Year 5

Subject	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Vehicle for Learning	Ancient Greece	Earth and Space	Vikings	Living Things and their Habitats	Goblin Car	Goblin Car / Planning a Race in Brazil
Maths	Place value Addition and subtraction	Graphs and Tables Multiplication and Division Area and perimeter	Multiplication and Division Fractions	Fractions Decimals and percentages	Decimals Geometry - properties of shapes Geometry- Position and direction	Measure - Converting units Measure - Volume and capacity
	See 'I can' in Power Maths documentation.	See 'I can' in Power Maths documentation.	See 'I can' in Power Maths documentation.	See 'I can' in Power Maths documentation.	See 'I can' in Power Maths documentation.	See 'I can' in Power Maths documentation.
English	The Present by Jacob Frey Cosmic by Frank Boyce	Cosmic by Frank Boyce Mars transmission	Shakespeare (TBC) Screen use The Nowhere Emporium by Ross Mackenzie	The Nowhere Emporium by Ross Mackenzie Poetry (TBC)	Shakespeare (TBC) David Attenborough by Maria Isabel Sanchez	The Explorer by Katherine Rundell Poetry (TBC)

Science	Properties and change of materials
	I can identify the properties of different everyday materials, comparing them and grouping them together.
	I can investigate whether different materials will dissolve and create a solution.

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I can describe the different types of materials that will make a solution and explain how to recover it.

I can refer to my prior learning to describe how mixtures could be separated through filtering, sieving and evaporating, thinking about specific materials.

I can investigate the different uses for everyday materials, giving reasons for my conclusions. I can investigate was a reversible and irreversible change is.

I can describe how some changes results in the formation of new materials and describe the type of change it is.

Seasonal change

I can describe the movement of the Moon relative to the Earth.

I can describe the movement of the Moon relative to the Earth

I can describe the Sun, Earth and Moon as approximately spherical bodies

I can use the idea of the Earth's rotation to explain day and night and the apparent movement of the sun across the sky

(Previous learning: see N, R and Y1 coverage)

Earth and Space

I can understand how the Earth and other planets in our Solar system move in relation to the Sun.

I can describe the movement of the Moon relative to the Earth. I can describe the shape of the Sun, Moon and Earth.

I can make connections to my learning to describe how day and night occurs.

Forces and magnets

I can explain how gravity works and what it does to objects.

I can investigate air resistance and explain my findings.

I can identify the effects of air resistance, water resistance and friction, that act between moving surfaces

I can understand how levers, pulleys and gears work and describe how they allow a smaller force to have a greater

(Previous learning: see Y3 coverage)

Living things and their habitat

I can describe the features of a life cycle in mammals, amphibians, insects and birds.

I can identify and describe the similarities and differences of these life cycles.

I can describe the life process for some plants and animals.

(Previous learning: see N, R, Y2 & Y4 coverage)

Working scientifically Questionina:

I can continue to ask relevant questions relating to my Science learning, using a range of scientific enquiries.

I can begin to identify a range of scientific evidence that can support my ideas and refute evidence and ideas that do not support the scientific evidence.

Observing:

I can continue to make systematic and careful observations, relating this to reliability of results and observations.

I can make accurate measurements using a range of equipment.

I can begin to report and present findings from enquiries, including conclusions, causal relationships and explanations.

I can begin to make a judgment regarding reliability of my findings.

Investigating:

I can begin to plan different types of investigations, which seek to answer questions.

I can begin to recognise different variables and explain how a fair/comparable test is conducted.

I can use investigation results to make predictions and to set up further comparable tests.

I can continue to use scientific vocabulary to discuss and explain my findings, drawing relevant conclusions.

I can suggest valid improvements for my investigations, considering the reliability of results.

Recording:

I can take measurements with a

Animals including Humans

I can identify the different stages of development as a human develops from birth to old age.

