

## MENU CYCLE WEEK ONE



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
MAIN COURSE	Chicken Tikka	Beef Bolognaise	Chicken Casserole	Beef Burger	Battered Fish		
VEGETARIAN	Spinach and Chickpea Curry	Vegetable Bolognaise	Vegetable Casserole	Vegetable Burger	Vegetable Fingers		
LIGHT BITE	Baked Potato served with Beans, Cheese or Tuna Mayo	Ham, Cheese or Tuna Mayo Sandwich with Veg Sticks	Mac & Cheese Garlic Bread	Baked Potato served with Beans, Cheese or Tuna Mayo	Ham Cheese or Tuna Mayo Toasted Sandwich with Veg Sticks		
STARCHY & VEGETABLE	Rice Sweetcorn	Penna Pasta Peas	Mash Broccoli	Chips Sweetcorn	Wedges Peas		
DESSERT	A selection of Home Bakes, Jelly and Fresh Fruit.						





Food Allergies
and Intolerance
If you require information
on allergens or suffer from
a food intolerance, please
speak to a Team Member
tiefore you order your
food and drinks.





## MENU CYCLE WEEK TWO



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
MAIN COURSE	Cottage Pie •	Pork Hot Dog	Meatball Pasta	Chicken Tikka Wrap	Fish Fingers		
VEGETARIAN	Quorn Cottage Pie	Quorn Hot Dog	Quorn Meat ball Pasta	Quorn Tikka Wrap	Vegetable Fingers		
LIGHT BITE	Ham Cheese or Tuna Mayo Toasted Sandwich with Veg Sticks	Baked Potato served with Beans, Cheese or Tuna Mayo	Ham, Cheese or Tuna Mayo Sandwich with Veg Sticks	Tomato Pasta Garlic Bread	Peperoni or Cheese Panini with Veg Sticks		
STARCHY & VEGETABLE	Peas	Tater Tots Corn on the Cob	Garlic Bread	Potato Wedges Sweetcorn	Chips Peas		
DESSERT	A selection of Home Bakes, Jelly and Fresh Fruit.						





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