



Term	Reception/Year 1	Year 1/Year 2	Year 3	Year 4	Year 5	Year 6
Autumn HT1 Jigsaw	Being me in my World	Being me in my World	Being me in my World	Being me in my World	Being me in my World	Being me in my World
Autumn HT2 Kapow	Building relationships: special relationships Families and Relationships Cycle A	Families and Relationships Cycle A	Families and Relationships	Families and Relationships	Families and Relationships	Families and Relationships
Spring HT1 Kapow	Self-regulation – my feelings Health and Wellbeing Cycle A	Health and Wellbeing Cycle A	Health and Wellbeing	Health and Wellbeing	Health and Wellbeing	Health and Wellbeing
Spring HT2 Kapow	Self-regulation: Listening and Following Instructions Citizenship Cycle A	Citizenship Cycle A	Citizenship	Citizenship	Citizenship	Citizenship
Summer HT1 Kapow	Building Relationships: My family and friends Economic Wellbeing Cycle A	Economic Wellbeing Cycle A	Economic Wellbeing	Economic Wellbeing	Economic Wellbeing	Economic Wellbeing
Summer HT2 Kapow	Managing Self: My Wellbeing Safety and the Changing Body Cycle A	Safety and the Changing Body Cycle A	Safety and the Changing Body	Safety and the Changing Body	Safety and the Changing Body	Safety and the Changing Body Identity