(Previous learning: see N, R, Y1, Y2, Y3 & Y4 coverage)

Geography	Map skills	Map skills		Human features	Goblin Car - Design and Plan	Goblin Car - Design and Plan
G G G G G G G G G G G G G G G G G G G		I can identify time zones of	Physical		and racetrack and race event.	and racetrack and race event.
	I can locate significant locations	countries.	,	I can report on ways that		
	around the world using a world		I can locate climate zones on	humans have both improved	South America	I can locate the USA, Canada
	map.	I can locate the USA, Canada and South America	a world map.	and damaged the environment (including land and seas).		and South America.
	Field work			(I can locate some of the
		I can locate some of the	I can explain the key factors	I can explain what a place might	Human and physical geography	countries in South America.
	I can use 4 fig grid references	countries in South America	that contribute to a climate	be like in the future, taking into	Languagian wish	
	land and and a of an aloue as		zone.	account issues impacting on	I can, using pictures and	Field work
	I can read scales of contour on	I can name some countries		human features.	diagrams, describe how	I can plan a journey to North or
	an OS map.	within different time zones to	I can begin to understand that		earthquakes are created.	South America, taking into
	I can create a scale drawing	the UK.	our food is grown in various countries because of their	(Previous learning: see N, R, Y1, Y2, Y3, Y4 coverage)	I can report on ways that	account distance and time.
(consolidate).	Developing knowledge of the	eveloping knowledge of the climate.	· · · · · · · · · · · · · · · · · · ·	humans have both improved	I can identify features of N/S	
	world			and damaged the environment	America on a range of maps	
	I can create a simple OS map of	I can locate places of study in	I can describe some kev		(including land and seas).	including OS maps.
	a familiar area	relation to the Equator, Tropics	physical processes and the			
	(Provious learning) cos N	of Cancer and Capricorn and	resulting landscape features.		I can explain what a place might	
(Previous learning: see N, R, Y1, Y2, Y3, Y4 coverage)	their latitude and longitude.			be like in the future, taking into	I can make comparisons	
	-	Developing knowledge of the		account issues impacting on	between the human and	
	I can name some countries	UK		human features.	physical features of the UK and	
	within different time zones to	I can locate the UK's regions			a region within North or South	
	the UK	and major cities (Consolidate).		I can explain what a place	America.	
					might be like in the future,	
		Location and place knowledge	I can locate and describe some		taking into account issues	Developing knowledge of the
		of the physical environments in		impacting on human features	world	
		I can identify where is	the UK which match or contrast		(Previous learning: see N,	I can name and locate major cities and countries of South
		located.	to an area of study in South		R, Y1, Y2, Y3, Y4 coverage)	America on physical and
		I can identify human and	America		11, 11, 12, 10, 11 corolago)	political maps
		physical features found at	(Previous learning: see N,			political maps
		' '	R, Y1, Y2, Y3, Y4 coverage)			(Previous learning: see N,
		and discuss how they	11, 11, 12, 13, 14 coverage)			R, Y1, Y2, Y3, Y4 coverage)
		differ from				, , , , , , , , , , , , , , , , , ,
		(Previous learning: see N,				
		R, Y1, Y2, Y3, Y4 coverage)				

