

For further information on what's happening in school please go to our website www.sandylands.lancs.sch.uk



01524 410286



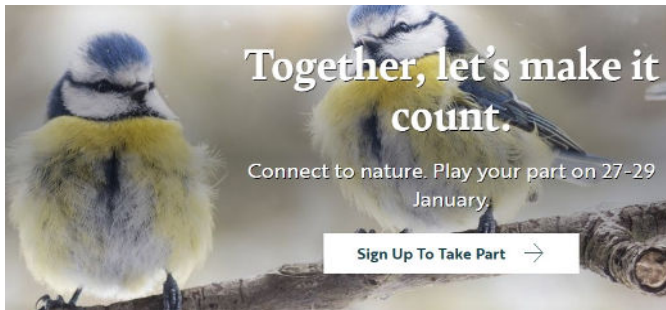
head@sandylands.lancs.sch.uk Next holiday– After school Friday 10th Feb

Wk beg. 30.01.23

Newsletter



RSPB Big Garden Birdwatch



Big Garden Birdwatch is fun, free and for everyone. And you don't need a garden to take part! Counting birds from your balcony, or your local park will play a vital role in helping us understand how UK birds are doing. Sign up for your free guide and let's look out for birds together on 27-29 January.



<https://www.rspb.org.uk/get-involved/activities/birdwatch/>

Sandylands Rugby Stars

Our Rugby stars showed such resilience in a recent rugby tournament. They worked well as a team and took part in a number of matches with other schools in the local area. Well done!



Inter-Schools Dance Festival



We were so proud of our super dancers. They took part in an inter-schools dance performance at Our Lady's Catholic college and what a performance it was! Their determination and dedication really paid off and they blew us away. Loving the motown costumes too!

After School Club and Breakfast Club Booking is Essential



Our Breakfast and After School Club are becoming increasingly popular. We are so pleased the children are enjoying it. As we are now near full capacity please can you ensure that you book on ParentApp by a Thursday for the following week.

Just a reminder, we will no longer be able to take 'on the day requests' (unless it is a one-off emergency). This is to ensure that we can accommodate all requests and that our practices

to safeguard the children are robust.

If you have an emergency situation and require childcare up to 5.30pm, please contact the office as soon as possible so we can ensure that the staff are informed and the children are placed on the register. However, we cannot guarantee a place but will endeavor to provide support within school.

Our Sandylands' Sustainable Uniform Shop was very popular! We are requesting for any pre-loved uniform in good condition to be donated to help re-stock our supplies. We'd be very grateful if you could bring your donations into school. Thank you.



Triple P Courses

Following the success of our last Positive Parenting Programme - (Triple P) we will be looking to run another one after half term.

Please contact a member of the family team to express an interest as places are limited
01524 410286



