



Curriculum Overview: Personal, Social, Health and Economic (PSHE) & Relationships Education and Health Education (RSHE)

The Early Years Foundation Stage (EYFS) lays a critical foundation for Personal, Social, Health and Economic (PSHE) education in Key Stage 1. Much of the learning in EYFS closely aligns with and supports the goals of PSHE at KS1, particularly through the **Personal, Social, Emotional Development** area of learning.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery Cycle A	<p>Exploring Autumn Develop their sense of responsibility and membership of a community.</p> <p><u>1Decision</u> -Why Does Purple Play Differently? -Pink Goes to School. -Pink Misses Mummy.</p>	<p>Once Upon a Time Increasingly follow the rules. Play with others, extending and elaborating play ideas.</p> <p><u>1Decision</u> -Blue Learns to Share. - Orange Helps Out. - Yellow Wants to Play with Orange.</p>	<p>Starry Night Be increasingly independent in meeting their own care needs. Make healthy choices about food, drink, activity and toothbrushing. <i>Smile4Life</i></p> <p><u>1Decision</u> -Orange Brushes Her Teeth. -Yellow Learns About Germs. -Rainbow's Food Journey. -Green's Greens</p>	<p>Dangerous Dinosaurs Talk about their feelings and understand gradually how others might be feeling. Solve conflicts with others.</p> <p><u>1Decision</u> -Pink Feels Sad. -Orange Feels Worried. -Yellow Play Fights.</p>	<p>Sunshine and Sunflowers Begin to talk about the importance of protecting us from the sun.</p> <p><u>1Decision</u> -Rainbow Visits the Seaside. - Blue's Indoor Voice. - Rainbow Helps at Home.</p>	<p>Big Wide World Become more outgoing with unfamiliar people, in the safe context of their setting (<i>transition</i>).</p> <p><u>1Decision</u> -Green is Moving up a Year. - Blue's Best Friend.</p>
Nursery Cycle B	<p>Me and my Community Develop their sense of responsibility</p>	<p>Sparkle and Shine Increasingly follow the rules. Play with others, extending</p>	<p>Winter Wonderland Be increasingly independent in</p>	<p>Puddles and Rainbows Talk about their feelings and</p>	<p>Shadows and Reflections Begin to talk about the importance of</p>	<p>Splash! Become more outgoing with unfamiliar people,</p>

	and membership of a community.	and elaborating play ideas.	meeting their own care needs. Make healthy choices about food, drink, activity and toothbrushing. <i>Smile4Life</i>	understand gradually how others might be feeling. Solve conflicts with others.	protecting us from the sun.	in the safe context of their setting (<i>transition</i>).
Nursery RSHE					NSPCC Pantosaurus	
Reception	<p>Let's Explore See themselves as a valuable individual and describe themselves in positive terms, talking about their abilities and interests.</p> <p><u>1Decision</u></p> <p>-Green Gets Glasses. -Red's Hearing Aid. -Red's Nut Allergy.</p>	<p>Marvellous Machines Consider and manage some risks without direct adult supervision and is able to follow routines and structure with increasing independence.</p> <p><u>1Decision</u></p> <p>-Blue Explores Road Safety. - Purple the Passenger. - Blue Gets Lost.</p>	<p>Long Ago Play cooperatively with others and take turns.</p> <p><u>1Decision</u></p> <p>-Rainbow's Day Out. -Why Does Purple Play Differently? -Yellow Play fights.</p>	<p>Ready, Steady, Grow Explore, build and play with a range of resources and construction kits with wheels and axles</p> <p><u>1Decision</u></p> <p>-Purple's Pet Bird. -Yellow's Bedtime. -Purple is Poorly.</p>	<p>Animal Safari Talk about what they are good at and what they want to get better at and show resilience and perseverance in the face of challenge.</p> <p><u>1Decision</u></p> <p>-Purple Watches the News. -Rainbow Helps at Home. -Orange Sleeps Over.</p>	<p>On the Beach Think about the perspectives of others and understand that their own actions can affect other people and begin to act to make amends.</p> <p><u>1Decision</u></p> <p>-Why Does Purple Play Differently? -Red Goes Swimming. - Pink's Screen Time.</p>
Reception RSHE					NSPCC Pantosaurus	

