

For further information on what's happening in school please go to our website www.sandylands.lancs.sch.uk



01524 410286



head@sandylands.lancs.sch.uk

Newsletter



Wk. beg .13.11.23

Next holiday— After school Friday 22nd Dec

www.sandylands.lancs.sch.uk

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[01524 410286](tel:01524410286)

Supporting Children's Transition from Nursery

Sandylands Reception Taster Sessions

Are you thinking of a school place for September 2024?

Come to our Stay and Play sessions at Sandylands Reception and 'feel the buzz' of our wonderful school. Everyone is welcome regardless of school choices:

Thursday 23rd November 4-5pm
Thursday 7th December 4-5pm
Thursday 11th January 4-5pm

Please ring 01524 410286 or email office@sandylands.lancs.sch.uk to book a place



Good bye and Good luck to Miss Brook



Congratulations goes to Miss Brook as she moves to pastures new. A huge thank you from all at Sandylands for your hard work, commitment and calming influence as part of the family team. We know you will be just as fabulous in your new role. Good Luck!

Children in Need

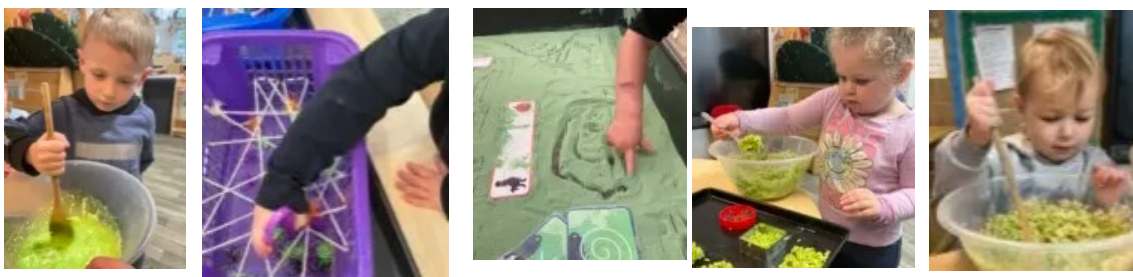


We're supporting
BBC
Children in Need

Come dressed in Pjs, spots, and Bear ears £1 donation –
See information on flyer below

Nursery Celebrations

Nursery have been looking at different celebrations, they have been dressing up, and practicing fine motor skills– scooping spiders out of jelly and the inside of the pumpkins, taking spiders out of webs and green spaghetti with tweezers, making patterns in sand, and baking cookies.



Dates for the Diary

Next holiday
After school
Friday 22nd Dec

Returning
Monday 8th Jan



THE GREAT SPOTACULAR

**BBC
CHILDREN
IN NEED**

When

Friday 17th November

Dress code £1 Donation

**Come dressed in Pjs,
spots, and Bear ears
£1 donation**



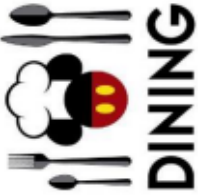
Pennies for Pudsey

**Bearpees Challenge
20p**

**WE'RE RAISING
MONEY FOR
BBC CHILDREN
IN NEED**

More information to follow

SANDYLANDS AUTUMN/WINTER MENU 2023/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Mince beef hotpot Or Fish burger in a bun <u>With</u> Sauté Potatoes, peas & carrots <u>Dessert</u> Cheese & crackers</p>	<p>Chicken korma & rice Or Cheese slice <u>With</u> Wedges, mixed veg & sweetcorn <u>Dessert</u> Waffles</p>	<p>Roast Gammon & pineapple Or Tomato pasta <u>With</u> Herb diced potatoes, cauliflower cheese carrot & swede mash <u>Dessert</u> Ice cream roll</p>	<p>Beef Stew Or Mac 'n' Cheese <u>With</u> Potato balls, broccoli & sweetcorn <u>Dessert</u> Jelly</p>	<p>Battered fish with chips and beans <u>With</u> Soup of the day <u>Dessert</u> Homemade brownie</p>
	<p>Spaghetti Bolognese Or Chicken Kebab <u>With</u> Rainbow fries, peas, sweetcorn <u>Dessert</u> Rice pudding</p>	<p>Jumbo fish finger Or Ravioli <u>With</u> Wedges, carrots, green beans <u>Dessert</u> Fresh fruit salad</p>	<p>Roast beef and Yorkshire pudding Or Tomato pasta <u>With</u> Roast potatoes, cabbage, carrot & swede mash <u>Dessert</u> Apple pie & cream</p>	<p>Sausage & gravy Or Cheese & ham pasta <u>With</u> Mash potatoes, peas, broccoli <u>Dessert</u> Cheese & crackers</p>	<p>Battered fish with chips and beans <u>With</u> Soup of the day <u>Dessert</u> Cookies</p>
	<p>Beef burger in a bun Or Tomato pasta <u>With</u> Mixed veg, veg, broccoli <u>Dessert</u> Ice cream roll</p>	<p>Meat & potato pie Or Fish cake <u>With</u> Sauté potatoes, peas & carrots <u>Dessert</u> Apple crumble & custard</p>	<p>Roast chicken & stuffing Or Cheese & ham pasta <u>With</u> Roast potatoes, cabbage, carrot & swede mash <u>Dessert</u> Fresh fruit salad</p>	<p>Lasagne & garlic bread Or Omelette <u>With</u> Rainbow fries, diced potatoes, sweetcorn & green beans <u>Dessert</u> Jelly</p>	<p>Battered fish with chips & beans <u>With</u> Soup of the day <u>Dessert</u> Strawberries & grapes</p>

Daily Alternatives. Jacket Potatoes with a choice of fillings. Choice of sandwiches from our Sandwich Station. Fresh Fruit, Yogurt, Cheese & Crackers. (Vegetarian Options available on request.) **All the daily selections will be on a 3 week rotating menu please speak to a member of kitchen staff regarding any queries to food allergies or intolerances.**

Have you considered:

- Walking or cycling to school instead? This is a great way to contribute to a child's 60 minutes of activity a day and is easy to incorporate into your daily routine. Try it once a week at first and see how easy it can be.
- Parking nearby or getting off the bus two stops earlier and walking the rest of the way. If you live too far away to walk or need your car for your commute to work you can still walk part of the way. Adults in England should aim to take part in at least 150 minutes of moderate intensity physical activity each week.
- Car sharing is a great way to reduce congestion and save you pennies. Team up with other parents or carers who live nearby- share the cost and halve the hassle.

If you have a parking concern outside of your school report it to parking@lancashire.gov.uk

For more information on this leaflet please email the Road Safety Team at roadsafetyschool@lancashire.gov.uk



**Better
Health**

**healthier
families**

Sign up at
nhs.uk/betterhealth

School Parking