I can compare the architecture of Trentham Estate with that of Ancient Greece. I can identify the importance of Charles Barry's work. I can compare the work of various Historical Architecture and why it was designed in the way it was. I can remember and sequence key events of time period studied. I can interrogate a timeline. I can use relevant terms and period labels. I can make comparisons between different times in the past. I can compare accounts of events from different sources including fact or fiction. I can identify the key events which occurred at Lindisfarne and what happened in the aftermath. I can study different aspects of different people different evidence will lead to different evidence will lead to different onclusions. (Previous learning: see N. R, Y1, Y2, Y3, Y4 coverage) I can compare accounts of events from different sources including fact or fiction. I can identify the key events which occurred at Lindisfarne and what happened in the aftermath. I can study different aspects of different aspects of different appears and learning: see N. R, Y1, Y2, Y3, Y4 coverage) I can remember and sequence key events of time period studied. I can identify the key events which occurred at Lindisfarne and what happened in the aftermath. I can study different aspects of different appears and exercise the past. I can study different aspects of different appears and exercise and what happened in the aftermath. I can study different aspects of different appears and exercise and what happened in the aftermath. I can study different aspects of different onclusions. I can study different aspects of different appears and exercise and what happened in the aftermath. I can study different aspects of different appears and exercise and what happened in the aftermath. I can study different aspects of life internation. I can remember and sequence were an aspect of life between two times in the past. (Previous learning: see N, R, Y1, Y2, Y3, Y4 coverage)	History	Ancient Greece	Moon landing	Vikings		
Ancient Greece. I can identify the importance of Charles Barry's work. I can compare the work of various Historical Architecture and why it was designed in the way it was. I can remember and sequence key events of time period studied. I can interrogate a timeline. I can use relevant terms and period labels. I can make comparisons between different times in the past. including fact or fiction. I can offer some reasons for differ some reasons for different evidence will lead to different evidence will lead to different events. I can study different aspects of different people different events and the impact on people I can compare life in early and late history I can compare an aspect of life between two times in the past. (Previous learning: see N, R, Y1, Y2, Y3, Y4 coverage)	1	I can compare the architecture	I can compare accounts of			
I can identify the importance of Charles Barry's work. I can compare the work of various Historical Architecture and why it was designed in the way it was. I can remember and sequence key events of time period studied. I can interrogate a timeline. I can use relevant terms and period labels. I can make comparisons between different times in the past. I can warrians for different versions of events. I can study different aspects of different people I can examine causes and results of great events and the impact on people I can compare life in early and late history I can compare an aspect of life between two times in the past. (Previous learning: see N, R, Y1, Y2, Y3, Y4 coverage)	О	of Trentham Estate with that of	events from different sources	I can identify the key events		
I can identify the importance of Charles Barry's work. I can compare the work of various Historical Architecture and why it was designed in the way it was. I can remember and sequence key events of time period studied. I can interrogate a timeline. I can use relevant terms and period labels. I can make comparisons between different times in the past. I can make comparisons between different times in the past.	Д	Ancient Greece.	including fact or fiction.			
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I can compare the work of various Historical Architecture and why it was designed in the way it was. (Previous learning: see N, R, Y1, Y2, Y3, Y4 coverage) I can remember and sequence key events of time period studied. I can interrogate a timeline. I can use relevant terms and period labels. I can make comparisons between different times in the past. I can make comparisons between different times in the past. different evidence will lead to different people different people I can examine causes and results of great events and the impact on people I can compare life in early and late history I can compare an aspect of life between two times in the past. (Previous learning: see N, R, Y1, Y2, Y3, Y4 coverage)	C	Charles Barry's work.	different versions of events.			
various Historical Architecture and why it was designed in the way it was. (Previous learning: see N, R, Y1, Y2, Y3, Y4 coverage) I can remember and sequence key events of time period studied. I can interrogate a timeline. I can use relevant terms and period labels. I can make comparisons between different times in the past. I can make comparisons between different times in the past. I can compare life in early and late history I can compare an aspect of life between two times in the past. (Previous learning: see N, R, Y1, Y2, Y3, Y4 coverage)						
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I can interrogate a timeline. I can use relevant terms and period labels. I can make comparisons between different times in the past. (Previous learning: see N, R, Y1, Y2, Y3, Y4 coverage)	s	studied.		•		
I can use relevant terms and period labels. I can make comparisons between different times in the past. (Previous learning: see N, R, Y1, Y2, Y3, Y4 coverage)				I can compare an aspect of life		
period labels. I can make comparisons between different times in the past. (Previous learning: see N, R, Y1, Y2, Y3, Y4 coverage)	1	I can interrogate a timeline.		between two times in the past.		
I can make comparisons between different times in the past. R, Y1, Y2, Y3, Y4 coverage)	1	I can use relevant terms and		·		
I can make comparisons between different times in the past.	l p	period labels.		(Previous learning: see N,		
between different times in the past.				R, Y1, Y2, Y3, Y4 coverage)		
past.	1	I can make comparisons				
	b	between different times in the				
(Previous learning) and N	р	past.				
I (Previous learning: See N.)	((Previous learning: see N,				
R, Y1, Y2, Y3, Y4 coverage)						
		12, 12, 12, 12, 11 corollago ,				

