging gender stereotypes</p>	<p>Two sides to every story Fakebook friends What's it worth? Jobs and taxes Action stations! Project Pitch (parts 1 & 2) Happy shoppers Democracy in Britain 1 - Elections Democracy in Britain 2 - How (most) laws are made</p>	<p>Five Ways to Wellbeing project This will be your life! Our recommendations What's the risk? (1) What's the risk? (2)</p>	<p>Helpful or unhelpful? Managing change I look great! Media manipulation Pressure online Is this normal? Dear Ash What is HIV?</p>