

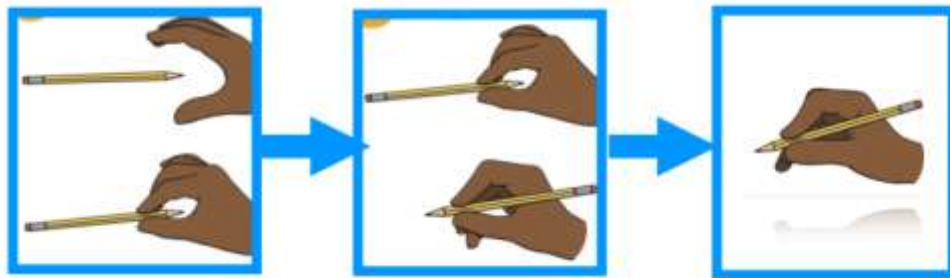
Ready for Writing

There are several things we remind the children of before they begin writing in all lessons.

Pencil Grip: We are aiming for a **tripod** pencil grip.

To achieve this, we teach children to **nip, flip** and **grip**.

1. Choose the writing tool that is best suited to the task. **'Nip'** it towards the end.
2. **'Flip'** the writing tool around so that it is resting on your hand
3. **'Grip'** the writing tool. Make sure it is pinched between the ball of the thumb and the forefinger, supported by the middle finger with the other fingers tucked away.



Sitting position - it is important that children sit in a position that supports their writing (see diagram).

1. Sitting up straight on your chair.
2. Both feet flat on the floor.
3. Rest your arm on the table so it is level.
4. Position your paper correctly.
5. **Nip, Flip, Grip!**

