

#### **MISSION STATEMENT**

We learn, grow and care in God's family

#### Newsletter No 17 Friday 17th January 2020

#### **Important Information**

Please ensure you read the first 2 attached letters from Mrs Aylott.

#### **Peace Prom**

Don't forget to be at school by 8.50 a.m. for a prompt departure at 9 a.m.—the coach will leave without you!!

#### **School Absence**

If your child is ill, please remember to call school before 9.30am. If your call is not answered immediately, please try again later.

#### School Lunches

Many thanks to those parents who pay in advance for school lunches, however please can we remind parents that school lunches must be paid for in advance to avoid building up arrears and are £2.30 per day/£11.50 per week.

#### Y5 Lockerbie Trip

Balances for the Lockerbie trip must be paid by Friday, 26th June 2020 at the very latest. You can pay a small amount at any time or the full balance and payments can be made in cash, cheque (payable to Scotforth School Fund) or by using Scopay. Many thanks.

#### **Scratch Club**

Oliver (Y6) is holding a new club for computer coding. Please see the attached letter for full details.

#### **Online Safety**

Please see the attached information leaflet in the series about online safety. Please take time to look through these with your child.

#### **Lost Property**

All lost property has now been disposed of and the box is empty please try to keep it that way by clearly naming your child's uniform, property and anything else they may bring into school in order that it can be returned.

#### St John's Hospice

You may not all be aware, but this year we are supporting St John's Hospice as our chosen charity. Those of you who came to the Nativity and Christmas Fair will have seen, and no doubt contributed, to the charity buckets we had.

To raise more funds for them we will be offering, for a donation, any left over fruit at the end of the school day.

#### Clubs

Football: Mon 6th Jan - 10th Feb 3.15-4.15pm

Yrs 3,4,5 & 6

Athletics: Tues 7th Jan-11th Feb 3.15-4.15pm (limited

spaces)

Fashion Mondays 3.15-4.15pm

Club: Yrs 5 & 6—places still available.

Art Club: Tues 3.10-4.10pm Sportz 4 All: Weds 3.10-4.10pm Karate: Thur 3.30-5.30 pm



# Scotforth Superstars



Name	Nominated by	Nominated for
William Bush Max Brown Alfie Ackerley Peter Georgiev	Mrs Belshire	Excellent effort learning spellings
Jamie Marshall Rebecca Henderson	Miss Huddleston	Excellent contribution in maths lessons on fractions
Violet Blondell Rahama Ahmed Riley Thomas	Miss Huddleston & Mrs Redmayne	Great improvement in spellings
Mmesomachuku Ogwo Courtney Park	Miss Huddleston & Mrs Redmayne	Excellent spellings
Jonathan Gibson Annie McLoughlin	Mrs Redmayne	Really good under- standing of the passive voice
Lloyd Elliott Luke Jones Grace Aspinall	Mrs Cross	Writing an excellent alternative story of 'The Three Billy Goats Gruff'
Ronan Westworth	Mrs Dowson	Excellent work in reflection & translation in maths
George English	Mrs Dowson	Brilliant fronted adverbial work
Savannah Bowers	Mrs Browne	Fantastic sounding out in her super hero booklet
Sienna Morgan	Mrs Browne	A super rainbow shield

#### **Kitchen Trophy**

"For good manners at lunchtime."

Congratulations to Kyle Butcher, Y4. Well Done.

Awards will be presented during our celebration assembly on Friday, 24th January at 2.45p.m.

#### Celebration Topics for this term:

24th Jan Class 14th Feb Sport

31st Jan Uniform/Arts 28th Feb Class

7th Feb Class 6th Mar Uniform/Arts

#### Friends of Dorrington Wood

It is the RSPB Big Birdwatch on **Sunday, 25th January.** The plan is to meet at **10.00 am** at the play park to spot and count birds. We might re-fill feeders and clean bird boxes as well as count the birds we see. Looking forward to seeing you there. Sharon (on behalf of FODWPP).

#### Lost

A parent has asked if anyone has found a navy blue coat belt with a strip of brown leather with the word 'Mayoral' printed on it. If so, please could you hand it in at the office. Many thanks.

## Scotforth Play Schemes (After School Club)

Message from Marie to all parents;

# Register Your Children Now if you use Breakfast, After School & Holiday Play Schemes

Families who use Breakfast, After School & Holiday club have to register their children on a new booking and payment system to continue to use the services. Bookings are now open for February Holiday Club and all fixed Breakfast & After School club booking will need to be booked before the end of this half term.

Parents who use the services on an ad-hock basis (booking varied sessions) also have to register their children and are advised to pay money into a wallet using childcare voucher, tax free childcare or bank transfer so that bookings can instantly be made and paid for. The drop-in service will no longer operate, however parents will be able to book up to an hour before the session starts depending on availability. There is also a handy app which currently costs 99p but will be free by the end of January.

All current users have been sent letters through the post (to arrive shortly) with detailed instructions regarding making bookings & payments.

The link will be available within the letter, please read the letter thoroughly, before registering and/or booking your childcare. Marie is available to answer questions onsite during after school club or via email: admin@scotforthplayschemes.co.uk or Tel: 07796569719



Scotforth St Paul's Primary and Nursery School Scotforth Road

Lancaster LA1 4SE

Tel: 01524 65379

Head Teacher: Mrs A. Aylott e-mail: head@scotforth-st-pauls.lancs.sch.uk website: www.scotforth-st-pauls.lancs.sch.uk

17.1.20

Dear Parents,

Earlier this week I sent an email to a small number of specific parents, in a particular year group, regarding a minor incident, which related to their child. I have become aware that this communication has been shared more widely, and so would like to reassure any parent who did not receive a direct email from myself, that their children were not involved in the incident to which the email related. Additionally, the matter in question was dealt with robustly.

