

Curriculum Overview: PSHE

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Exploring Autumn	Once Upon a Time	Starry Night	Dangerous Dinosaurs	Sunshine and	Big Wide World
Cycle A	Develop their sense	Select and use	Be increasingly	Demonstrate friendly	Sunflowers	Shows confidence in
	of responsibility and	activities and	independent in	behaviour towards	Begin to talk about	a variety of situation
	membership of a	resources, with help	meeting their own	others and play with	the importance of	
	community.	when needed. This	care needs, including	one or more other	protecting us from	
		helps them to achieve	dressing themselves,	children, extending	the sun.	
	Listen to others when	a goal they have	brushing teeth, using	and elaborating play		
	1:1 or in a small	chosen, or one which	the toilet, washing	ideas.		
	group and start and	is suggested to them.	and drying their		100 C 100 C 100 C	
	continue a		hands and using a			
	conversation with a		knife and fork.			
	friend for many turns.					
					Transition in the second	
Nursery	Me and my	Sparkle and Shine	Winter Wonderland	Puddles and Rainbows	Shadows and	Splash!
Cycle B	Community	Select and use	Be increasingly	Demonstrate friendly	Reflections	Shows confidence in
	Develop their sense	activities and	independent in	behaviour towards	Begin to talk about	a variety of situations
	of responsibility and	resources, with help	meeting their own	others and play with	the importance of	
	membership of a	when needed. This	care needs, including	one or more other	protecting us from	
	community.	helps them to achieve	dressing themselves,	children, extending	the sun.	
		a goal they have	brushing teeth, using	and elaborating play		
	Listen to others when	chosen, or one which	the toilet, washing	ideas.		
	1:1 or in a small	is suggested to them.	and drying their			
	group and start and		hands and using a			
	continue a		knife and fork.			
	conversation with a					
	friend for many turns.					

Reception	Let's Explore	Marvellous	Long Ago	Ready, Steady,	Animal Safari	On the Beach
	See themselves as a	Machines	Play cooperatively	Grow	Talk about what	Think about the
	valuable individual	Consider and	with others and	Explore, build and	they are good at	perspectives of
	and describe	manage some risks	take turns.	play with a range of	and what they want	others and
	themselves in	without direct adult		resources and	to get better at and	understand that
	positive terms,	supervision and is		construction kits	show resilience and	their own actions
	talking about their	able to follow		with wheels and	perseverance in the	can affect other
	abilities and	routines and		axles	face of challenge.	people and begin to
	interests	structure with				act to make
		increasing				amends.
		independence.				
Year 1	Keeping/Staying Safe	Relationships	Being Responsible	Computer Safety	Our World	Fire Safety (Special) RHE
			Feelings and			
One Decision	Keeping/Staying Healthy		Emotions			
Year 2	Keeping/Staying	Relationships	Being Responsible	Computer Safety	Our World	Fire Safety (Special)
	Safe		Feelings and			RHE
One Decision	Keeping/Staying		Emotions			
	Healthy					

