

For further information on what's happening in school please go to our website [www.sandylands.lancs.sch.uk](http://www.sandylands.lancs.sch.uk)



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# Newsletter



Next holiday— After school 16th Dec 22

Wk beg. 14.11.22



## Afterschool Club Booking is Essential

Our after school club is becoming increasingly popular. We are so pleased the children are enjoying it. As we are now near full capacity please can you ensure that you book on ParentApp by a Thursday for the following week .

Just a reminder, we will no longer be able to take 'on the day requests' (unless it is a one-off emergency). This is to ensure that we can accommodate all requests and that our practices to safeguard the children are robust.

If you have an emergency situation and require childcare up to 5.30pm, please contact the office as soon as possible so we can ensure that the staff are informed and the children are placed on the register. However, we cannot guarantee a place but will endeavor to provide support within school.

## Year 6 Northumberland Trip

Year 6 had a fantastic time on their residential trip to the Northumberland Coast. Check out our photos on our Facebook page. The children were comparing coastlines, deepening their knowledge of the artist Lowry as well as developing their photography skills by taking photos of the Tyne bridges in Newcastle.



## Lest we Forget

We are so proud of our school and local community. The children have been supporting the Royal British Legion selling poppies and our soldier silhouettes are on the front yard once more ... Lest we forget



**Lest we  
forget**

## Fireworks

Nursery learned about fireworks. They watched a video of fireworks from Lancaster Castle on 5th November, and then made firework pictures using neon colours. We had great fun splatter painting and blowing paint. We used different brushes to make different marks.



## Dates for the Diary

Children in Need  
18th November

Parents' evening  
22nd November

School Photographs  
Thursday 1st Dec

Next Holiday  
after school  
2pm Friday 16th  
December  
Returning  
Wednesday 4th  
January

Come dressed in something spotty or non-uniform for £1 donation

There will be various activities  
Including.....

Pennies for Pudsey  
Fitness challenge

(set up by our Health and Well-being parliament members) for the children to donate their money.



We are raising money for  
Children in Need  
Friday 18th November

## SANDYLANDS AUTUMN/WINTER MENU 2022/2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b>	Cottage Pie Or Fish Cake Sauté Potatoes, Sweetcorn, Green Beans Dessert Cheese & Crackers	Chicken Korma Rice & Naan Or Tomato & Basil Pasta Twirls Peas, Carrots Dessert Fruit Sponge	Roast Beef & Yorkshire Pudding Or Ravioli Roast Potatoes, Carrot & Swede, Cauliflower Cheese Dessert Ice Cream Tub	Chicken Casserole Or Cheese Pastie Broccoli, Carrots, Mash Dessert Sugar Free Jelly	Battered Fish Or Soup & Sandwich Chips, Baked Beans Dessert Pineapple Chunks
<b>WEEK 2</b>	Spaghetti Bolognese Or Vegi Burger Potato Wedges, Mixed Veg, Peas Dessert Black Forest Fruits & Cream	Jumbo Fish fingers Or Savoury Mince Sauté Pots, Sweetcorn, Peas Dessert Rice Pudding	Roast Ham & Pineapple Or Tomato & Pesto Pasta Bake Roast Potatoes, Carrot & Swede, Cabbage Dessert Ice Cream Roll	Bbq Chicken Wraps Or Pork Casserole Wedges, Peas, Carrots Dessert Cheese & Crackers	Battered Fish Or Soup & Sandwich Chips, Baked Beans Dessert Cookies
<b>WEEK 3</b>	Chicken Burger in a Bun Or Potato Balls, Carrots, Peas Dessert Cherry Crumble & Custard	Beef Stew or Omelette Mash, Peas & Sweetcorn Dessert Fresh Fruit Salad	Sausage & Yorkshire Pudding Or Chicken Goujons Roast Potatoes, Carrot & Swede, Cabbage Dessert Rice Pudding	Meatballs & Spaghetti Or Cheesy Garlic Pasta Wedges, Broccoli, Sweetcorn Dessert Melon Slices	Battered Fish Or Soup & Sandwich Chips, Baked Beans Dessert Ice Cream Roll
<b>WEEK 4</b>	Lasagne & Garlic Bread Or Fish Stars Potato Wedges, Sweetcorn, Carrots Dessert Cheese & Crackers	Meat & Potato Pie Or Ravioli Mash, Beetroot, Peas Dessert Apple Crumble & Custard	Roast Chicken & Stuffing Or Tomato Pasta Roast Potatoes, Carrot & Swede, Cabbage Dessert Fresh Fruit Salad	Beef Burger in a Bun Or Macaroni Cheese Potato Balls, Sweetcorn, Green Beans Dessert Poached Pears & Custard	Battered Fish Or Soup & Sandwich Chips, Baked Beans Dessert Sugar Free Jelly

