

## SAM'S SUPERHEROES

Is a legacy for young Derby boy called Sam. We encompass everything that Sam adored about life, as well as embracing his kind and sweet nature.

WE FUND and promote the benefits of animal assisted therapeutic activities and as part of this, Sam's dog Daisy is trained as a Therapy Dog.

WE FUND and carry out initiatives that support emotional well-being through activities centered on outdoors, nature, crafting, music, art and animals, all the things that Sam loved,

WE HELP generate awareness of F.I.R.E.S. supporting research into this catastrophic syndrome.

We are utterly delighted to be collaborating with Tori, as we feel her adventures are the perfect match for Sam and his charity!

## TORI'S WOODLAND ADVENTURES

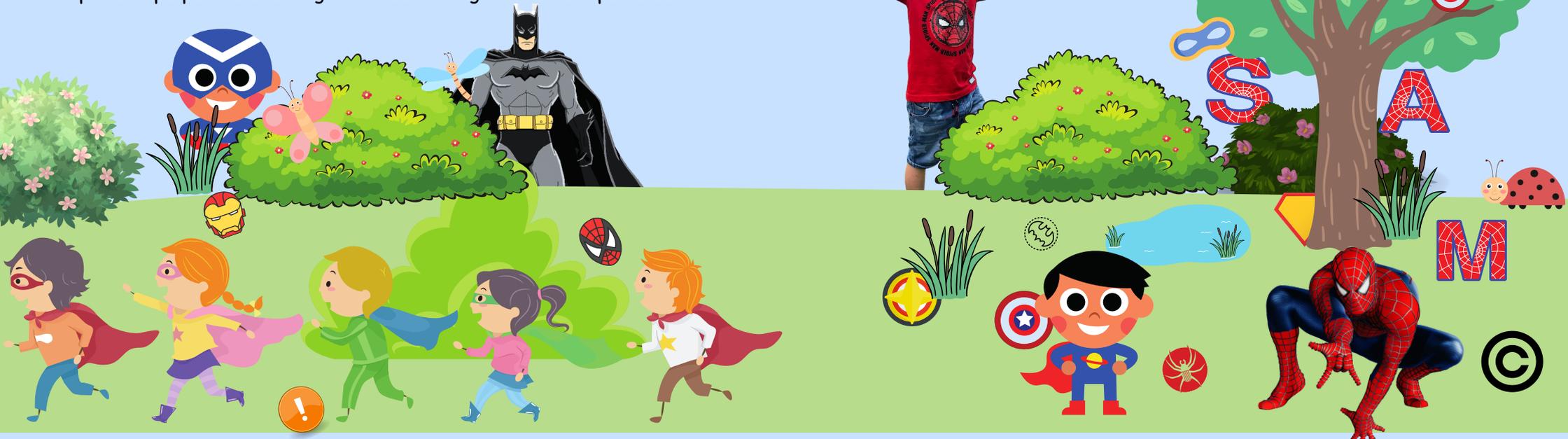
Tori's Woodland Adventures offers an invaluable opportunity for children and adults to connect with themselves, each other, and the natural world.

It provides activities with an emphasis on free play, exploring nature & emotional literacy – all wrapped up in fun and friendship! Underneath the magic and silliness is a serious and genuine desire to provide our community with a safe space to be themselves. Tori is passionate about improving mental health by embracing our own special 'superpowers' and delighted to be working with Sam's Superheroes!



# TREASURE HUNT

Can you discover Sam's Superhero Powers?



# MICKLEOVER MEADOWS

## DID YOU KNOW?



is a nature reserve & home to a number of habitats: wodland, hedgerows, brambles, veteran trees, wildflower meadows, ponds & grassland



It is also home to the BMX bike track!

'Friends of Micklever Meadows' work together to preserve & enhance this area

148 species of wildflower have been found here



there are many varieties of butterflies & birds that live here

one of the ponds is a protected home for the Great Crested Newts

Will you see owl, bat and bird boxes located in the trees!



the pond area is key to its diversity



Newts are amphibians, small vertebrates that need water, or a moist environment to survive

the Great Crested Newt is also known as the 'warty newt' & looks like a mini dinosaur!

there are two new ponds on the meadows; created to enhance the wildlife habitat. The ponds will be left to naturalise themselves, see if you can find them!



## CLUE 2 Answer – Woodpile

Did you know that old wood lying around on the ground is really, really important? It's nature's recycling system! The rotten logs recycle nutrients back into the soil, provide endangered minibeasts with a home and give colourful fungi a place to grow... We think their Superpower is GIVING!

## CLUE 6 Answer – Glades

Glades are small clearings among trees that allow sunlight in. They are super important for helping wildflowers to grow (can you spot any?), which attract bees and butterflies. These also bring the birds, which spread seeds and help even MORE things grow! Their Superpower HAS to be GROWING!

## CLUE 10 & 11 Answers Bird, Owl & Bat Boxes

Can you spot the differences between the three boxes? The owls need much more room to nest, while the bats like to swoop in and under through a narrow slit. These boxes imitate natural cavities made in trees, especially 'standing' deadwood, which we often have to remove for safety in public spaces. It's important never to disturb a bird or bat box in case they are nesting in it, and remember that bats – like bluebells – are a protected species! And the boxes' superpowers? We reckon PROTECTING!

## SAM'S SUPERHERO POWERS

Write the letters at each clue in the boxes below to learn Sam's superhero powers!! Remember to think about what your superhero powers are too; you need to write them down at the end of your mission!

1	2	3	4	5	6	7
8	9	10	11	12		

# YOUR MISSION

Dear Superhero,

Your mission, if you choose to accept it, is to discover **Sam's superhero powers, and also your own!**

You have been given 12 clues, which you need to solve to finish your mission.

Each clue has a letter. Write it down in the booklet to find the three words that describe Sam's superhero powers. Throughout this mission we also want you to think about what your superhero powers are too!

During your mission look out for the painted stones, if you see one you like, keep it! Just one per child please so there is enough to go round!

Each clue has a special superhero stone with a gold star on it! Please don't remove these special stones!

Once your mission is complete your superhero treasure bag is available from the registration point!

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