

For further information on what's happening in school please go to our website www.sandylands.lancs.sch.uk



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head@sandylands.lancs.sch.uk Next holiday— After school Friday 31st March

Newsletter



Wk. beg. 06.03.23

Coffee & Chat 31st March-



Our Coffee & Chat

Parent / Carer drop-in was a huge success last month.

We have lots of representation there from external agencies to chat to for advise and guidance. Please come and join us for our next event

Friday 31st March 9.15am-10:15am at the Venue



Judges Lodgings

Year 1 had a great time visiting the Judges Lodgings as part of our History topic. "Buildings through Time". This was broken up into three sections. Check out our website for more photographs.



Dates for the Diary

Science Week

How can you drop an egg without it breaking?

As part of a British Science week challenge, Year 6 planned our own investigations. We are sure you will agree looking at the photos there were some ingenious ideas. Some of us even soaked our eggs overnight!



Next Holiday
After school
Friday 31st March

Return
Monday 17th April



Coffee & Chat

Parent / Carer drop-in

Do you have concerns about your child's....
sleeping, eating, behaviour,
mental health?

Do you have queries around housing, benefits,
community support?

Pop in for a coffee / tea & biscuit and chat with
Sandylands Family Support Team

Supported by a range of agencies including School Nurses team,
Family Wellbeing, Lancaster City Council, Police-PCSO,
Green Rose and Barnardos.

Last Friday of every month

9.15am-10:15am

at the Venue

24th Feb - 31st March - 28th April
26th May - 30th June - 14th July



Small changes, big differences.



Free Positive Parenting Programme - Triple P

- Promoting a positive, caring relationship between you and your child.
- Empowering you as a parent/carer to choose the skills and values you wish to promote in your child and help them develop skills they need to tackle everyday situations.
- For primary school children age 2 – 10.

WHAT IS TRIPLE P?

A broad-based parenting intervention delivered by the Child and Family Wellbeing Service over seven weeks. The program involves five two hour group sessions and two phone consultations to assist with independent problem solving while they are practicing the skills at home. Parents actively participate in a range of exercises to learn about the causes of child behavior problems, setting specific goals, and using strategies to promote child development, manage misbehaviour and plan for high-risk situations.

WHO IS IT FOR?

Parents or caregivers interested in promoting their child's development and potential or they may have concerns about their child's behavioral problems or simply wish to prevent behavior problems from developing.

For more information or to book a place, please contact Sandylands' Family Team.



www.triplep-parenting.net

Lancashire
County Council

Happy Healthy Holidays

Children and young people receiving free school meals are being invited to sign up now to enjoy free activi

ties during the Spring break with our Holiday Activities and Food Programme (HAF).



**HOLIDAY ACTIVITIES
AND FOOD PROGRAMME**

**Lancashire
County
Council**  **LANCASTER
CITY COUNCIL**   Department
for Education

Funded by the Department for Education, 'Happy Healthy Holidays' provides a great opportunity for local children and young people who are eligible for benefits-related free school meals to get out and about, get active and meet new friends. The sessions include a variety of fun activities alongside a nutritious meal each day.

The programme includes specific provisions available for children with SEND or additional needs, at no cost to you.

Our Spring programme of activities is being delivered by a whole host of providers (listed below) and takes place between Monday 3rd April and Friday 14th April 2023.

Paid for places are available in some of the clubs for children who are not eligible for benefits-related free school meals.

Anyone with any queries on the programme can email HAF@lancaster.gov.uk and someone will be in touch.

Click the link for more information <https://www.lancaster.gov.uk/sport-and-leisure/happy-healthy-holidays>