



PSHE Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Me and My Community/Exploring Autumn <ul style="list-style-type: none"> • Demonstrate friendly behaviour towards others and play with one or more other children, extending and elaborating play ideas. • Listen to others when one to one or in a small group, and start and continue a conversation with a friend. • Make comments about people who are special to them 	Once Upon a Time/Sparkle and Shine <ul style="list-style-type: none"> • Play cooperatively with others and take turn • Listen carefully in a range of situations and is aware of the importance of listening. 	Starry Night/Winter Wonderland <ul style="list-style-type: none"> • Be increasingly independent in meeting their own care needs, including dressing themselves, brushing teeth, using the toilet, washing and drying their hands and using a knife and fork. • Listen to others when one to one or in a small group, and start and continue a conversation with a friend. 	Dangerous Dinosaurs/Puddles and Rainbows <ul style="list-style-type: none"> • Demonstrate friendly behaviour towards others and play with one or more other children, extending and elaborating play ideas. • Be aware of their feelings and be able to indicate how they are feeling using some words and pictures. 	Sunshine and Sunflowers/Shadows and Reflections <ul style="list-style-type: none"> • Begin to talk about why it is important to wear a hat and sunscreen on sunny days. • Listen carefully in a range of situations and is aware of the importance of listening. 	Bid Wide World/Splash! <ul style="list-style-type: none"> • Play cooperatively with others and take turns. • Talk about their own interests, needs and opinions. • Suggest healthy ingredients that can be used to make simple snacks.
Reception	Let's Explore (Build it up) <ul style="list-style-type: none"> • Listen carefully in a range of situations and is aware of the importance of listening. • Play cooperatively with others and take turns. • See themselves as a valuable individual and describe themselves in positive terms, talking about their abilities and interests. • Select vocabulary and pictures to express their feelings and consider the feelings of others. • Talk about what they are good at and what they want to get better at and show resilience and perseverance in the face of challenge. • Name and describe the trusted adults in their lives. • School Council and Green Team Elections 	Marvellous Machines / Puppets and Pop Ups <ul style="list-style-type: none"> • Consider and manage some risks without direct adult supervision and is able to follow routines and structure with increasing independence. • Follow rules and instructions to keep safe. • Listen carefully in a range of situations and is aware of the importance of listening. • Play cooperatively with others and take turns. • Suggest healthy ingredients that can be used to make simple snacks • Listen carefully in a range of situations and is aware of the importance of listening. 	Long Ago / Stories and Rhymes <ul style="list-style-type: none"> • Build constructive and respectful relationships and talk about the special people in their lives and why they are important. • Play cooperatively with others and take turns 	Ready Steady Grow / Signs of Spring <ul style="list-style-type: none"> • Look after basic hygiene and personal needs and talks about the importance of good oral health. Suggest healthy ingredients that can be used to make simple snacks. • Talk about what constitutes a healthy lifestyle. • Wash and dry hands regularly and say why this is important. • Play cooperatively with others and take turns. • See themselves as a valuable individual and describe themselves in positive terms, talking about their abilities and interests. 	Animal Safari (Creep, Crawl and Wiggle) <ul style="list-style-type: none"> • Talk about what they are good at and what they want to get better at and show resilience and perseverance in the face of challenge. • Be aware that people and other living things are entitled to the things that they need to survive and feel safe. • Listen carefully in a range of situations and is aware of the importance of listening. • See themselves as a valuable individual and describe themselves in positive terms, talking about their abilities and interests. • Play cooperatively with others and take turns. • See themselves as a valuable individual and describe themselves in positive terms, talking about their abilities and interests. 	On the beach (Move it / Moving on) <ul style="list-style-type: none"> • Think about the perspectives of others and understand that their own actions can affect other people and begin to act to make amends. • Name and describe the trusted adults in their lives • Articulate their ideas and thoughts in well-formed sentences and describe events using some detail. • Select vocabulary and pictures to express their feelings and consider the feelings of others. • Play cooperatively with others and take turns • Talk about what constitutes a healthy lifestyle
Year 1	Keeping/Staying Safe & Keeping/Staying Healthy <ul style="list-style-type: none"> • Road Safety • Understand and what I need to keep safe • Be able to recognise what may put me or others at risk • Understand why it is important to stay safe when crossing the road and 	Relationships <ul style="list-style-type: none"> • Understand different types of relationships • Understand how to be a good friend • Be able to recognise kind and thoughtful behaviours • Understand the importance of caring about other people's feelings be able to 	Being Responsible Feelings and Emotions <ul style="list-style-type: none"> • Understand what we are responsible for • Be able to recognise how responsibilities will change as we grow • Know how you can help people around you 	Computer and Online Safety Our World <ul style="list-style-type: none"> • Understand computers, the internet, and rules to keep safe • Understand how your online activity can affect others • Be able to identify the positives and negatives of using technology 	Hazard Watch <ul style="list-style-type: none"> • Know what items are safe to play with and what items are unsafe to play with 	Change and Transitions Fire Safety <ul style="list-style-type: none"> • Know what a 'hoax call' is and why it can be risky • Understand why our emergency services are an important part of our community

