

## YR 7 - Blueberry and Cinnamon muffins - work in pairs

### Ingredients

250g Self Raising Flour  
2 Teaspoon baking powder  
1 Teaspoon cinnamon powder  
100g Sugar  
1 Egg  
90ml Oil  
120g Blueberries  
250ml Milk

### Equipment

- Large mixing bowl
- Wooden spoon
- Jug
- Fork
- Tablespoon x 2
- Teaspoon x 2
- Muffin cases
- Muffin tin □ Cooling rack
- Paper bag

### Method

1. Pre-heat oven to 180 or gas mark 4.
2. Put the flour, sugar, baking powder and cinnamon in a large bowl.
3. Whisk egg in jug, add milk and oil.
4. Pour the contents of the jug into bowl with flour mixture.
5. Stir in the blueberries.
6. Spoon mixture into muffin cases
7. Bake for 20 minutes.
8. Remove from oven and put on cooling rack.
9. Place  $\frac{1}{2}$  the muffins on each bag, then put into bag when cool.