I ca head l ca abciling l ca actiling l ca which help l ca see l ca response cresponding l ca response cresponse cresponding l ca response cresponse	videntify what makes a lealthy media choice. Ican identify what information and identify what information and identify how our online attivity affects the digital otprints of ourselves and thers. Ican be positive and have fun hile playing online games, and elp others to do the same. Ican identify what to do when I lee cyberbullying. Ican identify what rights and sponsibilities I have as a	eshooting and editing.	Multimedia Vector Drawing I can identify that drawing tools can be used to produce different outcomes I can create and evaluate a vector drawing by using tools, combining shapes, recognising layers and grouping objects to achieve a desired effect. (Previous learning: see (N, R, Y1, Y2, Y3 & Y4 coverage)	Systems and Networks I can explain that computers can be connected together to form systems I can recognise the role of computer systems in our lives I can recognise how information is transferred over the internet I can explain how sharing information online lets people in different places work together I can contribute to a shared project online evaluating different ways of working. (Previous learning: see (N, R, Y1, Y2, Y3 & Y4 coverage)	Data I can use a form to record information I can compare paper and computer-based databases I can apply my knowledge of a database to ask and answer real-world questions I can explain that tools can be used to select data to answer questions (Previous learning: see (N, R, Y1, Y2, Y3 & Y4 coverage)	Computer science and Programming Suggested technology: Scratch / Tinkr Drones I can write a program that includes count-controlled loops I can explain that a loop can stop when a condition is met, e.g. number of times and repeatedly check. I can design a physical project and create a controllable system which include selection I can explain how selection directs the flow of a program I can relate that a conditional statement connects a condition to an outcome I can design, create and evaluate a program which uses selection I can control a device connected to a computer (Previous learning: see (N, R, Y1, Y2, Y3 & Y4

Art	Drawing	Painting		Evaluate and Appraise	Painting
	I can use line to convey feeling and emotion	I can paint in a more creative style		I can use my sketch book to evaluate and adapt my work	I can develop paintings from drawings
	I can draw with an increasing confidence of the 2D and 3D geometric forms that	I can control the amount of paint I use to preserve finer details		as my ideas develop. I can make annotations in my book to show my ongoing	I can critically analyse the styles of artists, craft makers or designers and use this to inform my own work.
	I can draw lines, shapes and	I can use and choose the most appropriate paint for my chosen piece e.g. acrylic on sculpture, watercolours for		evaluations and how I might develop my work further. I can use appropriate	
	forms neatly and evenly with confidence, blending tones from light to dark smoothly.	landscapes I can independently explore different techniques before		language when comparing ideas, methods and approaches in my own and others' work.	I understand how a chosen artist or art form has contributed to the culture and / or history of a specific
	I can control the amount of force and pressure when drawing to understand the difference between sketching	painting e.g., trying out different media and mixing appropriate colours.		I can describe what I think and feel about my others'	nation. (Previous learning: see (N, R, Y1, Y2, Y3 & Y4
	and rendering more deliberate marks I am developing an	I can control colour when painting – reducing hue, improving translucency.		work and how this might influence my designs. (Previous learning: see (N,	coverage)
	awareness of various mark making techniques for purpose and intention.	I can experiment with expressive painting techniques.		R, Y1, Y2, Y3 & Y4 coverage)	
	(Previous learning: see (N, R, Y1, Y2, Y3 & Y4 coverage)	I can work on sustained pieces reviewing and refining.			
	Sculpture and 3D				
	I can design and make more complex forms in 3 dimensions, using a range of model making materials	I can add texture by using different types and quantity of paint.			
	I understand how to finish my work to a good standard.	I can use complimentary and harmonious colours to enhance visuals			
	I am developing my understanding of form as a 3D shape	I can represent form by using tints and shades created from darker and lighter colours rather than just black			
	I am exploring materials that sculptures can be made from	or white. I can experiment with expressive painting techniques.			
	(Previous learning: see (N, R, Y1, Y2, Y3 & Y4 coverage)	(Previous learning: see (N, R, Y1, Y2, Y3 & Y4 coverage)			