	<p>identify safe places to cross the road</p> <ul style="list-style-type: none"> Understand the differences between safe and risky choices School Council and Green Team elections Understand what we can do to keep healthy Understand why we need to wash our hands and know how germs are spread and how they can affect our health Be able to practise washing your hands Know the differences between healthy and unhealthy choices 	<p>see a situation from another person's point of view</p>	<ul style="list-style-type: none"> Understand the types of things you are responsible for Know how and understand the importance of preventing accidents Be able to recognise the differences between being responsible and being irresponsible 	<ul style="list-style-type: none"> Know who and how to ask for help Be able to recognise kind and unkind comments understand how we care for others Understand the needs of a baby and recognise what you can do for yourself now you are older Be able to describe the common features of family life Be able to recognise the ways in which your family is special and unique 		
Year 2	<p>Keeping/Staying Safe & Keeping/Staying Healthy</p> <ul style="list-style-type: none"> Know the reasons to make sure your laces are tied and learn how to tie up laces properly Know rules to keep yourself and others safe Understand the differences between safe and risky choices School Council and Green Team elections Know that food is needed for our bodies to be healthy and to grow and understand that some foods are better for good health than others Be able to list different types of healthy food Understand how to keep yourself and others healthy Understand why we need to brush our teeth Be able to practise brushing your teeth Now the differences between healthy and unhealthy choices <p>Be able to develop strategies to help you remember to brush your teeth when you forget, are tired, or busy</p>	<p>Relationships</p> <ul style="list-style-type: none"> Be able to name a range of feelings Understand why we should care about other people's feelings Be able to see and understand bullying behaviours Know how to cope with these bullying behaviours Be able to recognise and name a range of feelings Understand that feelings can be shown without words Be able to see a situation from another person's point of view <p>Understand why it is important to care about other people's feelings</p>	<p>Being Responsible</p> <ul style="list-style-type: none"> Be able to name ways you can improve in an activity or sport Understand the importance of trying hard and not giving up Be able to see the benefits of practising an activity or sport Be able to learn ways to set goals and work to reach them Know how you can help other people Be able to recognise kind and thoughtful behaviours and actions Understand the risks of talking to people you don't know very well in the community <p>Be able to identify the differences between being responsible and being irresponsible</p>	<ul style="list-style-type: none"> Understand how your online actions can affect others Be able to name the positive and negative ways you can use technology Know the risks of sharing images without permission and the types of images that you should and should not post online Understand how your online activity can affect others, identifying the positives and negatives of using technology Know who and how to ask for help Be able to list rules for keeping and staying safe Be able to identify how we can look after living things both inside and outside of the home Recognise why it is important to keep our communities and countryside clean Be able to encourage others to help keep their communities and countryside clean Understand different ways we can receive money and know how to keep money safe Be able to describe the skills you may need in a future job or career <p>Be able to recognise the differences between wants and needs</p>	<p>Hazard Watch</p> <ul style="list-style-type: none"> Is it safe to eat or drink? Is it safe to play with be able to name potential dangers in different environments know what food and drink items are safe or unsafe to eat or drink 	<p>Change and Transitions</p> <p>Fire Safety</p> <ul style="list-style-type: none"> be able to show my knowledge of fire safety to others be able to practise simple ways of staying safe and finding help be able to recognise how drivers can be distracted Can describe some of the biological differences between male and female animals. Understand that the creation of new life requires a male and a female. Learn that female mammals give birth and nurse their young• Understand that all living things including humans start life as babies. Can identify key stages in the human life-cycle. Understand some ways that they have changed since they were babies That they are growing and changing



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ACADEMY