<p>Year 1</p> <p><i>1 Decision</i></p> <p>PSHE</p>	<p>Keeping/Staying Safe</p> <p><i>-Road Safety</i></p> <p>Keeping/Staying Healthy</p> <p><i>-Washing Hands</i></p>	<p>Relationships</p> <p><i>-Friendships</i></p>	<p>Being Responsible</p> <p><i>-Water Spillage</i></p> <p>Feelings and Emotions</p> <p><i>-Jealousy</i></p>	<p>Computer Safety</p> <p><i>-Online Bullying</i></p>	<p>Our World</p> <p><i>-Growing in Our World</i></p>	<p>Fire Safety</p> <p><i>-Hoax Calling</i></p>
<p>Year 1</p> <p><i>1 Decision</i></p> <p>RSHE Theme/Lesson to link to each Topic</p>	<p>Keeping/Staying Safe</p> <p><i>-Personal Safety</i></p> <p>Keeping/Staying Healthy</p> <p><i>-Healthy Protection & Prevention</i></p>	<p>Relationships</p> <p><i>-Caring Friendships</i></p> <p><i>-Families and People Who Care for Me</i></p>	<p>Being Responsible</p> <p><i>-Personal Safety</i></p> <p><i>-General Wellbeing</i></p>	<p>Computer Safety</p> <p><i>-Wellbeing Online</i></p> <p><i>-Online Safety and Awareness</i></p>	<p>Our World</p> <p><i>-Developing Bodies</i></p> <p><i>-Respectful Kind Relationships</i></p>	<p>Fire Safety</p> <p><i>-Basic First Aid</i></p> <p><i>-Being Safe</i></p>
<p>Year 2</p> <p><i>1 Decision</i></p>	<p>Keeping/Staying Safe</p> <p><i>-Tying Shoelaces</i></p> <p><i>-Staying Safe</i></p> <p>Keeping/Staying Healthy</p> <p><i>-Healthy Eating</i></p> <p><i>-Brushing Teeth</i></p>	<p>Relationships</p> <p><i>-Bullying</i></p> <p><i>-Body Language</i></p>	<p>Being Responsible</p> <p><i>-Practice Makes Perfect</i></p> <p><i>-Helping Someone in Need</i></p> <p>Feelings and Emotions</p> <p><i>-Worry</i></p> <p><i>-Anger</i></p>	<p>Computer Safety</p> <p><i>-Image Sharing</i></p> <p><i>-Computer Safety</i></p> <p><i>-Documentary</i></p>	<p>Our World</p> <p><i>-Living in Our World</i></p> <p><i>-Working in Our World</i></p>	<p>Fire Safety</p> <p><i>-Petty Arson</i></p> <p><i>-Texting Whilst Driving</i></p>

<p>Year 2</p> <p><i>1 Decision</i></p> <p>RSHE Theme/Lesson to link to each Topic</p>	<p>Keeping/Staying Safe</p> <p><i>-Personal Safety</i></p> <p><i>-Being Safe</i></p> <p>Keeping/Staying Healthy</p> <p><i>-Healthy Eating</i></p> <p><i>-Physical Health & Fitness</i></p> <p><i>-Healthy Protection & Prevention</i></p>	<p>Relationships</p> <p><i>-Caring Friendships</i></p> <p><i>-Families and People Who Care for Me</i></p>	<p>Being Responsible</p> <p><i>-General Wellbeing</i></p> <p>Feelings and Emotions</p> <p><i>-Respectful Kind Relationships</i></p>	<p>Computer Safety</p> <p><i>-Wellbeing Online</i></p> <p><i>-Online Safety and Awareness</i></p>	<p>Our World</p> <p><i>-Developing Bodies</i></p>	<p>Fire Safety</p> <p><i>-Personal Safety</i></p> <p><i>-Basic First Aid</i></p>
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