



Scotforth St Paul's C of E Primary & Nursery School

"Let faith be your shield"

Newsletter No 8 Friday 2nd November 2018

Year 6

If your child has not yet brought in their permission slip and money for Clitheroe Castle, please do so as soon as possible otherwise they will not be able to go on Friday. Many thanks.

Flu Vaccinations

The School Nurse Team will be visiting school on Tuesday, 20th November to give flu vaccinations to all the children who brought back the permission forms. If anything has changed since then, please let us know.

Poppy Appeal

Poppies are available to buy in school. A suggested donation for a standard poppy is 50p. Other items are available as last year, such as wrist bands and reflectors ranging from 50p to £1.

FOSSY Events

Doughnut Sale - a total of £122.86 was raised from the sale of doughnuts and donations from the sale of the left over fruit from the 'Healthy Eating' afternoon.

Quiz Night - many thanks to FOSSY for arranging this, a good time was had by all.

Non-Uniform Day Friday 9th November - unwanted gifts, toiletries, mugs, candles, toys, chocolate etc... for our secret present room.

Tea Towels - please check your child's bag tonight for an order form for the School Towel.

'Design A Star' Competition—This year we are running a 'Design a Star' competition for the top of the school Christmas tree. Next week all children will receive a star template. To enter the children will need to return their entries with a £1 donation by 16th November. All proceeds will go to School. Best of luck.

Mid-Term Progress Reviews

You should have received these at the end of last term, if not please contact the office. Reception children have been given these today—please check bags.

MISSION STATEMENT

We seek to follow the example and teaching of Jesus by:

- ensuring every member of the school is valued and cared for as a member of God's family;
- providing the best education possible so that all pupils are enabled to reach their full potential in every aspect of life.



Scotforth Superstars



Name	Nominated by	Nominated for
Reuben Mason Henry Bowers	Mrs Browne	Excellent contributions to class discussion about Guy Fawkes
Lucy Rowbotham Tharlia Barker-Smith	Mrs Browne	Impressive shape poem about fireworks
Alfie Brighthouse Elijah Long Elijah Grimwood Grace Aspinall Monty McKenna	Mrs Boyle	Writing super bonfire safety instructions
Elize Babic Jake Honeysett Felicity Taylor	Mrs Belshire & Mrs Mayor	Excellent problem solving in maths

Kitchen Trophy

"For good manners at lunchtime."

Congratulations to Joshua Scamman. Well Done.

Awards will be presented during our celebration assembly on Friday, 9th November at 2.45pm

All welcome.

Celebration Topics for this term:

9th November Class	30th November Uniform/Arts
16th November Sports	7th December Class
23rd November Class	15th December Sports

All welcome!

Olive Branch

The Olive Branch is collecting Chocolate Advent Calendars to give to families who are using the food bank in the lead up to Christmas. If you feel able to buy an extra one please bring to the school office by Friday 23rd November. Any other sweet/chocolate treats would also be much appreciated. Many thanks.

Year 1

Please could you send in any SMALL cardboard boxes for their creative area. Many thanks.

Dinner Money

As previously mentioned, this should be paid in advance. At the beginning of term every child was given a letter outlining the new School policy. If you become 2 weeks in arrears (£23.00), you will be asked to provide a packed lunch. Unfortunately a number of parents are approaching this limit, and we don't want to have to nag! Thanks.

Dinners cost £2.30 daily.

Clubs

Monday - Football Y3,4,5 & 6 3.15—4.15pm

Tuesday - Football Y1 & 2 3.15-4.15pm

Athletics Y5/6 12.30-1pm

Basketball Y3/4 3.15-4.15pm

Wednesday - Sportz4All 3.10-4.10pm

Thursday - Karate 3.30-5.30pm

Basketball

There are a few spaces left to attend the club. Whoever has given a slip has been given a place.

Athletics

We will continue the Indoor Athletics Club on Tuesday lunchtimes. The first competition is on Friday 16th November. I have allocated a team but whoever comes to the club will represent the school at some point.

Red Team

Red Team had the most house points last half-term and enjoyed their treat of hot chocolate and marshmallows yesterday.