DT	Nutrition	Fashion and Textiles	Chinese Inventions	Goblin Car Unit	Building Bridges
	I can choose from a wide range	Design:	Design:	Design:	Design:
	of ingredients, considering how				
	the ingredients work together	I can use research and	I can use research and	I can use research and	I can use research and
		develop design criteria to	develop design criteria to	develop design criteria to	develop design criteria to
	I can create and write my own	design innovative, functional	design innovative, functional	design innovative, functional	design innovative, functional
	simple recipe	and appealing products that	and appealing products that	and appealing products that	and appealing products that
		are fit for purpose.	are fit for purpose.	are fit for purpose.	are fit for purpose.
	I can use a range of cooking	Loan ganarata, davolan	I can generate, develop,	I can generate, develop,	I can generate, develop,
	techniques including chopping,	I can generate, develop, model and communicate my	model and communicate my	model and communicate my	model and communicate my
	peeling, grating, slicing, mixing,	ideas through discussion,	ideas through discussion,	ideas through discussion,	ideas through discussion,
	spreading, kneading and baking	annotated sketches,	annotated sketches,	annotated sketches,	annotated sketches,
	l	diagrams (cross-sectional,	diagrams (cross-sectional,	diagrams (cross-sectional,	diagrams (cross-sectional,
	Technical Knowledge:	exploded), prototypes,	exploded), prototypes,	exploded), prototypes,	exploded), prototypes,
		pattern pieces and computer	pattern pieces and computer	pattern pieces and computer	pattern pieces and computer
	I understand that sometimes raw ingredients need to be	aided design	aided design	aided design	aided design
	processed before they can				
	be used in cooking	I can produce detailed, step	I can produce detailed, step	I can use my previous	I can use my previous
	be used in secking	by step plans that can be	by step plans that can be	knowledge to plan what tools	knowledge to plan what tools
	I can understand that recipes	followed by myself and by others	followed by myself and by others	and materials I will need to complete my product	and materials I will need to complete my product
	can be adapted to change	others	others	Complete my product	Complete my product
	the appearance, taste and	Loop upo my provious	Lean use my previous	Loop ourgoot alternative	Lean auggest alternative
	aroma of a dish	I can use my previous knowledge to plan what tools	I can use my previous knowledge to plan what tools	I can suggest alternative plans and say what the good	I can suggest alternative plans and say what the good
		and materials I will need to	and materials I will need to	points/drawbacks of each are	points/drawbacks of each
	(Previous learning: see (N,	complete my product	complete my product	•	are
	R, Y1, Y2, Y3 & Y4 coverage)	' ''	' ''		
	coverage)	I can suggest alternative	I can suggest alternative		
		plans and say what the good	plans and say what the good	Make	
		points/drawbacks of each are	points/drawbacks of each are		Make
				l can demonstrate skill in	
				using different tools and	I can demonstrate skill in
				equipment safely and	using different tools and
		Make	Make	accurately	equipment safely and accurately
			l and demonstrate abilities	Laan nainfanaa and	accurately
		I can demonstrate skill in using different tools and	I can demonstrate skill in using different tools and	I can reinforce and strengthen and 3D	I can cut and join with
		equipment safely and	equipment safely and	framework	accuracy to ensure a good
		accurately	accurately	Hamework	quality finished product
		,	,	Evaluate:	' '
		I can cut and join with	I can cut and join with		I can reinforce and
		accuracy to ensure a good	accuracy to ensure a good	I can evaluate existing	strengthen and 3D
		quality finished product	quality finished product	products	framework
		Evaluate:	I can reinforce and	I can evaluate my own	Evaluate:
			strengthen and 3D	product, identifying strengths	
		I can evaluate existing	framework	and areas for development	I can evaluate existing
		products and complete	[, , ,	by carrying out appropriate	products
		market research	I can use a hand drill with	tests	[, , , ,]
		L	supervision		I can evaluate my own
		I can evaluate my own	Fredrick	I can evaluate my work by	product, identifying strengths
		product, identifying strengths and areas for development	Evaluate:I can evaluate my own product, identifying	during and at the end of the making process recording	and areas for development by carrying out appropriate
		by carrying out appropriate	strengths and areas for	where I make modifications	tests
		, ,	development by corning out	Whole i make modifications	1.00.0