As always, if you have any queries or concerns, please do not hesitate to come in and speak to me. Thank you

Yours sincerely,

A AY LOOK

Mrs A. Aylott Head teacher / NLE













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Tel: 01524 65379

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17.1.20

Dear Parents.

It is with great sadness that I write to inform you that the Father of one of our Y4 pupils, Verity, died very suddenly a few days ago. We are very sorry for her loss and are sure you will join with us in expressing sincere condolences to Verity, her Mum, sister and brother as well as the extended family. We hold the family in our prayers.

Yours sincerely,

Atrophoto

Mrs A. Aylott Head teacher / NLE













Scotforth St Paul's Primary and Nursery School Scotforth Road Lancaster

LA1 4SE

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17<sup>th</sup> January 2020

I am opening a Scratch Club after school on Tuesdays for Years 4-6. If you want to get into coding or can already code and just want to make something on Scratch, this is the club for you!

It will start on Tuesday 28<sup>th</sup> January, running from 3:10 to 4:15pm each week in the ICT suite, until Easter. An adult will always be present to supervise the club.

It will be completely free, so there is no need to bring any form of payment;).

See you there,

Oliver Robson (Year 6 pupil)

P.S. There are only 10 places, so tell me that you want to come as fast as possible – it is a <u>first come is first served</u> system.

Scratch Club	
I/we give Club on Tuesdays after school in the ICT suite.	(Year) permission to attend Scratch
Signed	(parent/guardian)











# Balancing screen time

internet matters.org

Top tips to support children aged 7-11 (Key stage 2)

Typically at this age children will start to be more active online so it's important to equip them with the tools to strike a healthy balance between the time they spend on and offline, especially as they start to get their own devices.

How are children using screens?

35% own a

smartphone

93%

are online almost

13.5 hours a week

74%

play games online for nearly **10 hours a week** 

Source: Ofcom Children and Parents Media use and attitudes report 2018 Nearly 8 out of 10

of 8- 11s use YouTube to watch cartoons, funny videos and music videos

## What parents tell us

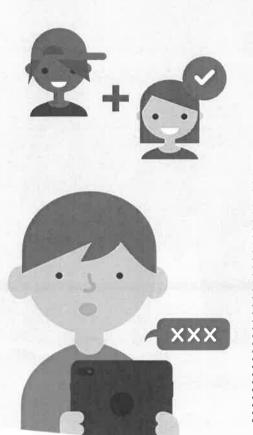
Screens are good for creativity

Nearly 7 out of 10 parents believe that using devices gives children another way of being creative for example a child who enjoys dancing, sharing a new routine online with family and friends

Screens' impact on physical wellbeing

Nearly half of parents in the UK are worried their children are spending too much time online – with the majority believing it is causing their kids to lead a sedentary lifestyle lacking in physical exercise.

## What are the benefits and challenges of screen use?



#### Screen time benefits

- Screen use provides a range of opportunities for creativity and learning – 70% of parents strongly agree that using devices is essential for their child's development Source: Internet Matters Look both ways report.
- Screens can be a great tool to allow children to maintain relationships with family and friends.
- Screens can provide much needed down-time at the end of the school day.

#### Screen time challenges

- Peer pressure from friends to stay online and the way certain platforms are developed to keep users engaged can make it harder for children to switch off.
- As children get more active online there is an increased risk that they might stumble across inappropriate content that can have a negative impact on their digital wellbeing.
- Long periods of passive screen time (i.e bingeing on box sets)
   could have a physical effect on their development
   (i.e. eyes, brain), sleep cycle and behaviour.

## 5 top tips to balance screen time





#### Create screen time rules together

To help them stick to digital boundaries get them involved in the process of setting simple rules on how they should use screens in and out of the home.

Giving them reasons why it's important to prioritise sleep, homework and family time can help them make smarter choices about when and how they should switch off screens.

Make sure to model the behaviour that you'd like to see in them – children tend to do what you do, not necessarily what you say.



# Take an active role in their digital life

Get engaged and stay engaged in their digital life as they grow. The more you get involved and understand the things your children do online, the easier it is to gain their respect and influence what they do in their digital world.

Making screens part of family time, like a movie or an online games night is one way to make it more inclusive and engaging.

Also, encouraging them to have a healthy mix of screen activities that encourage creativity, learning & education, connecting with family & friends, as well as using devices for downtime is important.



# Equip them with know-how to manage risks online

As children become more active online, have regular conversations with them about ways to deal with a range of risks that they may be exposed to such as seeing inappropriate content or being cyberbullied.

Make sure they know when and where to seek help if they need it and what tools they can use to deal with it.





## February Half Term Playscheme

There will be a half term holiday playscheme running at Scotforth St Paul's School, Lancaster (LA1 4SE) from 17th to 21st February

Open 8.00am - 6.00pm, providing Full & Half Day Care for children aged 3 -12 Yrs

Nursery, Primary & Year 7 High School
Full Day:£22.00, £2.50 extra for breakfast
Half Day £12.50 per child, Nursery fees apply or funded free

### Themed activity days Include:

Mon 17th - Swap Plastic, Re-use, what can we make & do

Tues 18th - World Kindness Day & Charity Stall

Wed 19th- Spring Arts & Crafts, Cookies & Cakes

Thu 20th - Mindfulness Activities, Crafts & Yoga

Fri 21st - Team Building Games & Cinema Experience
With Ice-Cream & Treats

**Book Now Online** 

hhtps://scotforthplayschemes.schoolipal.co.uk www.scotforthplayschemes.co.uk, Enquiries: 07796569719 or

email:admin@scotforthplayschemes.co.uk