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| Learner stage | **SUMMER TERM**  What I should know, understand, be able to explain or do |
| Exceptional Mastery (E) | **(The performer)** I can link core skills with precision, control and fluency in a competitive situation in the activities that I have studied this term  **(The sports scientist)** I can name and locate 6 major bones in the body  **(The tactician)** I have a wide knowledge of different tactics and formations in the activities I have undertaken this term |
| Advancing mastery (A) | **(The performer)** I can accurately apply core skills in a competitive situation in the activities that I have studied this term  **(The sports scientist)** I can name 6 major bones in the body  **(The tactician)** I can select and apply skills based on my own and others’ strengths and weaknesses |
| Secure mastery (S) | **(The performer)** I can perform relevant core skills and actions in an active situation in the activities that I have studied this term  **(The sports scientist)** I can name and locate 4 major bones in the body  **(The tactician)** I can select and apply skills, techniques and ideas to different situations to promote success. |
| Developing mastery (D) | **(The performer)** I can perform relevant core skills and actions in a passive situation in the activities that I have studied this term  **(The sports scientist)** I can name 4 major bones in the body  **(The tactician)** I know the basic rules/scoring system for the activities I have undertaken this term |
| Emerging mastery (F) | **(The performer)** I can perform a small number of core skills and actions in a passive situation in the activities that I have studied this term  **(The sports scientist)** I know the difference between bones and muscles  **(The tactician)** I know what tactics are |