

# Easter holiday activities for the whole family

Don't forget to look on our Academy website for the helpful links document that lists lots of local support and ideas for families. This is a comprehensive document with 5 sections:

- Kids stuff
- Community support
- Keeping active
- Staying sane
- Getting food

<https://docs.google.com/spreadsheets/d/e/2PACX-1vSTsP6DevqbyeB4RZtxpxQ4KwxZK8PDFYff7uh4RDRzFSL58OEyM94IZ4QmOwvcQUtYWLU5RNUVSGk7/pubhtml?fbclid=IwAR2UY5dfFdXwMRrZvDSw4gCQyGxGcJfPK098TDVQyoWcvloPdYYbylcMY7Y>

Websites to explore:

<https://kidsgardening.org/garden-activities/> simple activities to do in the garden

<https://www.bbcgoodfood.com/recipes/collection/kids-baking> simple baking activities

<https://www.youtube.com/user/CosmicKidsYoga> online yoga for kids

[https://www.ted.com/playlists/86/talks\\_to\\_watch\\_with\\_kids](https://www.ted.com/playlists/86/talks_to_watch_with_kids) TED talks for kids

<https://www.youtube.com/user/ntdiscovertheatre> The National Theatre on Youtube – every Thursday night will release a play to watch, enjoy a night of theatre from your own front room.

[www.willowsmusical.com](http://www.willowsmusical.com) – free production of the Wind in the Willows – great for younger children

<https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ> Joe Wicks workouts

<https://www.freehomeschooldeals.com/free-printable-30-day-lego-challenge-instant-download/>  
Lego building challenges

<https://solarsystem.nasa.gov/> Explore NASA solar system

<https://thedadlab.com/> simple and fun science experiments

<https://www.edinburghzoo.org.uk/webcams/panda-cam/> Edinburgh Zoo live webcams

<https://artsandculture.google.com/partner/natural-history-museum> Natural History Museum virtual tour

<https://www.derbyshirewildlifetrust.org.uk/> fun activities to engage with nature in your garden

<https://www.bbcgoodfood.com/howto/guide/playdough-recipe> make your own playdough

<https://www.origamiway.com/easy-origami.shtml> teach yourself origami

<https://www.instructables.com/id/how-to-make-the-fastest-paper-airplane/> make the ultimate paper plane

<https://sciencebob.com/> science for kids

<https://pbskids.org/> games for younger children

<https://www.natgeokids.com/uk/> National Geographic for kids

<https://www.bbc.co.uk/bitesize> all things education related

<https://www.kidsreads.com/> online book reviews for kids

<https://www.turtlediary.com/> games for younger kids

<https://earth.google.com/web/data=CiQSIhlgMzVhNjc1YmQ0NjVjMTFIOTg0Yig1NTMyNWRjMDk2MzQ> explore the National parks of America via Google Earth

<https://www.happinessishomemade.net/quick-easy-kids-crafts-anyone-can-make/> easy craft ideas

#### Support/wellbeing:

<https://www.headspace.com/meditation/kids> meditation app

<https://www.kooth.com/> online support and counselling for young people

<https://www.childline.org.uk/>

<https://www.samaritans.org/>

<https://www.samworthchurchacademy.co.uk/news/2020-04-01-free-covid-19-support-for-10-18-year-olds> the ninja Covid-19

#### 60 boredom busters for all ages:

1. Bake a cake or biscuits
2. Play I spy
3. Sort out your toys and give any old ones to the charity shop
4. Make up a quiz for your family
5. Paint something
6. Pair your socks
7. Make up a new game
8. Keep a diary
9. Do a jigsaw
10. Play a card game
11. Go on a shape hunt around your house
12. Help to cook a meal
13. Draw some patterns
14. Spend time playing outside in your garden
15. Build something
16. Draw a new cover for your favourite book
17. Write a shopping list

18. Play a board game
19. Read something
20. Hide something and make a treasure map to find it
21. Draw your favourite animal using an online tutorial
22. Make some junk art
23. Tidy your bedroom
24. Play with some playdough
25. Make your bed
26. Plant some seeds
27. Write your own book
28. Practise your spelling in rainbow colours
29. Fold your clothes
30. Build a fort
31. Write a play for your family to be in
32. Read to a sibling or family member
33. Create a sock puppet
34. Pull the weeds out of the garden, path or driveway
35. Wash the car, wash your bike, wash your sibling's plastic toys
36. Make up a dance
37. Make some jewellery out of junk
38. Make your own playdough
39. Write a song/rap
40. Find out how to say "hello" in 10 different languages
41. Clean the kitchen cupboards
42. Make a treasure hunt in the garden
43. Write 10 reasons to be thankful
44. Hoover up
45. Keep a positive moments journal
46. Do a 10 minute meditation
47. Get Just Dance up on Youtube and copy the moves
48. Look in the mirror and sketch a self portrait
49. Find an online monologue and perform it
50. Research the strangest animals in the world
51. Look up British birds – what birds can you spot outside your home?
52. Make a collage
53. Design an outfit for an occasion
54. Online tutorial for hairstyles/make-up
55. Write your own jokes
56. Make a hanging mobile or dream catcher
57. Make a rainbow for your window
58. Do a research project
59. Make an assault course inside
60. Write a letter to a friend or loved one or even to your teacher.....