Primary & Secondary School Places 2018/19

For Lancashire resident families who require a primary or secondary place in September 2019 please visit Lancashire's online system at: www.lancashire.gov.uk/schools. Closing date for applications is Secondary 31st October 2018 and Primary 15th January 2019.

Diary Dates

Sat 10th Nov	Liverpool 1 Shopping Trip
Weds 14th Nov	NSPCC assembly
Fri 16th Nov	Children in Need (details to follow)
Thurs 22nd Nov	FOSSY Children's Film Night
Thurs 29th—13 Dec	Book Fair
Fri 30th Nov	FOSSY Mini Market
Weds 5th Dec	5.30 –8pm Parents Consultation
Thurs 6th Dec	2-4.30pm Parents Consultation (details to follow for both)
Fri 7th Dec	'Elfridges' Secret Shopping Event
Thurs 13th Dec	1.30pm Xmas Presentation Dress rehearsal FOSSY Santa and Snow Disco
Mon 17th Dec	KS1 Nativity 6.30pm
Tues 18th Dec	KS1 Nativity 6.30pm
Weds 19th Dec	Christmas Lunch
Fri 21st Dec	Assembly in Church 1.45pm School Closes
Mon 7th Jan 2019	School re-opens 8.55 am

House/Sports Captains

These have now been chosen and are as follows:

Blue Team	Captain	Ribhu Bannerjee
	Vice Captain	Emily Rowbotham
	Sports	Adigonie Latham
Green Team	Captain	Alexis Lea Parker
	Vice Captain	Lorenzo Sawyer
	Sports	Jamie Goulding
Red Team	Captain	Toby Scamman
	Vice Captain	Stas Shtarbanov
	Sports	Oliver Ball
Yellow Team	Captain	Chloe Gardner
	Vice Captain	Jasmine Atkinson
	Sports	Rose English
Prefect KS1	Lucy Berry	
Prefect KS2	Kelsey-Jo Kennan	

Congratulations to you all!!



24.10.2018

Dear Head Teacher,

I am writing on behalf of the trustees and volunteers of the Olive Branch to say a big Thank You to everyone at Scotforth St Paul's C of E Primary School for the kind donation from your harvest collection.

Towards Christmas we often experience a greater demand on the food bank so we appreciate your help in maintaining our food stores. Over the last 12 months we had almost 3000 visits from people seeking help at The Olive Branch either for food, homelessness, help with debt, addictions or simply coming in for a brew and fellowship. Over 2200 food parcels have been given out to families and individuals and 508 of those parcels were given to refugees and asylum seekers.

I am including a certificate which you may wish to display. Again many thanks for all your support at harvest time and your faithfulness throughout the year.

Yours sincerely,

Kath Willis and Kerry Stephens
Project Manager and Assistant Project Manager

Welcome to the 1,022 schools in the North-West region that we will be starting deliveries to this half-term.

Despite the colder weather in November and December, there are still a lot of fruit and vegetables around, such as UK grown carrots, apples and pears. We do not supply Brussel Sprouts on the School Fruit and Vegetable Scheme, but all children will be relieved they will be in plentiful supply around Christmas time.

Consumption Calendar.

W/C	29-Oct-18	05-Nov-18	12-Nov-18	19-Nov-18	26-Nov-18	03-Dec-18	10-Dec-18	17-Dec-18
Mon	Raisins	Pear	Pear	Pear	Pear	Pear	Pear	Pear
Tue	Easy Peel	Apple	Apple	Apple	Apple	Apple	Apple	Apple
Wed	Apple	Easy Peel	Easy Peel	Easy Peel	Easy Peel	Easy Peel	Easy Peel	Easy Peel
Thu	Pear	Banana	Banana	Banana	Banana	Banana	Banana	Apple
Fri	Carrot	Carrot	Carrot	Carrot	Carrot	Carrot	Carrot	Carrot

The calendar may be subject to change, depending on availability and prevailing quality.

Get Involved!

Christmas is a time of feasting and celebration. It can be very tempting to eat lots of sweet treats, but it is important, to remember to still eat your fruit and vegetables! If you have any pictures of healthy festive fruit or vegetable dishes that you have made that you would like to share please send them into clare.colquhoun@mww.co.uk. Don't forget to ask for permission. If we publish your picture we will send seeds for your class to grow their own fruit and vegetables.



