

For further information on what's happening in school please go to our website [www.sandylands.lancs.sch.uk](http://www.sandylands.lancs.sch.uk)



01524 410286



[head@sandylands.lancs.sch.uk](mailto:head@sandylands.lancs.sch.uk)



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**Next holiday— After school Friday 20th Oct**

www.sandylands.lancs.sch.uk

Email office@sandylands.lancs.sch.uk  
Balmoral Road, Morecambe, LA3 1EJ

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## Supporting Children's Transition from Nursery

### Sandylands Reception Taster Sessions

Are you thinking of a school place for September 2024?

Come to our Stay and Play sessions at Sandylands Reception and 'feel the buzz' of our wonderful school. Everyone is welcome regardless of school choices:

Thursday 23rd November 4-5pm  
Thursday 7th December 4-5pm  
Thursday 11th January 4-5pm

Please ring 01524 410286 or email [office@sandylands.lancs.sch.uk](mailto:office@sandylands.lancs.sch.uk) to book a place

### High school application Deadline

The deadline to apply for a Year 7 place is  
31st October 2023

<https://www.lancashire.gov.uk/children-education-families/schools/apply-for-a-school-place/starting-secondary-school/>

### New School Menu

Please see below our new Autumn/Winter menu in corporation with Country style Meats starting 31st Oct



### Open Evening Thursday 9th November 3.30.– 5pm

Whether you know a child who is starting school in September or have a child who is currently with us, we would like to invite you to our curriculum open evening on Thursday, 9th November 3.30 – 5.30pm.

Our friendly staff, children and Pupil Parliament will be on hand to showcase our exciting curriculum, offer tours around the school and you can even sample the delights of our very own school kitchen.

Please help us to spread the word by sharing our post on Facebook!



### Year 2 Science and Materials



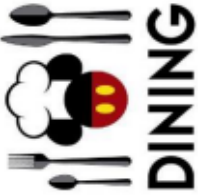
Year 2 have been learning about Materials this half term in our Science lessons. We were looking at which materials are absorbent, which will float and which will sink. Another experiment involved seeing what happened to materials if they were heated up and then cooled down. We had fun eating this experiment at the end too!



### Dates for the Diary

Half term  
Break up after school  
20th Oct  
Return  
Tues 31st Oct

# SANDYLANDS AUTUMN/WINTER MENU 2023/2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>Mince beef hotpot Or Fish burger in a bun <u>With</u> Sauté Potatoes, peas &amp; carrots  <u>Dessert</u> Cheese &amp; crackers</p>	<p>Chicken korma &amp; rice Or Cheese slice <u>With</u> Wedges, mixed veg &amp; sweetcorn  <u>Dessert</u> Waffles</p>	<p>Roast Gammon &amp; pineapple Or Tomato pasta <u>With</u> Herb diced potatoes, cauliflower cheese carrot &amp; swede mash  <u>Dessert</u> Ice cream roll</p>	<p>Beef Stew Or Mac 'n' Cheese <u>With</u> Potato balls, broccoli &amp; sweetcorn  <u>Dessert</u> Jelly</p>	<p>Battered fish with chips and beans  <u>With</u> Soup of the day  <u>Dessert</u> Homemade brownie</p>
	<p>Spaghetti Bolognese Or Chicken Kebab <u>With</u> Rainbow fries, peas, sweetcorn  <u>Dessert</u> Rice pudding</p>	<p>Jumbo fish finger Or Ravioli <u>With</u> Wedges, carrots, green beans  <u>Dessert</u> Fresh fruit salad</p>	<p>Roast beef and Yorkshire pudding Or Tomato pasta <u>With</u> Roast potatoes, cabbage, carrot &amp; swede mash  <u>Dessert</u> Apple pie &amp; cream</p>	<p>Sausage &amp; gravy Or Cheese &amp; ham pasta <u>With</u> Mash potatoes, peas, broccoli  <u>Dessert</u> Cheese &amp; crackers</p>	<p>Battered fish with chips and beans  <u>With</u> Soup of the day  <u>Dessert</u> Cookies</p>
	<p>Beef burger in a bun Or Tomato pasta <u>With</u> Mixed veg, veg, broccoli  <u>Dessert</u> Ice cream roll</p>	<p>Meat &amp; potato pie Or Fish cake <u>With</u> Sauté potatoes, peas &amp; carrots  <u>Dessert</u> Apple crumble &amp; custard</p>	<p>Roast chicken &amp; stuffing Or Cheese &amp; ham pasta <u>With</u> Roast potatoes, cabbage, carrot &amp; swede mash  <u>Dessert</u> Fresh fruit salad</p>	<p>Lasagne &amp; garlic bread Or Omelette <u>With</u> Rainbow fries, diced potatoes, sweetcorn &amp; green beans  <u>Dessert</u> Jelly</p>	<p>Battered fish with chips &amp; beans  <u>With</u> Soup of the day  <u>Dessert</u> Strawberries &amp; grapes</p>

**Daily Alternatives** Jacket Potatoes with a choice of fillings. Choice of sandwiches from our Sandwich Station. Fresh Fruit, Yogurt, Cheese & Crackers. (Vegetarian Options available on request.) **All the daily selections will be on a 3 week rotating menu please speak to a member of kitchen staff regarding any queries to food allergies or intolerances.**



### Have you considered:

- Walking or cycling to school instead? This is a great way to contribute to a child's 60 minutes of activity a day and is easy to incorporate into your daily routine. Try it once a week at first and see how easy it can be.
- Parking nearby or getting off the bus two stops earlier and walking the rest of the way. If you live too far away to walk or need your car for your commute to work you can still walk part of the way. Adults in England should aim to take part in at least 150 minutes of moderate intensity physical activity each week.
- Car sharing is a great way to reduce congestion and save you pennies. Team up with other parents or carers who live nearby- share the cost and halve the hassle.

If you have a parking concern outside of your school report it to [parking@lancashire.gov.uk](mailto:parking@lancashire.gov.uk)

For more information on this leaflet please email the Road Safety Team at [roadsafetyschool@lancashire.gov.uk](mailto:roadsafetyschool@lancashire.gov.uk)



**Better  
Health**

**healthier  
families**

Sign up at  
[nhs.uk/betterhealth](https://nhs.uk/betterhealth)

# School Parking



[lancashire.gov.uk](https://lancashire.gov.uk)