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| **WEEK** | 1 | **Samworth Church Academy Menu** |
| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| The Main Event | Cajun Chicken, Tomato Salsa, Flat Bread | Beef Rogan Josh | Char Grilled Gammon Steak,Fresh Pineapple &Chilli Salsa | Cottage Pie topped with Creamy Mash & Cheddar Cheese  | Breaded Haddock Fillet, local Pork Sausages |
| Vegtastic | Cajun Roasted Vegetables & Quorn Flat Bread | Roasted Sweet Potato, Spinach & Chickpea Rogan Josh | Grilled Mushroom, Sun Blushed Tomato & Feta Cheese Tart | Quorn, Cottage Pie topped with Creamy Mash & Cheddar Cheese | Crispy Tempura Vegetables, Sweet Chilli Dip |
| Sides | Roast Potato Wedges,Buttered Sweetcorn | Pilau Rice,Garlic & Coriander Naan Bread | Roasted Baby New Potatoes, Garden Peas & Roasted Carrots | Roasted Carrots, Garden Peas & Green Beans  | Chips, Mushy Peas, Baked Beans |
| Taste of Italy(Pasta Bar) | Chicken & Smoked Bacon Carbonara,Spinach & Ricotta Cannelloni | Chorizo & Chicken in a Spicy Tomato SaucePenne Arrabiata | Traditional Beef Lasagne,Macaroni Cheese | Pasta Bolognese,Spinach & Ricotta Tortellini | Spicy Meatballs in Tomato SaucePenne ArrabiataHomemade Pizza Slice |
| Salad & Deli | **A wide selection of freshly made salads, sliced meats, pickles, olives & dressing with home quiche & locally bake breads** |
| Baked Potato Bar  | **Freshly baked potato with a choice of two fillings & fresh salad**  |
| Something Sweet | Eton Mess | Chocolate Chip & Orange Pudding with Custard | Raspberry & Mascarpone Cheesecake | Banoffee Pie | Apple & Blackberry Crumble & Custard |
| Also available a selection of fresh salads, cakes, fruit pots and a range of cold drinks and milks.**For all dietary & allergen requirements please ask a member of staff**  |