

For further information on what's happening in school please go to our website www.sandylands.lancs.sch.uk



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head@sandylands.lancs.sch.uk

Newsletter



Next holiday— After school 16th Dec 22

Wk beg. 07.11.22



Afterschool Club Booking is Essential

Our after school club is becoming increasingly popular. We are so pleased the children are enjoying it. As we are now near full capacity please can you ensure that you book on ParentApp by a Thursday for the following week .

Just a reminder, we will no longer be able to take 'on the day requests' (unless it is a one-off emergency). This is to ensure that we can accommodate all requests and that our practices to safeguard the children are robust.

If you have an emergency situation and require childcare up to 5.30pm, please contact the office as soon as possible so we can ensure that the staff are informed and the children are placed on the register. However, we cannot guarantee a place but will endeavor to provide support within school.



As we look ahead to Remembrance Day, The Royal British Legion is asking the nation to remember together our faithful allies, friends and protectors as we remember all those who have served and sacrificed.

(Prices listed are suggested donation)

Wristbands £1.00 - Poppies 50p - Zip Pull 50p

Reflector 50p - Snap bands 1.50p

100% of the profits go towards funding the

Legion's on-going work in supporting the Armed Forces Community.

Thank you so much for all the parents new and old who attended the Open Evening last Thursday. It was great to see the school buzzing with families again. Our doors are always open, if you would like to have a look around school, please do not hesitate to contact the school office and we can arrange this for you.

We are really lucky to have an amazing on site kitchen in school which use local sourced ingredients. We have lots of themed meals throughout the year. On Friday, we had a great time at our Fireworks themed meal.



Be Safe Feel Well

Dear parents and carers. Please find attached the October Be Safe, Feel Well newsletter. As always, please feel free to contact a member of the inclusion team with any concerns: Inclusionteam @sandylands.lancs.sch.uk

<https://www.sandylands.lancs.sch.uk/2022/10/october-newsletter/>

Dates for the Diary

Children in need

Friday 18th November
(More information to follow)

Parents' evening 22nd November

Next Holiday after school
Friday 16th December
Returning Wednesday 4th January

SANDYLANDS AUTUMN/WINTER MENU 2022/2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1	Cottage Pie Or Fish Cake Sauté Potatoes, Sweetcorn, Green Beans Dessert Cheese & Crackers	Chicken Korma Rice & Naan Or Tomato & Basil Pasta Twirls Peas, Carrots Dessert Fruit Sponge	Roast Beef & Yorkshire Pudding Or Ravioli Roast Potatoes, Carrot & Swede, Cauliflower Cheese Dessert Ice Cream Tub	Chicken Casserole Or Cheese Pastie Broccoli, Carrots, Mash Dessert Sugar Free Jelly	Battered Fish Or Soup & Sandwich Chips, Baked Beans Dessert Pineapple Chunks
WEEK 2	Spaghetti Bolognese Or Vegi Burger Potato Wedges, Mixed Veg, Peas Dessert Black Forest Fruits & Cream	Jumbo Fish fingers Or Savoury Mince Sauté Pots, Sweetcorn, Peas Dessert Rice Pudding	Roast Ham & Pineapple Or Tomato & Pesto Pasta Bake Roast Potatoes, Carrot & Swede, Cabbage Dessert Ice Cream Roll	Bbq Chicken Wraps Or Pork Casserole Wedges, Peas, Carrots Dessert Cheese & Crackers	Battered Fish Or Soup & Sandwich Chips, Baked Beans Dessert Cookies
WEEK 3	Chicken Burger in a Bun Or Potato Balls, Carrots, Peas Dessert Cherry Crumble & Custard	Beef Stew or Omelette Mash, Peas & Sweetcorn Dessert Fresh Fruit Salad	Sausage & Yorkshire Pudding Or Chicken Goujons Roast Potatoes, Carrot & Swede, Cabbage Dessert Rice Pudding	Meatballs & Spaghetti Or Cheesy Garlic Pasta Wedges, Broccoli, Sweetcorn Dessert Melon Slices	Battered Fish Or Soup & Sandwich Chips, Baked Beans Dessert Ice Cream Roll
WEEK 4	Lasagne & Garlic Bread Or Fish Stars Potato Wedges, Sweetcorn, Carrots Dessert Cheese & Crackers	Meat & Potato Pie Or Ravioli Mash, Beetroot, Peas Dessert Apple Crumble & Custard	Roast Chicken & Stuffing Or Tomato Pasta Roast Potatoes, Carrot & Swede, Cabbage Dessert Fresh Fruit Salad	Beef Burger in a Bun Or Macaroni Cheese Potato Balls, Sweetcorn, Green Beans Dessert Poached Pears & Custard	Battered Fish Or Soup & Sandwich Chips, Baked Beans Dessert Sugar Free Jelly

