

Year 7 Academy Day

School opens at 8:10am and there will be a free breakfast available until 8:25.

This is when I can spend time with my friends and get ready for the day ahead.

At 11am I will have a break when I can catch up with friends and have a snack from home or buy one in the Restaurant.

Lunch starts at 12:20. I can eat a packed lunch from home or buy food in the Restaurant.

Lunch lasts 30 minutes and I can spend this time inside with my friends or outside if the weather is okay.

	Monday	Tuesday	Wednesday	Thursday	Friday
8:10 - 8:25	Free breakfast available to all				
8:30 - 9:00	Act of Worship or Assembly	Tutor	Tutor	Tutor	Tutor
9:00 - 10:00	Period 1	Period 1	Period 1	Period 1	Period 1
10:00 - 11:00	Period 2	Period 2	Period 2	Period 2	Period 2
11:00 - 11:20	Break				
11:20 - 12:20	Period 3	Period 3	Period 3	Period 3	Period 3
12:20 - 12:50	Lunch				
12:50 - 13:50	Period 4	Period 4	Period 4	Period 4	Period 4
13:50 - 14:50	Period 5	Period 5	Period 5	Period 5	Period 5
14:50 - 15:40	Period 6 activities are timetabled once a week for years 7 - 11.				

8:30 to 9am varies each day. My timetable will tell me what I am doing that day.

During an assembly I will find out important information from my year group team, and they will let me know any upcoming changes.

Each Period is one lesson. I will find out my full timetable and lessons in September.

I will choose a Period 6 activity that I will go to once a week. This is time for me to learn a new skill, enjoy my hobbies or make new friends with people who like the same things as me.