

I praise you because
I am fearfully and
wonderfully made;
your works are
wonderful...

Psalm 139 verse 14

Can you search for Steve?

He put a belt on to make it easy! Then perhaps colour them in so that they all look different!

You have searched
me, Lord, and you
know me. Psalm 139:1

Keep Learning

Give

Connect

Take Notice

Be active

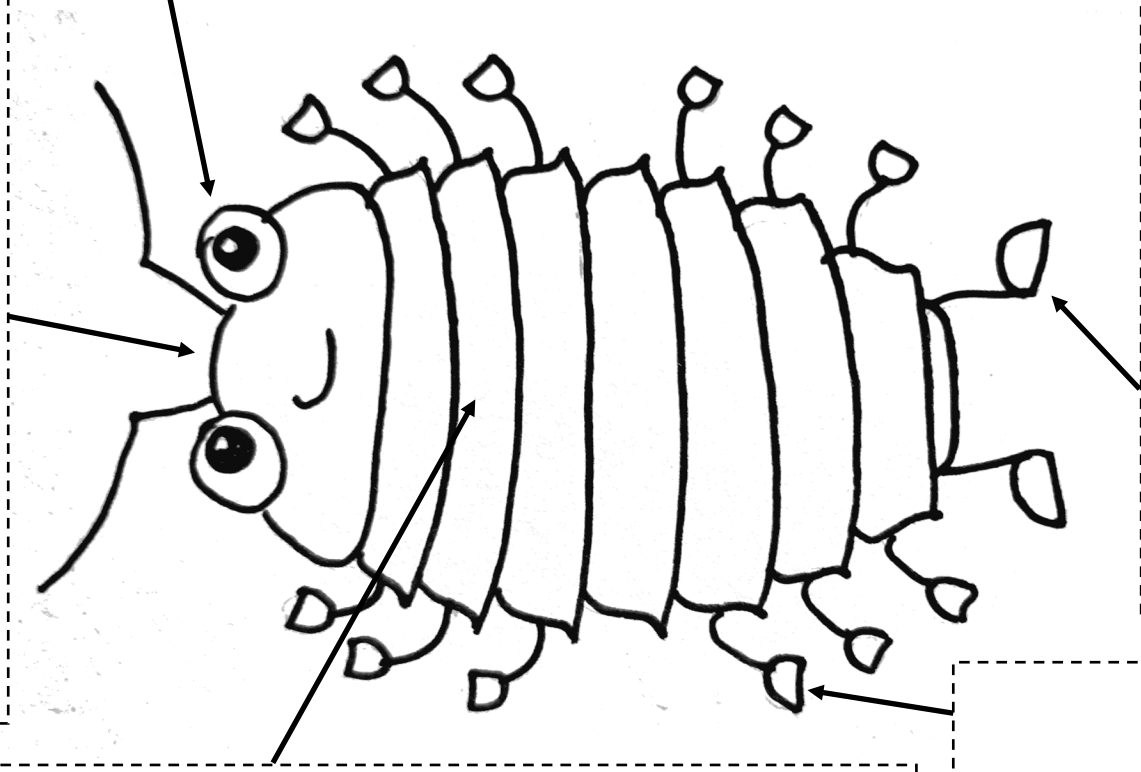
I praise you because I am
fearfully and wonderfully
made; your works are
wonderful. Psalm 139:14

Five Ways to Wellbeing

Connect

Keep Learning

Take notice



Give

Be active

Tot down, draw or write a prayer for each one of these 5 ways to wellbeing. It's all about you!

Prayer: "Thank you God that each one of us is loved and valued. Thank you that you gave us bodies that enjoy being active, brains that have capacity to learn lots of things, hands able to give, eyes to notice new things and hearts to connect with others and with You. I am wonderfully made and I praise You for every detail that makes me unique - one of a kind."