

## WEEK ONE

Week Beginning:  
4<sup>th</sup> November  
25<sup>th</sup> November  
16<sup>th</sup> December  
20<sup>th</sup> January  
10<sup>th</sup> February  
10<sup>th</sup> March  
31<sup>st</sup> March

### MONDAY

**NEW** Tomato & Vegetable Pasta

Mexican Fajitas with Rice

Vegetables of the Day

Blackberry and Apple Crumble with Custard

### TUESDAY

Cottage Pie with Gravy

**NEW** Creamy Chickpea and Coconut Curry with Rice

Vegetables of the Day

Melting Moment Biscuit

### WEDNESDAY

**CHICKEN SHACK**  
BBQ Chicken or Quorn with Diced Seasoned Potatoes & Sweetcorn Salsa

Vegetables of the Day

Fruit Platter

### THURSDAY

Meatballs in Tomato Sauce with Rice

**NEW** Cheese and Broccoli Pasta with Garlic Bread

Vegetables of the Day

Carrot and Courgette Cake

### FRIDAY

Salmon Fishfingers/ Tomatoes with Sauce

Mexican Bean Roll with Chips & Tomato Sauce

Vegetables of the Day

Chocolate Orange Cookie

## WEEK TWO

Week Beginning:  
11<sup>th</sup> November  
2<sup>nd</sup> December  
6<sup>th</sup> January  
27<sup>th</sup> January  
24<sup>th</sup> February  
17<sup>th</sup> March  
7<sup>th</sup> April

Classic Cheese and Tomato Pizza

Or Rainbow Pizza with Potato Wedges

Vegetables of the Day

Marble Sponge Cake with Custard

**NEW** Chicken Pasta Bake with Garlic Bread

Chinese Vegetable Curry with Rice

Vegetables of the Day

Jelly with Mandarins

Sausage and Mash with Gravy

Vegan Sausage and Mash with Gravy

Vegetables of the Day

Fruit Medley

Chicken Tikka Masala with Rice

**NEW** Mild Mexican Chili with Rice

Vegetables of the Day

Peach Cake

**NEW** Tuna Pasta Bake or Fishfingers with Chips & Tomato Sauce

Cheese and Tomato Quiche with Chips & Tomato Sauce

Vegetables of the Day

Oaty Cookie

## WEEK THREE

Week Beginning:  
18<sup>th</sup> November  
9<sup>th</sup> December  
13<sup>th</sup> January  
3<sup>rd</sup> February  
3<sup>rd</sup> March  
24<sup>th</sup> March

Macaroni Cheese

Plant Balls in Tomato Sauce with Rice

Vegetables of the Day

Chocolate and Beetroot Brownie



**NEW** Mild Caribbean Chicken with Rice and Peas

**NEW** Caribbean Butterbean Stew with Rice and Peas

Vegetables of the Day

Sticky Toffee Apple Crumble with Custard

Roast of the Day with Stuffing, Roast Potatoes and Gravy

Vegan Cottage Pie with Gravy

Vegetables of the Day

Fruit Salad

Spaghetti Bolognese

**NEW** Hot Pot Baked Bean Casserole

Vegetables of the Day

**NEW** Savoury Cheese Scone

Breaded Fish with Chips & Tomato Sauce

Cheese and Pepper Omelette with Chips & Tomato Sauce

Vegetables of the Day

Vanilla Shortbread

### MENU KEY

Added Plant Power

Wholmeal

Vegan

Available Daily: Fresh Bread – Salad Selection – Fresh Fruit and Yoghurt

#### ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.