coverage)	PE	Gymnastics (CPD) / Games (I can link skills with control, technic local link skills with control, technic sequences. I can use gym vocabulary to descriperformances. I can develop strength, technique performances. I can create sequences using various local link these together. I can use skills, actions and ideas the game's activity. I can show confidence in using ballink these together. I can use skills with co-ordination, local take part in competitive game of tactics and composition. I can begin to create my own game local make suggestions as to what differentiate a game. I can apply basic skills for attacking local link these togethers are unning, jumping, throw combination. I can use running, jumping, throw combination. I can begin to make suggestions of others work, commenting on simi (Previous learning: see (N, R)	ique, co-ordination and fluency. performing more complex libe how to improve and refine and flexibility throughout bus body shapes and equipment. and link these in ways that suit ll skills in various ways, and can control and fluency. lies with a strong understanding lies using knowledge and skills. It resources can be used to g and defending. ling and catching in isolation and ances accurately. In how to improve individual and larities and differences.	Games (football) / OAA/ Dance I can begin to exaggerate dance movements and motifs (using expression when moving) I can begin to demonstrate strong movements throughout a dance sequence. I can combine flexibility, techniques and movements to create a sequence. I can begin to move appropriately and with the required style in relation to the stimulus. e.g using various levels, ways of travelling and motifs. I can begin to show a change of pace and timing in movements. I can use the space provided to its maximum potential. I can improvise, still demonstrating fluency across a sequence. I can modify parts of a sequence as a result of self and peer evaluation. I can begin to use more complex dance vocabulary to compare and improve work. (Previous learning: see (N, R, Y1, Y2, Y3 & Y4	Games (Tennis) I can vary skills, actions and ideas and link these in ways that suit the game's activity. I can show confidence in using ball skills in various ways, and can link these together. I can use skills with coordination, control and fluency. I can take part in competitive games with a strong understanding of tactics and composition. I can begin to create my own games using knowledge and skills. I can make suggestions as to what resources can be used to differentiate a game. I can apply basic skills for attacking and defending. I can use running, jumping, throwing and catching in isolation and combination. (Previous learning: see (N, R, Y1, Y2, Y3 & Y4 coverage)	Athletics/ OAA I can build a variety of running techniques and use them with confidence. I can perform a running jump with more than one component. e.g. hop skip jump (triple jump) I can begin to record peers' performances, and evaluate these. I can demonstrate accuracy and confidence in throwing and catching activities. I can describe good athletic performance using correct vocabulary. (Previous learning: see (Y1, Y2, Y3 & Y4 coverage) I can use and interpret simple maps. I can begin to think activities through and problem solve using general knowledge. I can choose and apply strategies to solve problems. (Previous learning: see (Y3 & Y4coverage)	Games (Cricket/ rounders) I can vary skills, actions and ideas and link these in ways that suit the game's activity. I can show confidence in using ball skills in various ways, and can link these together. I can use skills with coordination, control and fluency. I can take part in competitive games with a strong understanding of tactics and composition. I can begin to create my own games using knowledge and skills. I can make suggestions as to what resources can be used for (Previous learning: see (N, R, Y1, Y2, Y3 & Y4 coverage)
Music See Charanga scheme for objectives and previous coverage Getting started with music tech signatures Emotions and musical styles Exploring key and time signatures Words, meaning and expression elements	See Charanga scheme for objectives and previous	Getting started with music tech	Emotions and musical styles	coverage) Exploring key and time	Introducing chords	Words, meaning and expression	,

RE	How far would a Sikh go for his/her religion? I can explain how far a Sikh would go for his religion I can understand that there are different degrees of commitment. I can start to explain why I think some religious practices are more important than others.	Is the Christmas story true? I can give my opinion on the validity of the Christmas story. (Previous learning: see (N, R, Y1, Y2, Y3 & Y4 coverage)	Are Sikh stories important today? I can discuss whether Sikh stories are still important today. I can discuss my own ideas about the values to live by, comparing them to religious ideas.	Did God intend Jesus to be crucified? I can give my opinion on some events in Holy Week that tell Christians about Jesus' identity and purpose. I can discuss whether God intended Jesus to be crucified. I can discuss whether Jesus knew he was going to be crucified. I can start to explain why I think some religious practices are more important than others. (Previous learning: see (N, R, Y1, Y2, Y3 & Y4 coverage)	What is the best way for a Sikh to show commitment to God? I can explore the best ways in which Christian's and Sikhs show their commitment to God. I can understand that there are different degrees of commitment.	What is the best way for a Christian to show commitment to God? I can explore the best ways in which Christian's and Sikhs show their commitment to God. I can discuss my own ideas about the values to live by, comparing them to religious ideas. I can understand that there are different degrees of commitment. (Previous learning: see (N, R, Y1, Y2, Y3 & Y4 coverage)
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PSHE

