**Parent Tips**

**Year 7 – SPR 1**

**Contemporary Dance**

1. ***Watch this video on what Contemporary Dance is***– This will aid development in understanding for the style of Contemporary Dance that you will be covering, and link the to key terms of contemporary dance. This will include things such as a Roll, swings, jumps and leaps.

<https://www.youtube.com/watch?v=GaKMJgwhsAk>

1. ***Watch this video and see what elements of contemporary dance you can identify***– This will aim to develop your initial understanding about Contemporary and gain a better understanding of the subject area in general. Try to see if you can name the key elements you do it class.

<https://www.youtube.com/watch?v=09yJUYDrBzg>

1. ***Let students chose a piece of Contemporary Dance to watch, this could be a YouTube clip, theatre piece or a showcase and discuss what you have seen.*** – This will aid development in communication and skills towards self and peer assessment**.** Identify the positives and improvements that they would make.
2. ***Try out a motif (A section of the dance) to recreate.*** – This is to aid a greater knowledge about how to development and choreograph Contemporary Dance and how to perform this style of movement. This can also be added to your work in class.
3. ***Watch this video and makes aspirations, an example could be Akram Khan*** – This will develop confidence of the subject area, but also a greater aspiration to challenge themselves in a lesson to achieve all outcomes. This will also make links to the key terms that you are including in class, so try and see if you can identify them. <https://www.youtube.com/watch?v=YXBbuvE8QR4>