

Scotforth St Paul's Primary and Nursery School Scotforth Road Lancaster LA1 4SE

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23.3.20

Dear Parents,

Local schools have received the following advice from an NHS anaesthetist, in terms of school staff ensuring they are both protecting themselves and preventing the spread of Covid-19:

"Latest evidence shows that you are less likely to catch the virus from a child coughing but more from things they touch. Children are likely to be entirely asymptomatic. So unfortunately the virus is likely to be all over surfaces. It can also live on skin/hair/clothes. Those with long hair - Tie it up. Think about taking off rings/ other jewellery.

If you are working in school, as soon as you get in, have a black bin liner ready just inside the front door or back door and ensure your washing machine door is open. People can help you get this ready but should stay away during the procedure. Take off your clothes and place them all inside the bin liner. Take the bin liner straight to your washing machine. Scrunch the clothes into a ball. Do not touch ANY part of washing machine – the door should already be open. Carefully place your clothes inside the washing machine, making sure you do not touch the sides.

Go straight to the shower. Do not touch door handles and if you have to, ensure they are wiped down after. Wash your body and HAIR thoroughly with soap/shampoo/shower gel.

You should now be virus free. You can go and shut the washing machine door and put it on.

Cell membranes of this virus are weak so all it takes is soap and water to kill it."

With this advice in mind, and for the protection of everyone in our school community, please could we ask that any child continuing to attend school in the coming days wears a clean set of clothes each day and undertakes a similar cleansing routine at the end of the school day.

Thank you for your support and co-operation,

Alison Aylott

Headteacher









