

1-2-4-7 Rule



Year 11 Study Tips

1-2-4-7 Rule

What is the 1-2-4-7 Rule?

The 1-2-4-7 Rule:

Read a topic for the first time on day 1. Revise on day 2, then on day 4, then on day 7.

This way, a topic is revised 3 times after the first reading, and there is an increasing gap between the two revisions gradually.

1-2-4-7 Rule

This is a memory technique that students use all the way through education and has been tested by some of the world's top universities in terms of effective revision techniques.

A study says, we tend to forget 3/4th (about 75%) of what we have studied if we do not revise it within next 24 hours.

This is where 1247 technique can be most beneficial for students.



1-2-4-7 Rule - Time saving?

Since the concepts are familiar, it will take less time to revise.

For the first revision, it will take around 1 hour.

Second Revision will take around 25-30 minutes.

Third Revision around 5 minutes.

As you keep re-visiting the topics, you save your precious time and also there will be less pressure on your brain.



How to Test yourself

Top Tips

1. Say the answers out loud - this forces you to answer the question properly
2. Test yourself until you get them all correct (make a pile of the ones you get wrong and keep going over them until you get them right)
3. Test yourself both ways e.g. test yourself with the questions facing up and also with the answers facing up so that you can guess the question
4. Ask someone to test you - it removes the temptation to cheat
5. Keep your flash cards simple - one card per piece of information