During Diwali, the Hindu Festival of Lights, people will give each other gifts. Sometimes the gifts would be gifts of dried fruit.

A big thank you to the Horticulture class at GANF Sandon School in Grantham and Nikol from King's Hedges Primary in Cambridge for sending in pictures of what you have grown. We will be sending you seeds to help you carry on your good work. You are an inspiration!



Dates for this half-term

Bonfire Night 5th November
 Diwali 7th November
 Anti Bullying Week 12th to 16th November
 Saint Andrew's Day 30th November
 First Sunday in Advent 2nd December
 Hannukah 2nd to 10th December
 St Nicholas's Day 6th December
 Christmas 25th December
 Boxing Day / St Stephen's Day 26th December
 New Year's Eve 31st December

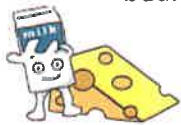
Keeping Healthy: Information to share with Key Stage 1 Children

To stay healthy you need to eat some of these foods every day.



1. Eat at least 5 different portions of fruit and vegetable each day. A portion is how much you can fit in your hand. Fruit and vegetables give you vitamins, minerals and fibre.

2. Protein Foods. Protein helps your body to grow and to repair itself when you are injured or ill. You can find protein in meat, fish, eggs, beans and pulses. These foods also have vitamins and minerals.



3. Dairy Foods. Dairy foods are milk, cheese and yoghurts. They contain protein and calcium, which helps your bones and teeth to stay strong.

4. Starchy foods. You need starchy foods to give you energy. These are foods like bread, potatoes, rice, cereal and pasta.



5. Drinks. The best drinks are plain milk and water. They do not have any added sugar and stop you feeling thirsty.

Nb All information is taken from the NHS Eatwell Website

Can you unscramble these words to find the fruit or vegetable?*

1. pelap _ _ _ _ _

5. parge _ _ _ _ _

2. anbaan _ _ _ _ _

6. locbrcoi _ _ _ _ _

3. omatot _ _ _ _ _

7. hardis _ _ _ _ _

4. tacror _ _ _ _ _

8. umbrecuc _ _ _ _ _



Competition time Make up your own healthy menu for a day, choosing a mixture of the different food groups. Try to avoid foods that are high in fat, salt and sugar. Send entries by post to kidsfruit, Altitude, 206 Deykin Avenue, Witton, Birmingham, B6 7BH or scan them and send them to sfvs.sthelens@mww.co.uk. Winning entries will receive seeds for their class to grow their own vegetables.

What to do in the garden now:

Plant out new fruit trees and bushes if the ground isn't too wet or frosty.

Prepare for the spring by weeding your fruit and vegetable garden and digging in compost or manure.

The answers to last issue's competition were squashes or pumpkins and broccoli. Thank you to all of you who took the time to enter. Congratulations go to Shears Green Infant School in Gravesend who gave us both correct answers.



Friends of Dorrington Woods and Play Park

Minutes of meeting on Friday 19th October 2018

Present: Sharon McCulloch, Hilary Smith, Abi Mills

Apologies: Sue and Gary Bradshaw

1. The council have repaired the main steps in the woods, using cement provided by us. We have written to them to thank them for this, and to ask them if they can also repair the steps going down from Chatsworth Road into the woods, if we provide materials
2. We have some timber left over from when we boarded the paths. Hilary will order more, plus more stone so we can finish off edging the lower path and hopefully so that the council can do the Chatsworth road steps. The next work day to finish the paths is scheduled for **10 am Saturday 1 December**. For those who don't want to do boarding work, we'll also need people to sweep leaves off the paths, make tea, etc. Abi will do posters by 17th Nov. Sharon will post on Facebook / send emails.
3. Two noticeboards and four 'pick up the dog poo' signs are being made and should appear in the woods soon. Hilary will inform Helen Ryan at the council of their exact locations. We aim to place them at spots where people enter the woods.
4. The owner of the house at the top of the Chatsworth Road steps has given us permission to trim the leylandii at the back of his house, and weave the cuttings into the hedge to make it look a little more attractive. Hilary to check with the council first re planning permissions (since the hedge was a planning requirement in the first place).
5. We will have a little money left over from the Wind Turbine grant, so Hilary will ask Neil at the council if we can pay a tree surgeon to do a little coppicing and cutting back of larger overhanging branches.
6. We were successful in our bid for the "woods for wildlife" grant from Lancaster Council, to buy bird and bat boxes, nails, gloves, and a first aid kit. Hilary will order these materials and we will invite kids and local people to decorate the bird boxes. We'll run a 'tree trail' so they can identify appropriate trees in which to place the boxes. We'll also invite participating children to write a short story about it. This is planned for **Saturday 16th Feb 2019**, to coincide with Nest Box Week (14-21 Feb). We'll put up posters and advertise it nearer the time, but you may want to put the date in your diary. Sharon has registered the group with the British Trust for Ornithology to get materials about Nest Box Week.
7. Our next AGM will be on **Thursday 15 November at 19.00**, at 188 Dorrington Road. Sharon will send an email/post on Facebook.

