



### Helping the Homeless

Thank you to everyone who has contributed this week to the appeal. There is a box in the office reception area where items can be left and will be there for several weeks.

#### Items for the care package

Tooth paste/ Brush	Deodorant (roll on)
Socks/Gloves/Hat/Scarf	Face flannel
Hairbrush/comb	Hand gel
Soap	Face wipes (baby wipes)
Sanitary products	Plasters
Lip balm/Vaseline	Packets of tissues
Tinned food/biscuits/crackers/Granola bars	

on a Tuesday) this is also attached to the newsletter.

### Scholastic Books

A new magazine has been sent out this week. Did you know that as well as ordering through school you can also order online using the Scholastic web link:

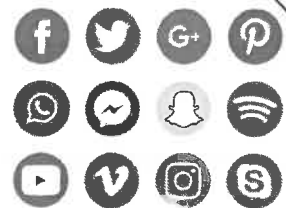
<http://schools.scholastic.co.uk/scotforth-st-pauls-cep>.

There are some great offers at the moment and you can also look at the latest books starting at only £1.99. This is a great way to help earn free books for school and you get free delivery to school. If you are wanting to place an order online or with school, please can you do so by March 16th. Thank you.

# SHARE WITH CARE

catch  
22

Social Media is all about sharing. While it's a great way to keep in touch with friends and family, these platforms can cause problems. We've all seen people get into trouble because of dodgy tweets, an unwise video or an inappropriate picture- but by following these simple tips you can ensure you're using social media safely.



## PHOTOS

Take care when you share photos! There are laws governing the sharing of images. You can find image sharing guidance for young people on the government's website.

## PEOPLE

Remember that not everyone is who they say they are- so don't accept or send friend requests for people you don't actually know! Never meet up with someone you have only met online. Discuss it with friends and family to decide together on the best course of action.

## PRIVACY

Check your privacy settings are high. Make sure only friends and family have access to your profile. Keep the personal chat personal! Use direct messaging rather than public posts.

## POSTS

Share with care. Pause for thought before you post anything. Could it offend or upset anyone? Would you be happy for someone you respect to read it? Remember that once you put something out there, you are not in control of it any more. Even if you remove it yourself, it could have been shared many times by other people.

## PERSONAL INFO

Give away as little personal information as possible across your accounts. The more information you put out there, the more vulnerable you are to identity theft or approaches from potential fraudsters or abusers. Don't share your phone number, school details or home address. Think about using a nickname for your accounts, if you don't already.

If you see something online that makes you feel uncomfortable or scared, tell a trusted adult immediately. You can also report your concerns to Child Exploitation and Online Protection command (CEOP) or talk to Childline. You can find out more at: [www.saferinternet.org.uk](http://www.saferinternet.org.uk)

[www.catch-22.org.uk](http://www.catch-22.org.uk)

# SUPER SATURDAY

ATTENTION ALL! WE ARE HAVING A SUPER SATURDAY FOR ONE DAY ONLY!

ON SATURDAY 7<sup>TH</sup> MARCH, WE WILL BE GIVING OUR CUSTOMERS A HUGE 10% OFF THEIR TOTAL SPEND. THIS IS NOT JUST ON CERTAIN ITEMS; THIS IS FROM SCHOOLWEAR TO WORKWEAR, FROM SPORTSWEAR TO ACCESSORIES. WE HAVE GOT YOU COVERED. (Sale items not included)

TELL BOTH YOUR FAMILY & FRIENDS; WE CAN'T WAIT TO SEE YOU ALL!

**UNIFORM & LEISUREWEAR LANCASTER**  
**15 Common Garden Street, LA1 1XD 9AM-5PM**



# JUNIOR BAKE OFF



...IS LOOKING FOR THE UK'S  
BEST YOUNG BAKERS  
AGED 9 - 15



[WWW.APPLYFORJUNIORBAKEOFF.CO.UK](http://WWW.APPLYFORJUNIORBAKEOFF.CO.UK)

**APPLICATIONS CLOSE  
SUNDAY 5th APRIL 2020**

Enquiries:

[applyforjuniorbakeoff@loveproductions.co.uk](mailto:applyforjuniorbakeoff@loveproductions.co.uk)





