



SEATON VALLEY FEDERATION OF SCHOOLS

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Executive Headteacher: John Barnes

14 January 2022

Dear Parent/Carer

Following further announcements from the Government regarding Covid testing and self-isolation requirements, I am writing to confirm current expectations should your son/daughter have symptoms or test positive for Covid-19.

Anyone **with symptoms** of Covid-19 must not attend school. They should book a PCR test immediately and self-isolate until the result is confirmed.

From 11 January 2022 anyone **without symptoms** who tests positive with a Lateral Flow Test (LFT) will no longer need to confirm this with a PCR test. However, the LFT result must be reported as instructed to gov.uk and the person must self-isolate immediately.

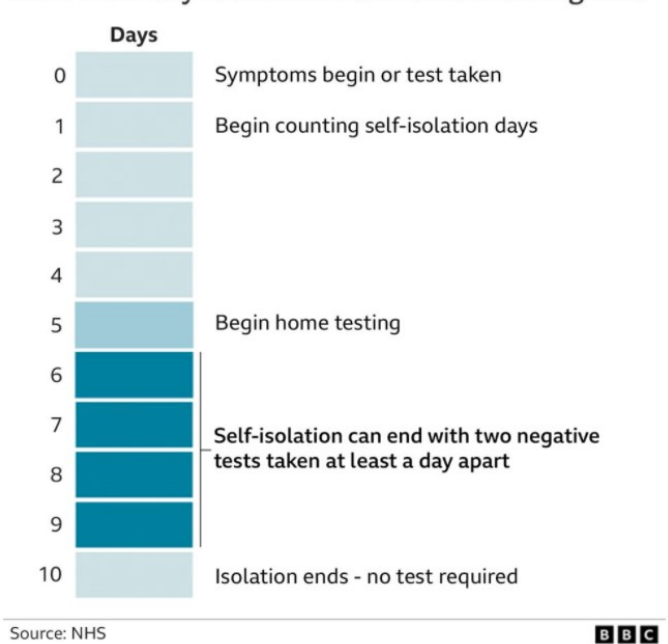
SELF-ISOLATION

The Government have announced that, from Monday 17 January, people will be able to leave isolation after negative lateral flow tests on days five **and** six.

The [gov.uk website](http://gov.uk) states: *"The first test must be taken no earlier than day 5 of the self-isolation period, and the second must be taken the following day. If an individual is positive on day 5, then a negative test is required on day 6 and day 7 to release from isolation."*

It is essential that 2 negative rapid lateral flow tests are taken on consecutive days and reported before individuals return to their job or education, if leaving self-isolation earlier than the full 10-day period."

How five-day isolation rule works in England



For example:

- Tested positive or symptoms started on 17th of the month.
- 22nd: Take LFT on day 5 at 7:30am – negative.
- 23rd: Take LFT 24 hours later, day 6 at 7:30am – negative.
- The pupil can attend school immediately after the negative test on the morning of day 6.



CLOSE CONTACTS

All pupils aged between 5 and 18 years 6 months identified as a contact of someone with Covid-19 are no longer legally required to self-isolate. They are strongly advised to take an LFT every day for 7 days and continue to attend school as normal unless they have a positive test result or develop symptoms.

REGULAR TESTING

All secondary aged students (year 7 and above) are encouraged to continue testing themselves, at home, using LFTs twice per week.

We are aware that getting hold of LFTs is difficult and, currently, we are awaiting delivery of supplies into all three of our schools. Some local pharmacies do have them in stock and you can also order them online from the Government website [here](#).

Thank you for your ongoing support.

Yours faithfully

John Barnes
Executive Headteacher