**Parent Tips**

**Year 8 – AUT 1**

**African Dance**

1. ***Use BBC bite size to watch about African Dance and Drumming –*** This is to give a greater understanding about African Dance and the drumming that are seen in society today, and will give you an understanding of the rhythms that you will be working with in class.

[**https://www.bbc.co.uk/bitesize/clips/zn6d7ty**](https://www.bbc.co.uk/bitesize/clips/zn6d7ty)

1. ***Watch this video and copy the movements for an introduction to the style of African Dance***-This will give a greater understanding about the trends are currently happening and aid their practical work. This will demonstrate the key movements that you will be looking at and the correct terminology that will be embedding throughout.

[**https://www.youtube.com/watch?v=O0MDX0bI5TE**](https://www.youtube.com/watch?v=O0MDX0bI5TE)

1. ***Copy a motif (A section of the Dance) and recreate it–*** This develop their creative skills in developing movements to start a movement sequence. This will aid your choreographic skills and develop your motifs for lessons.
2. ***Try out this African Dance lesson*** – This is to aid a greater knowledge about how to development African Dance and what is expected in this style. This will again support key terminology that will be used, common movements throughout this project but also give you ideas to develop and choreograph in class. <https://www.youtube.com/watch?v=Ewqq-3xJFdI>
3. ***Listen to this piece of music and discuss how it can influence African Dance***– This will create change to discuss and reflect how the music and influence the style of dance, whilst including dance terminology. Can you identify the rhythms that are included and link movements that you have learnt in class to the correct timing.

[**https://www.youtube.com/watch?v=Kr1Z9jVPBz4**](https://www.youtube.com/watch?v=Kr1Z9jVPBz4)