

For further information on what's happening in school please go to our website [www.sandylands.lancs.sch.uk](http://www.sandylands.lancs.sch.uk)

# Newsletter



01524 410286

head@sandylands.lancs.sch.uk Next holiday– After school Friday 10th Feb

Wk beg. 06.02.23



*Our Sandylands' Sustainable Uniform Shop was very popular! We are requesting for any pre-loved uniform in good condition to be donated to help re-stock our supplies. We'd be very grateful if you could bring your donations into school. Thank you.*



## After School Club and Breakfast Club

Our Breakfast and After School Club are becoming increasingly popular. We are so pleased the children are enjoying it. As we are now near full capacity please can you ensure that you book on ParentApp by a Thursday for the following week.

Just a reminder, we will no longer be able to take 'on the day requests' (unless it is a one-off emergency). This is to ensure that we can accommodate all requests and that our practices to safeguard the children are robust.

If you have an emergency situation and require childcare up to 5.30pm, please contact the office as soon as possible so we can ensure that the staff are informed and the children are placed on the register. However, we cannot guarantee a place but will endeavor to provide support within school.

## Triple P Courses



We have had lots of interest for the new Positive Parenting Programme - (Triple P) We will be looking to run the course around Easter due to staffing capacity at Children Family Wellbeing service. Anyone who has put their name forward will be kept informed when this is due to start. If you would like to join the course please contact a member of the family team to express an interest as places are limited 01524 410286 See attached poster below for more information

## Design Technology - Lightboxes

Year 4 have been busy designing, making and evaluating their own lightbox designs recently during Design Technology. They used their knowledge from their Science sessions on Electricity to construct a simple circuit to light them up.



## Peace at Last

Nursery read the story Peace at Last. They thought about the different things that they could hear and how they used their ears to hear. They listened to music and talked about whether they felt happy or sad. They explored the different instruments. They made drinks for Mr Bear. Tea, coffee and hot chocolate. They used their nose to smell the different drinks they were making.



## Jewish Artefacts

In Year 1, we are starting a unit on Judaism. We looked at a range of Jewish artefacts, learned new vocabulary to name and describe these and began to understand how they are used.



## Dates for the Diary

7th Feb  
Safer Internet Day

8th Feb  
Virtual Eco Day  
Year 6

Half term holiday  
After school 10th  
Feb  
Returning  
20th Feb



SCAN ME



Check our website [baylightmorecambe.co.uk](http://baylightmorecambe.co.uk) to see where to find places in Morecambe open for food, drinks and snacks and souvenirs.

Download the Visitor Guide or see where to pick up a free copy from the Town Centre businesses.

# FUN & LIGHT AFTER DARK

16-18 Feb - Half term



## Baylight '23

*from Angels of Freedom by Odedoza Zohar, CO&L Design, Israel*



Morecambe  
Sparkle CIC

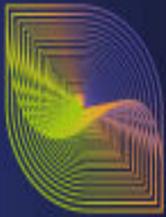


Baylight '23 is presented by Morecambe Sparkle CIC with funding from Lancashire County Council, Morecambe Town Council and Morecambe BID, with the support of Lancaster City Council

A MESMERISING AND INTERACTIVE SPECTACLE  
FOR ALL THE FAMILY DURING HALF TERM WEEK  
ON MORECAMBE SEAFRONT  
**FREE ENTRY** FROM 6PM TO 10PM

**BAYLIGHTMORECAMBE.CO.UK**

**BAYLIGHTMORECAMBE.CO.UK**



# Baylight '23

WALK THE TRAIL IN THE BEAUTIFUL SETTING OF MORECAMBE BAY.

SEE THE WORK OF INTERNATIONAL LIGHT ARTISTS  
ARTISTICALLY BRILLIANT AND ENTERTAINING  
DISPLAYS TO INTRIGUE YOU  
EACH NUMBER REPRESENTS AN EXHIBIT OR  
EXPERIENCE  
A GREAT EXPERIENCE FOR ALL AGES.





