

## SMS Curriculum PE 2024 – 2025

### Year 6

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Introducing basic running, jumping and throwing skills and knowledge in <b>Sportshall Athletics</b>.</p> <p>Introducing and developing skills and knowledge in invasion games through <b>Mini Football</b>. Playing adapted games.</p>	<p>Introducing and developing basic skills in <b>Gymnastics</b>. Creating individual and routines and sequences on the floor.</p> <p>Introducing and developing skills and knowledge in invasion games through <b>Quicksticks Hockey</b>. Playing adapted games.</p>	<p>Dancing for enjoyment. Introducing basic skills and knowledge in <b>Dance</b>.</p> <p><b>Outdoor and Adventurous Activities</b> such as Orienteering are used to introduce basic map reading and fitness skills.</p>	<p>Introducing and developing basic skills for Invasion games through <b>Hi 5 Netball</b>. Playing adapted games.</p> <p>Introducing and developing basic skills in Net games through <b>Table Tennis</b></p>	<p>Introducing and developing basic skills in striking and fielding activities through <b>Scatter ball, Kwik Cricket and Rounder's</b>.</p> <p>Introducing and developing basic skills for Invasion games through <b>Tag Rugby</b>. Playing adapted games.</p>	<p>Introducing and developing basic skills in striking and fielding activities through <b>Scatter ball, Kwik Cricket and Rounders</b>.</p> <p>Introducing basic running, jumping and throwing skills and knowledge in outdoor <b>Athletics</b> activities.</p>

## Year 7

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Developing running, jumping and throwing skills and knowledge in <b>Sportshall Athletics</b>.</p> <p>Developing more advanced skills and knowledge in invasion games through <b>Football</b>. Playing small sided games.</p>	<p>Developing creative skills and knowledge in <b>Dance</b> and <b>Gymnastics</b>.</p> <p>Developing more advanced skills and knowledge in invasion games through <b>Hockey</b>. Playing small sided games.</p>	<p><b>Outdoor and Adventurous Activities</b> such as Team Building and Orienteering are used to develop skills in map reading and fitness skills.</p> <p>Developing more advanced skills for Invasion games through <b>Basketball</b>. Playing games with adapted rules.</p>	<p>Developing more advanced skills for Invasion games through <b>Netball</b>. Playing games with adapted rules.</p> <p>Developing skills in Net games through <b>Table Tennis Singles</b>.</p>	<p>Developing more advanced skills in striking and fielding activities through <b>Cricket</b>.</p> <p>Developing more advanced skills for Invasion games through <b>Tag Rugby</b>. Playing games with adapted rules.</p>	<p>Developing more advanced skills in striking and fielding activities through <b>Rounders</b>.</p> <p>Developing running, jumping and throwing skills and knowledge in <b>Athletics</b> activities.</p>

## Year 8

Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<p>Consolidating running, jumping and throwing skills and knowledge in <b>Sportshall Athletics</b>.</p> <p>Consolidating more advanced skills and knowledge in invasion games through <b>Football</b>.</p>	<p>Developing skills in <b>Gymnastics</b> through <b>vaulting</b>. Creating routines and sequences through Flight. Consolidating more advanced <b>Dance</b> routines.</p> <p>Consolidating more advanced skills and knowledge in invasion games through <b>Hockey</b>.</p>	<p>Consolidating more advanced skills and knowledge for Invasion games through <b>Basketball</b>. Playing games with full rules. Developing officiating skills.</p> <p><b>Outdoor and Adventurous Activities</b> such as Team Building and Orienteering to consolidate skills in map reading and fitness skills.</p>	<p>Consolidating more advanced skills for Invasion games through <b>Netball</b>. Playing full sided games. Developing officiating skills.</p> <p>Consolidating skills in Net games through <b>Table Tennis Singles and Doubles</b>. Developing officiating skills.</p>	<p>Consolidating more advanced skills in striking and fielding activities through <b>Cricket</b>. Developing officiating skills.</p> <p>Consolidating more advanced skills for Invasion games through <b>Tag Rugby</b>. Playing full sided games. Developing officiating skills.</p>	<p>Consolidating more advanced skills in striking and fielding activities through <b>Rounders</b>. Developing officiating skills.</p> <p>Consolidating running, jumping and throwing skills and knowledge in <b>Athletics</b> activities. Developing officiating skills for running, jumping and throwing.</p>