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| Learner stage | What I should know, understand, be able to explain or do  Year 8- Rock and Roll |
| Exceptional Mastery (E) | Safely perform all 6 Rock n Roll Dance Actions as a motif demonstrating at least 3 features of the style.  Apply basic choreography tools to the dance; (Relationship devices: mirroring, act and react, counterpoint and lead and follow) and apply a highlight to create an effect.  Display at least 2 physical skills when performing key movements (balance, strength, flexibility, control, co-ordination)  Reveal a sound expressive skill in performance (musicality, projection, focus, facial expression)  I can observe a rock and roll dance and discuss it with clear knowledge and understanding of the style and use dance language in the style. |
| Advancing mastery (A) | Safely perform all 6 Rock n Roll Actions as a motif demonstrating at least 3 features of the style  Apply some basic choreography tools to the dance; (Relationship devices: mirroring, act and react and lead and follow)  Display at least 1 physical skill when performing key movements (balance, strength, flexibility, control, co-ordination)  I can observe a rock and roll dance and discuss it with some clear knowledge and some clear understanding of the style and use dance language in the style. |
| Secure mastery (S) | Safely perform all 6 Rock n Roll Dance Actions as a motif demonstrating at least 3 features of the style.     Apply at least 2 basic choreography tools to the dance; (Relationship devices: mirroring, act and react)  Display 1 physical skill when performing key movements (balance, strength, flexibility, control, co-ordination)  I can observe a rock and roll dance and discuss it with some knowledge and some understanding and use some dance language in the style. |
| Developing mastery (D) | Safely perform all 6 Rock n Roll Dance Actions as a motif demonstrating at least 2 features in the style.  Apply 1 basic choreography tool to the dance; (Relationship devices: mirroring)  I can observe a rock and roll dance and show some knowledge and understanding in the style. |
| Emerging mastery (F) | Safely perform all 6 Rock n Roll Dance Actions as a motif demonstrating at least 1 feature of the style.  I can observe a rock and roll dance and show basic knowledge of the style. |