Dates for the Diary

1st Feb
School Closed

7th Feb
Safer Internet Day

8th Feb
Virtual Eco Day
Year 6

Half term holiday
After school 10th
Feb
Returning
20th Feb

SANDYLANDS AUTUMN/WINTER MENU 2022/2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 	Cottage Pie Or Fish Cake Sauté Potatoes, Sweetcorn, Green Beans <u>Dessert</u> Cheese & Crackers	Chicken <u>Korma</u> , <u>Rice</u> & Naan Or Tomato & Basil Pasta Twirls Peas, Carrots <u>Dessert</u> Fruit Sponge	Roast Beef & Yorkshire Pudding Or Ravioli Roast Potatoes, Carrot & Swede, Cauliflower Cheese <u>Dessert</u> Ice Cream Tub	Chicken Casserole Or Cheese Pastie Broccoli, Carrots, Mash <u>Dessert</u> Sugar Free Jelly	Battered Fish Or Soup & Sandwich Chips, Baked Beans <u>Dessert</u> Pineapple Chunks
WEEK 2 	Spaghetti Bolognese Or Vegi Burger Potato Wedges, Mixed Veg, Peas <u>Dessert</u> Black Forest Fruits & Cream	Jumbo Fish fingers Or Savoury Mince Sauté Pots, <u>Sweetcorn</u> , <u>Peas</u> <u>Dessert</u> Rice Pudding	Roast Ham & Pineapple Or Tomato & Pesto Pasta Bake Roast Potatoes, Carrot & Swede, Cabbage <u>Dessert</u> Ice Cream Roll	Bbq Chicken Wraps Or Pork Casserole Wedges, Peas, Carrots <u>Dessert</u> Cheese & Crackers	Battered Fish Or Soup & Sandwich Chips, Baked Beans <u>Dessert</u> Cookies
WEEK 3 	Chicken Burger in a Bun Or Ravioli Potato Balls, Carrots, Peas <u>Dessert</u> Cherry Crumble & Custard	Beef Stew or Omelette Mash, Peas & Sweetcorn <u>Dessert</u> Fresh Fruit Salad	Sausage & Yorkshire Pudding Or Chicken Goujons Roast Potatoes, Carrot & Swede, Cabbage <u>Dessert</u> Rice Pudding	Meatballs & Spaghetti Or Cheesy Garlic Pasta Wedges, Broccoli, Sweetcorn <u>Dessert</u> Melon Slices	Battered Fish Or Soup & Sandwich Chips, Baked Beans <u>Dessert</u> Ice Cream Roll
WEEK 4 	Lasagne & Garlic Bread Or Fish Stars Potato Wedges, Sweetcorn, Carrots <u>Dessert</u> Cheese & Crackers	Meat & Potato Pie Or Ravioli Mash, Beetroot, Peas <u>Dessert</u> Apple Crumble & Custard	Roast Chicken & Stuffing Or Tomato Pasta Roast Potatoes, Carrot & Swede, Cabbage <u>Dessert</u> Fresh Fruit Salad	Beef Burger in a Bun Or Macaroni Cheese Potato Balls, Sweetcorn, Green Beans <u>Dessert</u> Poached Pears & Custard	Battered Fish Or Soup & Sandwich Chips, Baked Beans <u>Dessert</u> Sugar Free Jelly

Daily Alternatives Jacket Potatoes with a choice of fillings. Choice of sandwiches from our Sandwich Station. Fresh Fruit, Yogurt, Cheese & Crackers, (Vegetarian Options available.) **All the daily selections will be on a 4 week rotating menu.**

SANDYLANDS COMMUNITY PRIMARY SCHOOL HOLIDAY LIST

Additional time outside the school holidays will only be authorised in exceptional circumstances. This is due to the changes in Government policy. Parents may be fined if school cannot authorise. Please contact the school office if you are unsure.

AUTUMN TERM 2022

Closed to Pupils
Closed to Pupils

Thursday 1st September 2022 (Inset Day)
Friday 2nd September 2022 (Inset Day)

Re-open

Monday 5th September 2022

Special Bank Holiday

Monday 19th September 2022 (School Closed 1 day)

Close after school

Friday 21st October 2022

Midterm Closure
Closed to pupils

Monday 24th Oct – Friday 28th October 2022
Monday 31st October 2022 (Inset Day)

Re-open

Tuesday 1st November 2022

Close (after school)

2pm Friday 16th December 2022

SPRING TERM 2023

Closed to pupils
Re-open

Tuesday 3rd January 2023 (Inset Day)
Wednesday 4th January 2023

Close after school

Friday 10th February 2023

Midterm closure
Re-open

Monday 13th Feb – Friday 17th February 2023
Monday 20th February 2023

Close after school

Friday 31st March 2023

SUMMER TERM 2023

Re-open

Monday 17th April 2023

May day Closure 1 day

Monday 1st May 2023

Polling day Closure 1 day

Thursday 4th May 2023 Closed to pupils

Close after school
Midterm closure
Closed to Pupils

Friday 26th May 2023
Monday 29th May – Friday 2nd June 2023
Monday 5th June 2023 (Inset Day)

Re-open

Tuesday 6th June 2023

Close after school

Friday 21st July 2023

Small changes, big differences.



Free Positive Parenting Programme - Triple P

- Promoting a positive, caring relationship between you and your child.
- Empowering you as a parent/carer to choose the skills and values you wish to promote in your child and help them develop skills they need to tackle everyday situations.
- For primary school children age 2 – 10.

WHAT IS TRIPLE P?

A broad-based parenting intervention delivered by the Child and Family Wellbeing Service over seven weeks. The program involves five two hour group sessions and two phone consultations to assist with independent problem solving while they are practicing the skills at home. Parents actively participate in a range of exercises to learn about the causes of child behavior problems, setting specific goals, and using strategies to promote child development, manage misbehaviour and plan for high-risk situations.

WHO IS IT FOR?

Parents or caregivers interested in promoting their child's development and potential or they may have concerns about their child's behavioral problems or simply wish to prevent behavior problems from developing.

For more information or to book a place, please contact Sandylands' Family Team.



www.triplep-parenting.net