

For further information on what's happening in school please go to our website www.sandylands.lancs.sch.uk



01524 410286



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Wk beg. 7/2/2022

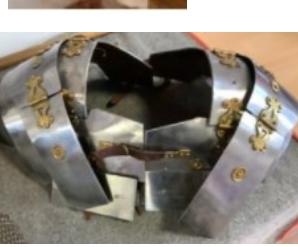
Chinese New Year Celebrations

What a fantastic day we had celebrating Chinese New Year. The children really enjoyed the Chinese workshops and the Chinese Themed meal was very tasty. It was great to see so many of you wanting to carry on celebrating at home too! A special thank you to our Global minister for putting forward some of the ideas. Please send photos to homework@sandylands.lancs.sch.uk. We love to hear from you.



Still Life Drawings

In art we used Picasso as inspiration for our still life drawing class. We used carbon paper and moved around the room to view objects from different perspectives.



Visit from a Roman Soldier

Some of our children enlisted in the Roman army last week and learnt all about life as a Roman Soldier. They used Roman artefacts to find out more about every day life in Roman Britain. The Roman centurion put his new recruits through their paces and had them marching up and down

Dates for the Diary

Tue 8th Feb
Safer internet day

Weds 9th & Thurs 10th Feb

Dogs trust workshops in classes

Year 3 Dukes theatre workshop-details to follow

Thursday 10th Feb
(After school)

Break up for half term return on Monday 21 February

17th Feb 22
Ruskin family art Workshops
Have you signed up?



RSPB Big Garden Bird Watch



Some of our children spent time looking for and identifying birds in our garden. We scattered bird seed for the birds to eat. We saw blackbirds, pigeons and magpies.



Be Safe, Feel Well

February 2022

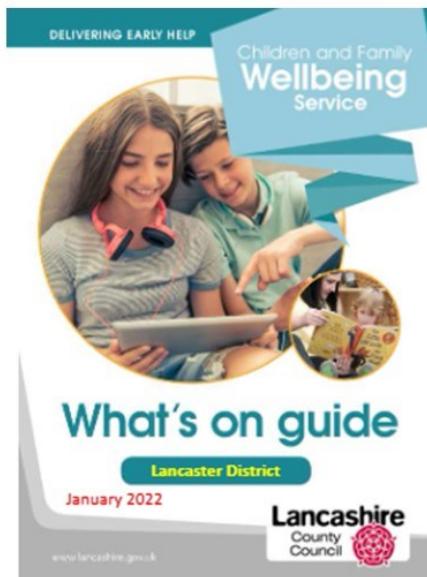
Telephone: 01524 410286

Email: inclusionteam@sandylands.lancs.sch.uk

Website: [Inclusion Team](#)

Community Support

Lancashire County Council have released their 'What's On' guide for community support and groups in the local area. From baby sensory, to youth groups there is something for everyone. If you want more details, take a look on our website: [What's On](#)

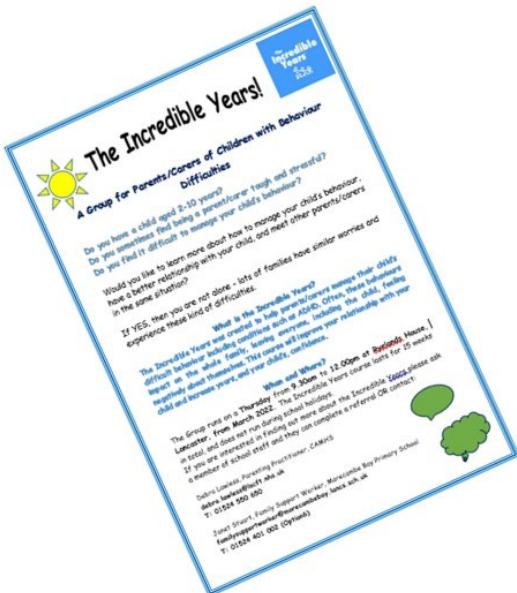


Incredible Years

Would you like to learn more about how to manage your child's behaviour, have a better relationship with your child, and meet other parents/carers in the same situation?

