

For further information on what's happening in school please go to our website www.sandylands.lancs.sch.uk



01524 410286



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Wk. beg. 1st May 23

Next holiday— Mon 1st May

A Right Royal Do

Your child is cordially invited to a 'Right Royal Do' in school on the 5th May 2023 to celebrate the coronation of King Charles III.

There will be lots of exciting events throughout the day including a horse and carriage, a Right Royal picnic, street parties, circus skills and Rock n' Roll dancing.

Throughout the day, the children will be comparing celebrations for the 1953 coronation with the 2023 event. There will be music dancing and lots more to look forward to.

More details to follow very soon.



High School Open days

Please see dates below for Open Evenings at High Schools for children starting in September 2024.

- Bay Leadership Academy – TBC. Parents can request tours of the school by calling 01524 416830 or emailing Gareth Finney, Transition Coordinator, at gareth.finney@bay.staracademies.org
- Carnforth High School – TBC
- Central Lancaster High School - TBC
- Lancaster Girls Grammar School – Thursday 29th June 5:30pm-7:45pm
- Lancaster Royal Grammar School – Saturday 17th June 9am-1pm
- Morecambe Bay Academy – Thursday 14th September
- Ripley St Thomas CofE Academy – Thursday 6th July 6-8:30pm

Nursery Police Officers



In Nursery, we talked about the different people who help us. We pretended to be police officers and made our own ID badges. Outside we searched for the lost teddy and made our own speed cameras and gave out speeding tickets if the people on bikes were going to too fast!

Dates for the Diary

Monday 1st May
Bank Holiday

Polling Day 4th May
Main school closed
Nursery & Rec
open as usual

Friday 5th May
Kings Coronation Party

Netball Silver Medal Winners!






Wow! Congratulations to our Netball team who got to the final of the inter-schools Netball tournament on Wednesday and won silver medals.

We are all so proud of your achievements - thank you for showing great sportsmanship too.

Next Half Term
After school
Friday 26th May
Returning
Tuesday 6th June

SANDYLANDS SPRING/SUMMER MENU 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 	Meatballs in tomato sauce & spaghetti Or Chicken Goujons Potato balls Carrot & peas <u>Dessert</u> Fruit Sponge	Cheese & tomato pizza Or Ravioli, wedges with sweetcorn coleslaw <u>Dessert</u> Cheese & crackers	Roast beef & Yorkshire pudding Or Omelette with Roast, carrot & swede, cauliflower cheese <u>Dessert</u> Jelly	Chicken burger in a bun Or Tomato Pasta with Sauté potatoes Sweetcorn & peas <u>Dessert</u> Melon & grapes	Battered fish & chips with baked beans <u>Dessert</u> Ice cream tub
WEEK 2 	Chicken curry & rice with naan Or Vegi <u>Fingers</u> with Sauté carrots, sweetcorn <u>Dessert</u> Fresh fruit salad	Beef burger in a bun Or Macaroni Cheese with Wedges, peas & mixed veg <u>Dessert</u> Apple crumble & cream	Roast chicken & stuffing Or Tomato pasta with Roast potatoes, cabbage, carrot & swede <u>Dessert</u> Ice cream tub	All day <u>breakfast</u> (grilled sausage & bacon, scrambled egg, beans, hashbrowns) <u>Dessert</u> Melon	Battered fish & chips with baked beans <u>Dessert</u> Jelly
WEEK 3 	Lasagne & garlic bread Or Fish stars with Potato balls, sweetcorn, carrots <u>Dessert</u> Summer fruit meringues	Ploughman's lunch (Sausage roll, wedges, cheese & pickle, ham crusty roll) <u>Dessert</u> Iced sponge	Sausage & Yorkshire pudding Or Ravioli with Mash, peas, carrot & swede <u>Dessert</u> Cheese & crackers	Chicken wraps Or Vegi <u>bake</u> with Diced herby potatoes, sweetcorn & beans <u>Dessert</u> Waffles	Battered fish & chips with baked beans <u>Dessert</u> Fresh fruit salad

Daily Alternatives Jacket Potatoes with a choice of fillings. Choice of sandwiches from our Sandwich Station. Fresh Fruit, Yogurt, Cheese & Crackers, (Vegetarian Options available.) **All the daily selections will be on a 3 week rotating menu.**

Polish Heritage Day

Saturday
29th April

12:00PM – 4:00PM

MORECAMBE BAY ACADEMY

DALLAM AVE. MORECAMBE LA4 5BG

Free event!

FUN FOR ALL AGES!



SPECIAL GUEST
Wojciech Filaber

- ♥ Music ♥ Live performances
- ♥ Children attractions and activities
- ♥ Special guests ♥ Exhibition
- ♥ Loads of surprises
- ♥ Great food and much more



Come and join us.
It's time to meet your
Polish neighbours
and their traditions.



<https://www.eventbrite.com/e/polish-heritage-day-tickets-559068227117>

Organised by Polish Saturday School
www.szkolalancaster.org.uk


**Polska Sobotnia Szkoła
w Lancaster**



Special guest Wojciech Filaber,

Author of „War Bear”
and „Ciapek the Co-pilot Dog”

Live music

Dj Rim, A-Grobelni

Sport activities

Football competition

Platform slide

Fire service car

Children activities

Show performance

Brazilian Jiu-jitsu

Zumba-Marika

Free planetarium show,
presented by Physics Outreach Team
from Lancaster University



Exhibition

Art tables

Birthday cards

Literacy competition
with prizes

Jewellery

Many handmade
things

Great food

Pizza

BBQ

Candy

Ice cream

Cakes

Traditional Polish
food

www.eventbrite.co.uk/e/luniverse-lu-planetarium-tickets-556036358717



Small changes, big differences.



Free Positive Parenting Programme - Triple P

- Promoting a positive, caring relationship between you and your child.
- Empowering you as a parent/carer to choose the skills and values you wish to promote in your child and help them develop skills they need to tackle everyday situations.
- For primary school children age 2 – 10.

WHAT IS TRIPLE P?

A broad-based parenting intervention delivered by the Child and Family Wellbeing Service over seven weeks. The program involves five two hour group sessions and two phone consultations to assist with independent problem solving while they are practicing the skills at home. Parents actively participate in a range of exercises to learn about the causes of child behavior problems, setting specific goals, and using strategies to promote child development, manage misbehaviour and plan for high-risk situations.

WHO IS IT FOR?

Parents or caregivers interested in promoting their child's development and potential or they may have concerns about their child's behavioral problems or simply wish to prevent behavior problems from developing.

For more information or to book a place, please contact Sandylands' Family Team.



www.triplep-parenting.net