

ASTLEY COMMUNITY HIGH SCHOOL

One of the Seaton Valley Federation of Schools

Elsdon Avenue, Seaton Delaval, Northumberland NE25 0BP

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www.astleyhigh.org

Executive Headteacher: John Barnes **Head of School:** Graham Scott

Dear Swimmer,

Following the recent Government update, swimming lessons can return from Monday 17th May. We will be opening up the booking facility via Schoolcomms and we are no longer accepting cash payments.

Sessions must be booked before the class via School Gateway. See attached Handy Guide on how to make a booking. You will not be able to attend the session unless you have booked and paid prior.

The Summer block runs from Monday 17th May to Wednesday 14th July – excluding week commencing 31st May 2021

The cost of the block is £45.20 which you can pay via School Gateway, if you pay for the block you will be booked onto 8 sessions. If you prefer to pay weekly the cost is £7 per lesson if you pay on the School Gateway app or £8 if you bring cash to cover admin fees.

Mixed Ability Lessons

Suitable for anyone who wants to learn to swim, and for those who want to improve their swimming technique and confidence in the water. Within these groups individual tuition will be given to ensure you achieve your personal goals.

Mixed Ability Swim Sessions are on:

Monday 5:45 – 6:30pm Monday 6.30-7.15pm

Advanced and Tri-Swimmers

Suitable for those who have basic technique and are able to swim a minimum of 100 metres. These groups will concentrate on drills to improve technique, and interval training to improve stamina and speed.

Advanced and Tri Swimmers Swim Session is on:

Monday 7.15-8.00pm Wednesday 6:30 – 7:15pm

If you have any problems with the online system please contact the community office on 0191 237 1505 ext 220. If you are unable to book or pay online you should contact the community office after 21/04/21 so that we can book your place and take payment over the phone.

All swimmers must have a new enrolment form completed for the new academic year, please click <u>here</u> to complete the form.