Talk
ON
The history of
Ripley School

BY
David Bateman

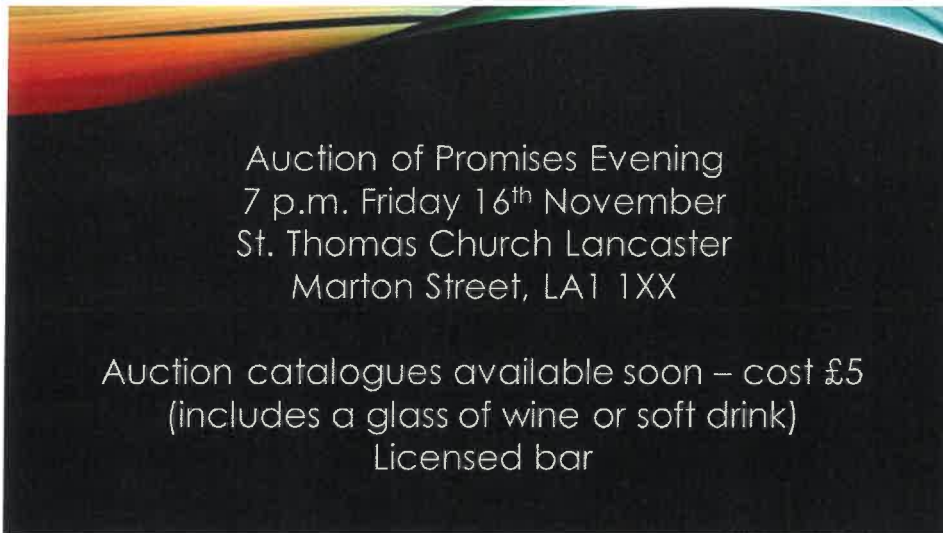


At
**St. Paul's Church, Scotforth,
Lancaster LA1 4ST**

On
THURSDAY November 8th 7.30pm

In Aid Of
The Church Roof Appeal

St Thomas Church Lancaster is hosting an Auction of Promises to raise funds for the 'Heart of the City Project'. [Check out the Heart of the City webpage](#) for more information about this project.



For more information on how to get tickets please email hotc@st.tees.org.uk

Over 100 auction lots including:

- Catering for a children's party including a celebration cake for up to 20 children
- An opportunity to drive a Sinclair C5 and a Reliant Rialto
- Woodwork-spoon whittling session
- Learn to make Indian bhaji from scratch
- Antique oil lamp retro fitted as touch sensitive electric lamp
- A cake a month for a year
- Chas Jacobs print personalised for this auction
- Cahoots acoustic/folk gig
- Car service and MOT with DA France Motors
- Wreath making class with Hanging Basket on 7th December
- A 6 inch round, iced Christmas cake
- Star-gazing - a beginner's astronomy session using a telescope and binoculars to gaze at the moon, stars, and planets
- Back massage donated by Beauty 154
- Cut and blow dry donated by Jo and Cass Lancaster
- Sweet hamper donated by the Sweet Emporium Lancaster
- Shea premium collection gift box by The Body Shop
- Opportunity to ride in a coracle
- A flower arrangement for Christmas or a special occasion
- Afternoon tea for four in Garstang
- Guided walk for four people - lunch and transport included
- ... and many more!