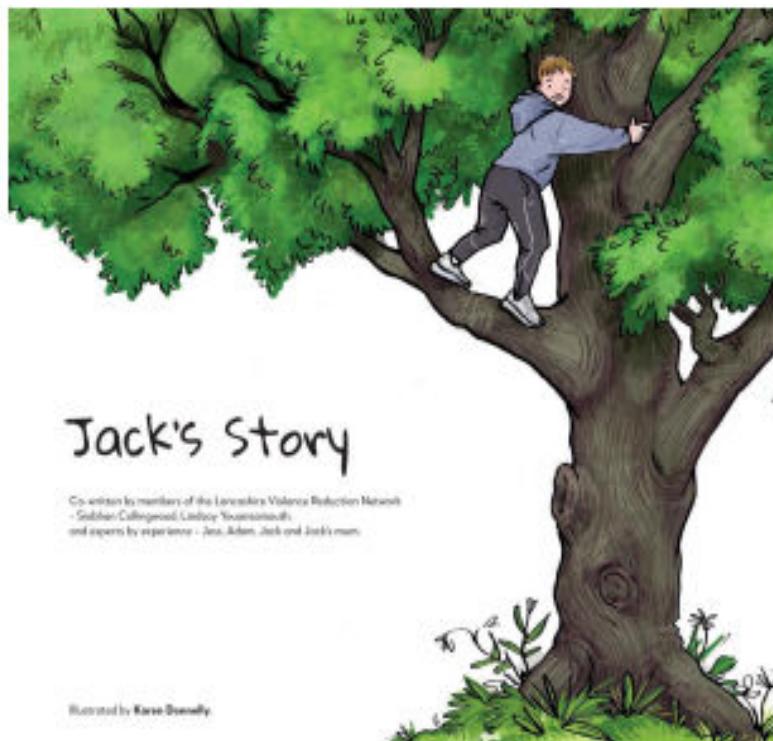


Daily Alternatives Jacket Potatoes with a choice of fillings. Choice of sandwiches from our Sandwich Station. Fresh Fruit, Yoghurt, Cheese & Crackers, (Vegetarian Options available.) All the daily selections will be on a 4 week rotating menu.



'Jack's Story'

Lessons from Lived Experience of Domestic Abuse



Jack's Story

Co-written by members of the Lancashire Violence Reduction Network - Goddess Collective, Lancashire Youth Voice Network and experts by experience - Jess, Adam, Jack and Jack's mum.

Illustrated by Karen Dwyer

Lancashire Violence Reduction Network are excited to present this great opportunity to attend a 'Jack's Story' free workshop. You will:

- Receive a free copy of this new resource ('Jack's Story')
- Hear key messages from lived experience of domestic abuse
- Discuss in a multi-agency forum, the implications for practitioners
- Participate in free half-day training and discussions

Tea, coffee and pastries available on arrival.

Dates and venues available:

- 2/11/22 9am – 12pm (Burnley Turf Moor FC)
- 30/11/22 9am – 12pm (Edge Hill College)
- 30/11/22 1pm – 4pm (Edge Hill College)
- 5/12/22 9am – 12pm (Preston FC)
- 5/12/22 1pm – 4pm (Preston FC)
- 12/12/22 9am – 12pm (Burnley Turf Moor FC)
- 12/12/22 1pm – 4pm (Burnley Turf Moor FC)
- 14/12/22 9am – 12pm (Morecambe Globe Arena)
- 14/12/22 1pm – 4pm (Morecambe Globe Arena)

To select a session, please follow the link for Eventbrite bookings below:

<https://www.eventbrite.co.uk/o/lancashire-violence-reduction-network-38717145063>

All cancellations with less than 24 hrs notice, or failures to attend, will be charged a cancellation fee.

IS YOUR CHILD SUFFERING WITH ANXIETY?



Join a free workshop
for parents by parents

- * Gain greater understanding of anxiety
- * Increase confidence/ability in supporting your child
- * Explore self-care strategies



Lancashire &
South Cumbria
NHS Foundation Trust

To book a place contact:

chats_123@yahoo.com

Rebecca 07950784015

Claire 07908452426



13-17 Devonshire Rd

Morecambe
LA3 1QT
10am - 1pm
4th November