|  |  |
| --- | --- |
|  | What I should know, understand, be able to explain or do |
| Exceptional | I can understand and describe healthy lifestyles in detail, including using reflexive verbs accurately in all forms (I, you, he, she etc).I can understand and use a wide range of vocabulary related to daily routine, food and fitness. I can understand and use the imperfect tense accurately and with confidence to compare past and present activities and habits for myself and others.I can understand and use the conditional tense accurately and with confidence to advise future lifestyle changes.  |
| Advancing | I can understand and describe healthy lifestyles in some detail, including using reflexive verbs in all forms.I can understand and use a range of vocabulary related to daily routine, food and fitness. I can understand and use the imperfect tense accurately to compare past and present activities and habits.I can understand and use the conditional tense accurately to advise future lifestyle changes.  |
| Secure | I can understand and describe healthy lifestyles, including using reflexive verbs.I can understand and use vocabulary related to daily routine, food and fitness. I can understand and use the imperfect tense with some accuracy to compare past and present activities and habits.I can understand and use the conditional tense with some accuracy to advise future lifestyle changes.  |
| Developing | I can understand and describe healthy lifestyles using simple adjectives, including some reflexive verbs.I can understand and use simple vocabulary related to daily routine, food and fitness with support.I can describe some past activities using the imperfect tense with support.I can understand some conditional tense sentences and produce my own to advise future lifestyle changes with support.  |
| Emerging | I can understand and give single details about healthy lifestyles. I can use one or two reflexive verbs.I can understand and use some simple vocabulary related to daily routine, food and fitness with support.I can describe one or two simple past activities in the imperfect tense with support. I can give one or two pieces of simple advice using the conditional tense with support.  |

**Year 9 Spring 1 - Health**