Don't drop out because of meningitis

Fever and/or vomiting

Severe headache

Limb • joint • muscle pain

Cold hands and feet • shivering

Pale

Breathing fast • breathless

Rash

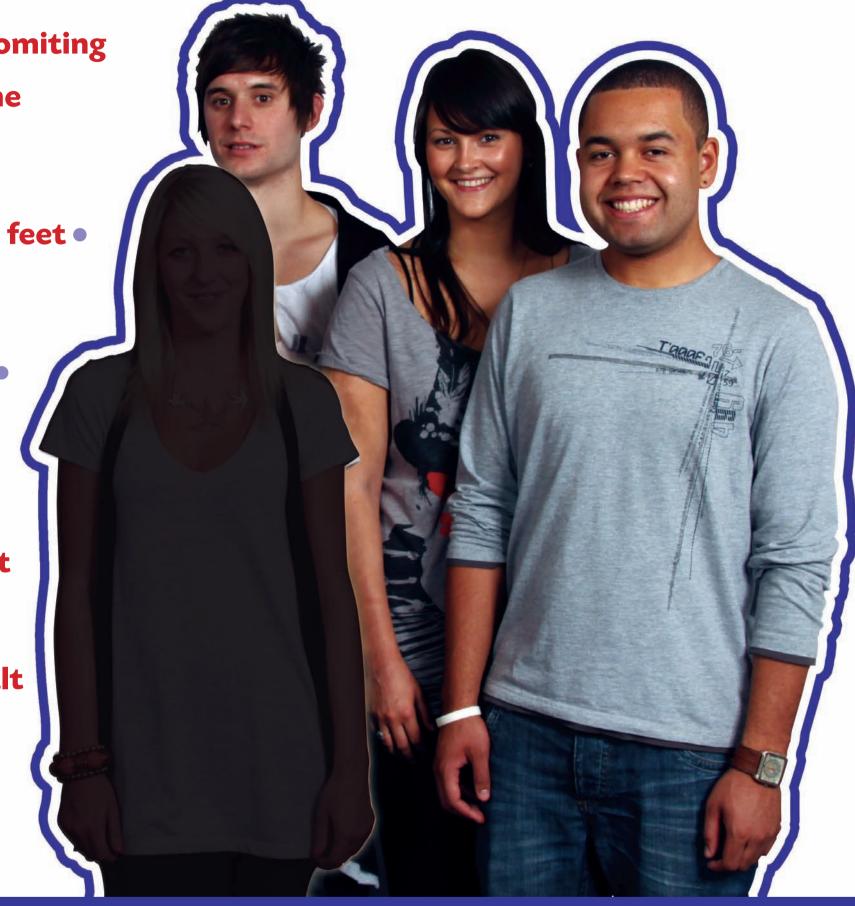
Stiff neck

Dislike of bright lights

Very sleepy • vacant • difficult to wake

Confused • delirious

Seizures (fits)



Meningitis & septicaemia kill Knowing the symptoms saves lives



Freefone* helpline:

NINGITISWISE 080 8800 3344 (UK) 1800 41 33 44 (Ireland)

iPhone app www.meningitis.org/iPhone

www.meningitis.org