Online safety

I can show an understanding that same principles apply to online relationships as to faceto-face relationships, including the importance of respect for others online including when we are anonymous

I can critically consider my online friendships and sources of information including awareness of the risks associated with people I have never met

I can show an understanding that the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health.

Rights

I can understand the meaning of the following:democracy, sovereignty, dictatorship, government, monarchy

I can learn about organisations such as the United Nations

I can understand the importance and significance of equal rights

(Previous learning: see (N. R, Y1, Y2, Y3 & Y4 coverage)

I can show an understanding of the facts about legal and illegal harmful substances and associated risks, including smoking, alcohol use and drugtaking

Physical wellbeing

I can show an understanding of key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes

I can show an understanding of the characteristics and mental and physical benefits of an active lifestyle

I can show an understanding of the importance of making changes in adopting a more healthy lifestyle

I can show an understanding of what constitutes a healthy diet (including understanding calories and other nutritional content)

I can show an understanding about the different food groups and their related importance as part of a balanced diet

I can develop an awareness of myr own dietary needs

I can show an understanding of the principles of planning and preparing a range of healthy meals

I can cook and apply the principles of nutrition and healthy eating

I can prepare and cook with a variety of ingredients, using a range of cooking techniques

I can show an understanding of the concepts of basic first-aid, for example dealing with common injuries, including head injuries

Mental wellbeing

I can show an understanding of how to recognise and talk about emotions, including having a

varied vocabulary of words to use when talking about my own and others' feelings

I can show an understanding about the cyclic nature of life and how death is an inevitable part of this cycle

I can show an understanding of how to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed

I can understand the need for empathy when peers are experiencing conflict at home

I can show that mental wellbeing is a normal part of daily life, in the same way as physical health

I can show the basic synergy between physical, emotional and mental health

Diversity and equality

I can understand why structure is needed in different situations

I can understand the term 'anarchy' and understand the implications of living in an anarchic society

I can understand the benefits of living in a diverse community and learn to celebrate diversity

(Previous learning: see (N, R. Y1. Y2. Y3 & Y4 coverage)

Relationships

I know how to recognise who to trust and who not to trust, how to judge when a friendship is making me feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed

I know and understand the importance of listening to others

I understand the role of the listener in any Relationship

I can recognise that there are many ways to communicate

I understand the need to both listen and speak when communicatil know the importance of permission-seeking and giving in relationships with friends, peers and adults

I recognise that there are many different ways to communicate

I understand the need for confidentiality in certain situations

I understand that there are many situations in which collaboration is necessary

I understand the need to develop team work skills

I recognise that there are many roles within a community

I understand the need to collaborate in a group situation with others

Respectful relationships

I can recognise that there are many ways to communicate

I can understand the need to both listen and speak when communicating with others

I can show an understanding that each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact

I can understand the importance of touch in a range of contexts

I can show an understanding of the difference between appropriate and inappropriate touches

I can recognise and report feelings of being unsafe or feeling bad about any adult

(Previous learning: see (N, R, Y1, Y2, Y3 & Y4 coverage)

Caring friendships

I can show an understanding of the importance of permissionseeking and giving in relationships with friends, peers and adults

I can recognise that there are many different ways to communicate

I can understand the need for confidentiality in certain situations

I can understand that there are many situations in which collaboration is necessary

I can understand the need to develop teamwork skills

I can recognise that there are many roles within a community

I can understand the need to collaborate in a group situation

(Previous learning: see (N, R. Y1. Y2. Y3 & Y4 coverage)

You can merge columns together if things run over the whole term. Consider what themes areas of learning you are focussing on. What is your vehicle for teaching? - e.g. the Mayas. This might cover the history and geography but it is not going to link with science and computing; these subjects will have a different vehicle for teaching. We need to move away from thinking about things as topics.