# SANDYLANDS AUTUMN/WINTER MENU 2022/2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b> 	Cottage Pie Or Fish Cake Sauté Potatoes, Sweetcorn, Green Beans <u>Dessert</u> Cheese & Crackers	Chicken <u>Korma</u> , <u>Rice</u> & Naan Or Tomato & Basil Pasta Twirls Peas, Carrots <u>Dessert</u> Fruit Sponge	Roast Beef & Yorkshire Pudding Or Ravioli Roast Potatoes, Carrot & Swede, Cauliflower Cheese <u>Dessert</u> Ice Cream Tub	Chicken Casserole Or Cheese Pastie Broccoli, Carrots, Mash <u>Dessert</u> Sugar Free Jelly	Battered Fish Or Soup & Sandwich Chips, Baked Beans <u>Dessert</u> Pineapple Chunks
<b>WEEK 2</b> 	Spaghetti Bolognese Or Vegi Burger Potato Wedges, Mixed Veg, Peas <u>Dessert</u> Black Forest Fruits & Cream	Jumbo Fish fingers Or Savoury Mince Sauté Pots, <u>Sweetcorn</u> , Peas <u>Dessert</u> Rice Pudding	Roast Ham & Pineapple Or Tomato & Pesto Pasta Bake Roast Potatoes, Carrot & Swede, Cabbage <u>Dessert</u> Ice Cream Roll	Bbq Chicken Wraps Or Pork Casserole Wedges, Peas, Carrots <u>Dessert</u> Cheese & Crackers	Battered Fish Or Soup & Sandwich Chips, Baked Beans <u>Dessert</u> Cookies
<b>WEEK 3</b> 	Chicken Burger in a Bun Or Ravioli Potato Balls, Carrots, Peas <u>Dessert</u> Cherry Crumble & Custard	Beef Stew or Omelette Mash, Peas & Sweetcorn <u>Dessert</u> Fresh Fruit Salad	Sausage & Yorkshire Pudding Or Chicken Goujons Roast Potatoes, Carrot & Swede, Cabbage <u>Dessert</u> Rice Pudding	Meatballs & Spaghetti Or Cheesy Garlic Pasta Wedges, Broccoli, Sweetcorn <u>Dessert</u> Melon Slices	Battered Fish Or Soup & Sandwich Chips, Baked Beans <u>Dessert</u> Ice Cream Roll
<b>WEEK 4</b> 	Lasagne & Garlic Bread Or Fish Stars Potato Wedges, Sweetcorn, Carrots <u>Dessert</u> Cheese & Crackers	Meat & Potato Pie Or Ravioli Mash, Beetroot, Peas <u>Dessert</u> Apple Crumble & Custard	Roast Chicken & Stuffing Or Tomato Pasta Roast Potatoes, Carrot & Swede, Cabbage <u>Dessert</u> Fresh Fruit Salad	Beef Burger in a Bun Or Macaroni Cheese Potato Balls, Sweetcorn, Green Beans <u>Dessert</u> Poached Peas & Custard	Battered Fish Or Soup & Sandwich Chips, Baked Beans <u>Dessert</u> Sugar Free Jelly

**Daily Alternatives** Jacket Potatoes with a choice of fillings. Choice of sandwiches from our Sandwich Station. Fresh Fruit, Yogurt, Cheese & Crackers. (Vegetarian Options available.) **All the daily selections will be on a 4 week rotating menu.**

Small changes,  
big differences.



## Free Positive Parenting Programme - Triple P

- Promoting a positive, caring relationship between you and your child.
- Empowering you as a parent/carer to choose the skills and values you wish to promote in your child and help them develop skills they need to tackle everyday situations.
- For primary school children age 2 – 10.

### WHAT IS TRIPLE P?

A broad-based parenting intervention delivered by the Child and Family Wellbeing Service over seven weeks. The program involves five two hour group sessions and two phone consultations to assist with independent problem solving while they are practicing the skills at home. Parents actively participate in a range of exercises to learn about the causes of child behavior problems, setting specific goals, and using strategies to promote child development, manage misbehaviour and plan for high-risk situations.

### WHO IS IT FOR?

Parents or caregivers interested in promoting their child's development and potential or they may have concerns about their child's behavioral problems or simply wish to prevent behavior problems from developing.

For more information or to book a place, please contact Sandylands' Family Team.



[www.triplep-parenting.net](http://www.triplep-parenting.net)