

P.S.H.E. including Relationships Education 2021-22 Overview

We follow the Coram Life Education scheme of work, adapted to the requirements of our children. As the children progress through school, topics are revisited and developed further as appropriate to their age.

AGE PHASE	YEAR GROUP	AUTUMN		SPRING		SUMMER	
EYFS	Nursery	Me and my Relationships	Valuing difference	Keeping myself safe	Rights and responsibilities	Being my Best	Growing and Changing
	Reception	Me and my Relationships	Valuing difference	Keeping myself safe	Rights and responsibilities	Growing and Changing	Being my Best
KS1	1	Me and my Relationships Includes feelings/emotions/ Conflict resolution/ friendships	Valuing difference Includes British Values focus	Keeping myself safe Includes aspects of Relationship Education	Rights and responsibilities Includes money, living in the wider world/environment	Being my Best Includes keeping healthy/Growth Mindset/goal setting/achievement	Growing and Changing Includes RSE related issues
	2	Me and my Relationships Includes feelings/emotions/ Conflict resolution/ friendships	Valuing difference Includes British Values focus	Keeping myself safe Includes aspects of Relationship Education	Rights and responsibilities Includes money, living in the wider world/environment	Being my Best Includes keeping healthy/Growth Mindset/goal setting/achievement	Growing and Changing Includes RSE related issues
LKS2	3	Me and my Relationships Includes feelings/emotions/ Conflict resolution/ friendships	Valuing difference Includes British Values focus	Keeping myself safe Includes aspects of safe internet use, drugs and Relationship Education	Rights and responsibilities Includes money, living in the wider world/environment	Being my Best Includes keeping healthy/Growth Mindset/goal setting/achievement	Growing and Changing Includes RSE related issues
	4	Me and my Relationships Includes feelings/emotions/ Conflict resolution/ friendships	Valuing difference Includes British Values focus	Keeping myself safe Includes aspects of safe internet use, drugs and Relationship Education	Rights and responsibilities Includes money, living in the wider world/environment	Being my Best Includes keeping healthy/Growth Mindset/goal setting/achievement	Growing and Changing Includes RSE related issues
UKS2	5	Me and my Relationships Includes feelings/emotions/ Conflict resolution/ friendships	Valuing difference Includes British Values focus	Keeping myself safe Includes aspects of safe internet use, drugs and Relationship Education	Rights and responsibilities Includes money, living in the wider world/environment	Being my Best Includes keeping healthy/Growth Mindset/goal setting/achievement	Growing and Changing Includes RSE related issues
	6	Bounce Forward Provided by Lancashire Mind A programme that helps children to improve their resilience and well-being by giving children skills and strategies that they can carry with them throughout their lives.		Me and my Relationships Includes feelings/emotions/ Conflict resolution/ friendships	Keeping myself safe Includes aspects of safe internet use, drugs and Relationship Education	Valuing difference Includes British Values focus	Rights and responsibilities Includes money, living in the wider world/environment  Being my Best Includes keeping healthy/Growth Mindset/goal setting/achievement  Growing and Changing Includes RSE related issues