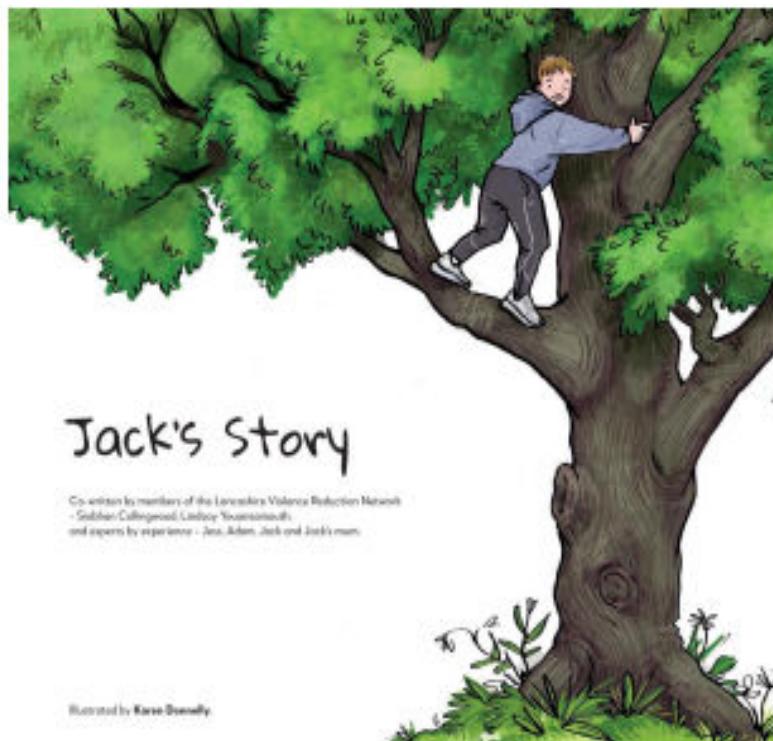


**Daily Alternatives** Jacket Potatoes with a choice of fillings. Choice of sandwiches from our Sandwich Station. Fresh Fruit, Yoghurt, Cheese & Crackers, (Vegetarian Options available.) All the daily selections will be on a 4 week rotating menu.



# 'Jack's Story'

## Lessons from Lived Experience of Domestic Abuse



### Jack's Story

Co-written by members of the Lancashire Violence Reduction Network  
- Goddess Collective, Lancashire Youth Justice Board  
and experts by experience - Jess, Adam, Jack and Jack's mum.

Illustrated by Karen Dwyer

Lancashire Violence Reduction Network are excited to present this great opportunity to attend a 'Jack's Story' free workshop. You will:

- Receive a free copy of this new resource ('Jack's Story')
- Hear key messages from lived experience of domestic abuse
- Discuss in a multi-agency forum, the implications for practitioners
- Participate in free half-day training and discussions

Tea, coffee and pastries available on arrival.

Dates and venues available:

- 2/11/22 9am – 12pm (Burnley Turf Moor FC)
- 30/11/22 9am – 12pm (Edge Hill College)
- 30/11/22 1pm – 4pm (Edge Hill College)
- 5/12/22 9am – 12pm (Preston FC)
- 5/12/22 1pm – 4pm (Preston FC)
- 12/12/22 9am – 12pm (Burnley Turf Moor FC)
- 12/12/22 1pm – 4pm (Burnley Turf Moor FC)
- 14/12/22 9am – 12pm (Morecambe Globe Arena)
- 14/12/22 1pm – 4pm (Morecambe Globe Arena)

To select a session, please follow the link for Eventbrite bookings below:

<https://www.eventbrite.co.uk/o/lancashire-violence-reduction-network-38717145063>

All cancellations with less than 24 hrs notice, or failures to attend, will be charged a cancellation fee.

# IS YOUR CHILD SUFFERING WITH ANXIETY?



Join a free workshop  
for parents by parents

- \* Gain greater understanding of anxiety
- \* Increase confidence/ability in supporting your child
- \* Explore self-care strategies

More  
Music

13-17 Devonshire Rd

Morecambe  
LA3 1QT

10am - 1pm  
4<sup>th</sup> November

NHS  
Lancashire &  
South Cumbria  
Mental Health Trust

To book a place contact:

[chats\\_123@yahoo.com](mailto:chats_123@yahoo.com)

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