



PE

Intent Implementation Impact

SEABRIDGE PRIMARY SCHOOL

INTENT: WHAT WE PLAN TO DO

Our aims for PE, School Sport and Physical Activity (PESSPA) are for our pupils to;

- Participate and develop physical competency in a wide range of physical activities that provide appropriate challenge with acceptable risk
- Build confidence and resilience to try hard and make progress across all activities
- Enjoy learning in and through the subject across the domains of physical skills, creative and thinking skills, and social, personal and leadership skills and be able to apply those skills across their wider learning and beyond school
- Be highly motivated and understand how to plan, organise and lead their own healthy, active lifestyles as well as influence those around them
- Develop their physical well-being through increased stamina, strength and suppleness, and recognise the positive impact on their emotional well-being and health from engaging in physical activity on a regular basis
- Be involved in learning about risk management, and their responsibility in this, for them to participate independently in physical activity in later life.

IMPLEMENTATION: HOW WE DO IT

All pupils at Seabridge are entitled to a progressive and comprehensive Physical Education programme that embraces current statutory orders of the National Curriculum.

Our curriculum will provide activities to promote a broad base of movement, knowledge and skills, placing pupils in cooperative, collaborative and competitive situations that aim to cater for the preferences, strengths and needs of every pupil. We will develop their creative and expressive abilities, and provide situations where pupils work independently, in pairs and in groups. They will be encouraged to appreciate the importance of having a healthy body and begin to understand the factors that affect health and well-being. Our curriculum embraces the statutory orders of the National Curriculum. It is inclusive and every pupil has equal access irrespective of their age, gender or ethnic background.

While retaining its unique contribution to a pupil's movement education, PESSPA has considerable potential to contribute to much wider areas of learning. It is considered important for PESSPA to be integrated into whole school planning for development.

IMPLEMENTATION: HOW WE DO IT

All pupils at Seabridge have access to all components of the National Curriculum Programme of Study including athletics, dance, games, gymnastics, outdoor and adventurous activities and swimming.

We provide all pupils with 2 hours per week of high-quality Physical Education - maximum teaching time has recently been boosted since pupils come to school in their PE kit on PE days which is an initiative we hope to retain.

PESSPA is never cancelled. The school values frequent PESSPA. In the event of weather conditions making it unsuitable to complete the planned activity, alternative arrangements are always made. This is nearly always an alternative physical activity but could sometimes include class-based activities around the planned activity (e.g. evaluating own and other's performances).

IMPACT: WHAT DOES IT LOOK LIKE

Through PESSPA, we believe that our children learn to develop the important qualities of discipline, resilience, communication, teamwork and ambition, leading to improved concentration, attitude, and attainment. This is continually monitored through ongoing teacher assessments supported by the previously mentioned documentation as well as an end of unit assessment. A combination of these skills supports children to become well-rounded individuals who make healthy lifestyle choices.