

PSHE/RSE intent, vision and drivers

At Scotforth St Paul's CE Primary and Nursery School, our vision flows through everything we do because we want the very best for all of our children. We provide a broad and balanced curriculum that is inclusive and accessible to all, with a clear progression so that children can build on previous learning and make links to help them develop key skills and knowledge.

Intent for PSHE and Relationships Education

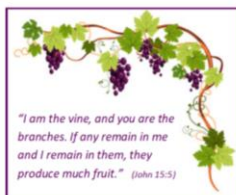
Within PSHE we seek to build on the statutory guidance on: drug education, financial education, relationship and sex education (RSE) and the importance of physical activity and diet for a healthy lifestyle. Our PSHE programme reflects the needs of our pupils and aims to equip them with a sound understanding of risk, and with the knowledge and skills necessary to make safe and informed decisions. We draw on advice and good practice from professional organisations so that what we teach in the classroom will help our pupils foster lifelong values. Our aim is to give them the skills they need to deal with issues they face every day such as friendships, emotional wellbeing and change. We want to give them a solid foundation for whatever challenges lie ahead, so they can face a world full of uncertainty with confidence and hope.

Scotforth St Paul's CE Primary and Nursery School Vision



Learning, growing and caring as part of God's family.

Jesus (the gardener) nourishes and tends us as we learn and grow, so that we can all flourish. As a vine, we are one, but all unique and special to Him. We care for each other, as God cares for us.



Our vision helps us see that whatever subject we are studying, we can **learn** new skills and knowledge, **grow** as a well rounded person and **care** for ourselves, others and the world, as part of God's family.

Learning in PSHE and Relationships	Growing in PSHE and Relationships	Caring in PSHE and Relationships
A child's emotional health and wellbeing has a huge impact on their ability to learn. By creating a safe environment to discuss topics we learn together about relationships, differences, keeping safe, being responsible, staying healthy and how we change as we grow.	As our pupils progress through school, the world they have to negotiate expands. Through discussion and exploration they acquire the skills to deal with new and challenging issues they may encounter. Effective social and emotional skills are associated with greater health and wellbeing, and better achievement.	Reflection on how we behave towards ourselves, each other and the world around us is an integral part of PSHE. The sense of belonging within our class and school creates a respectful and safe environment that promotes caring and respect.

When revising our curriculum and making it the best possible for the children at Scotforth St Paul's, we identified certain drivers: resilience, independence, local heritage and the wider society. Below are examples of how these can be focused on within PSHE and Relationships.

Resilience	Independence	Local Heritage	Wider World
Discussions and activities undertaken are designed to help to develop our pupils' resilience and wellbeing by giving them skills and strategies that they can carry with them throughout their lives.	Our pupils are encouraged to take personal responsibility and to think independently in order to make safe and informed decisions. As they progress through school, we talk a lot about peer pressure and risk taking and the importance of being able to have the confidence to make our own choices.	We support local charities and think about those that may be having a difficult time financially, emotionally or health wise. Our children are encouraged to give not just money but also their time to others.	Our pupils are encouraged to think about the consequences of their actions not just on an interpersonal level but also our environmental impact on the wider world.