If YES, then you are not alone - lots of families have similar worries and experience these kind of difficulties.

[Incredible Years](#)



Morecambe Football Club - In the Community

SEN KICKS FOOTBALL - Sessions are run by qualified coaches in a safe & inclusive environment where children will learn new skills & have fun. Free weekly football session for boys & girls in primary school years 3, 4, 5 & 6 who are on the special educational needs spectrum.

GIRLS ONLY FOOTBALL - Free girls only football session for new or experienced participants aged 10-16. Play games or just have a kickabout. Safe, inclusive, environment.

[Morecambe FC Community Sports](#)

Online Safety

The children learn about Online Safety in school through Education for a Connected World. This month, take a look at 'Be Kind, Online'. Kindness is one of our values in school, and this extends outside of school and into the online world!

Website: [Online Safety](#)

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one issue of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

10 Ways You Can SHARE KINDNESS ONLINE

Last year, around one in five young people aged 10–15 in England and Wales admitted experiencing online bullying: most commonly being insulted or sworn at, or having hurtful messages sent about them. To someone who's being bullied, the world can seem like a bleak, negative place – but just one kind word can be a ray of hope: a turning point that brightens their day and refreshes their perspective. That's why 'One Kind Word' is the theme of Anti-Bullying Week 2021. We're supporting this year's event by bringing you ten top tips for beating online bullying by replacing it with kindness.

PRAISE WHERE IT'S DUE

Sometimes a friend or relative might post online about something they're proud to have achieved: maybe an exam they've passed, a new skill they've learned or a task they've completed. Celebrate their hard work and determination by being kind enough to praise them for it publicly.

REACH OUT

It's not always easy to tell what kind of mood someone is in just from what they post online. Simply dropping somebody a message to say 'hi', to ask if they're OK or to tell them that you're thinking of them could totally make their day.

RECOMMEND FUN THINGS

If there's something you enjoy doing online – perhaps you play a particular game, or you've found a really cool site – share it with someone you think will enjoy it. Even recommending a film or TV show you think they'll like can bring a little happiness to someone who really needs it.

OFFER TO HELP

Sometimes you might see a friend or family member posting a question online or asking for help with something they can't do themselves. Don't just ignore it – if you can help, get in touch. Something that's difficult for them might be no trouble for you!

POST POSITIVELY

Lots of people seem to go online purely to complain about things or be negative. Just because you're communicating online (and not face to face) doesn't mean you can't be positive, though! Post about things that make you happy and that you're thankful for. It could brighten someone else's day.

SHOW YOUR APPRECIATION

If somebody that you know has done something positive or shown kindness themselves, go online and thank them with a message or a post. Expressing your gratitude costs nothing and showing someone that you appreciate them will really make them feel good.

BE UNDERSTANDING

Showing empathy towards others is an act of online kindness which often gets overlooked. If you notice that someone you know is upset, drop them a message. Sometimes people just need someone else to listen to them and understand their situation.

SHARE INSPIRATIONAL POSTS

When you see something online that inspires you or makes you feel happy, share it with people you know. A spot-on quotation, a beautiful photo or an uplifting video can lift someone's spirits and help them to feel better about life.

THINK BEFORE COMMENTING

Thinking before we act can be just as important as acting in the first place. Taking a second to consider what you're saying in advance could stop you from posting something negative, hurtful or offensive – even if you don't mean to. It's better to post positively or not post at all.

LIKE, LOVE AND ENGAGE

If somebody posts something that you like on social media, don't just scroll past – take the time to like it, love it or leave an appreciative comment! Reacting positively to other people's posts might seem like a small gesture but could mean a lot to them.

Meet Our Expert

Carly Page is an experienced technology journalist with more than 10 years of experience in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.

National Online Safety #WakeUpWednesday

www.nationalonlinesafety.com [@natonlinesafety](https://twitter.com/natonlinesafety) [@/NationalOnlineSafety](https://facebook.com/NationalOnlineSafety) [@nationalonlinesafety](https://instagram.com/nationalonlinesafety)

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