# Mothering Sunday Service

9.45am - St Paul's Church

11.15am - St Paul's, Hala Centre



22nd March



**LENT**

SEASON OF PREPARATION

ST PAUL'S CHURCH, SCOTFORTH

## **LENTEN EVENING SERVICES AT 6.30PM**

**1st March - Evensong**

**8th March - Iona Style Communion**

**15th March - Taize Style Prayer Service**

**22nd March - Open Table Communion**

**29th March - Iona Service for Peace & Justice**

**5th April - Holy Week through Readings & Songs**



Tue 7 July -  
Sat 22 August  
In Lancaster's  
Williamson Park

# Alice in Wonderland

Written and directed  
by Sarah Punshon



01524 598500  
dukeslancaster.org



the  
**Dukes**

**FAMILY FUN**  
SPRING/SUMMER 2020



#DISCOVERTHEDUKES



## THE DUKES SPRING WORD SEARCH

U	U	U	M	B	U	K	S	M	F	N	U	S	O	M
C	R	R	S	A	S	L	L	C	E	U	N	S	O	S
R	W	O	S	L	F	O	F	U	N	I	Y	F	I	S
R	C	W	S	B	F	T	I	L	S	M	B	Y	S	I
O	L	U	E	N	M	P	C	L	N	S	S	B	T	M
M	S	R	O	B	S	T	M	Y	S	U	S	O	U	E
S	F	Y	O	P	I	O	L	S	A	R	S	D	L	T
I	P	B	O	I	O	L	S	U	P	S	S	M	R	M
F	P	O	S	S	P	S	S	S	S	S	S	S	S	S
P	B	O	I	O	S	S	S	S	S	S	S	S	S	S
B	O	I	O	S	S	S	S	S	S	S	S	S	S	S
O	S	S	S	S	S	S	S	S	S	S	S	S	S	S
S	S	S	S	S	S	S	S	S	S	S	S	S	S	S
I	S	S	S	S	S	S	S	S	S	S	S	S	S	S

- PLAY
- DUCK
- STORY
- BALLET
- MUSIC
- MOOMINS
- MR BUMP
- PUSS IN BOOTS
- WOLF
- FUN



## WOLF!

FRI 21 FEBRUARY | 11.30AM & 1.30PM



Join us for an adventure and find out what happens when Jack cries WOLF!

With original music, puppetry and a tale you thought you knew... from the makers of The Three Bears, Kitchen Zoo.

## SARAH AND DUCK'S BIG TOP BIRTHDAY

FRI 13 MARCH | 4.30PM



The enchanting world of Sarah and Duck is brought to life, featuring the wonderful characters from the BAFTA award-winning CBeebies show.

Told through a fantastic blend of puppetry, storytelling and music.

## PUSS IN BOOTS

SAT 28 MARCH | 11AM & 1.30PM



With a host of puppets, a working windmill and an avalanche of fruit and nuts, come and see this classic furry tale - it's the cat's whiskers!

Brought to life by Patrick Lynch from Cbeebies.

## MR MEN & LITTLE MISS

FRI 10 & SAT 11 APRIL



Join your favourite Mr. Men and Little Miss characters as they leap off the page and onto the stage in this hilarious live show.

Featuring Mr. Bump, Little Miss Splendid, Mr. Tickle, and many more.

## LITTLE RED RIDING HOOD

FRI 17 APRIL | 12PM, 2PM, 4PM



Retelling the classic fairytale with a Northern Ballet twist, this is the perfect opportunity for your little ones to enjoy live ballet, music and theatre.

Northern Ballet's productions for children are not to be missed.

## COMEDY CLUB 4 KIDS

SAT 23 MAY | 1.30PM



Since 2005, the Comedy Club 4 Kids has been getting the best stand-ups and sketch acts from the international circuit to do their thing for an audience of children (aged 6+) and their families... but without the rude bits!

## ROALD DAHL AND THE IMAGINATION SEEKERS

FRI 1 & SAT 2 MAY



A theatrical and interactive experience, especially made for all the family to enjoy.

It's a thrilling story delivered through performance, games and creative play that explores Roald Dahl's extraordinary stories.

## MISCHIEF AND MYSTERY IN MOONVALLEY

SAT 30 MAY | 11.30AM, 1.30PM, 3.30PM



Magical puppetry, an ingenious pop-up book set & original music will delight young audiences and encourage them to immerse themselves in a unique, participatory story-telling. Expect snow, surprises and plenty of Moomin mischief.