

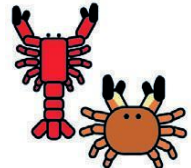





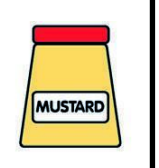
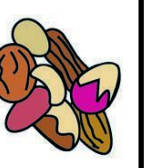
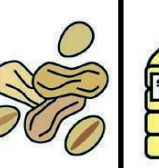
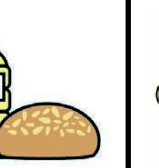
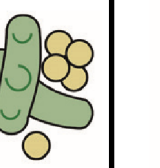





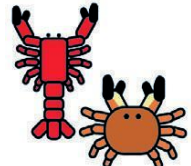
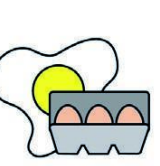




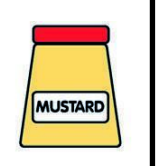
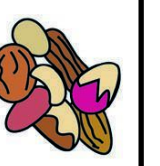
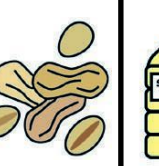
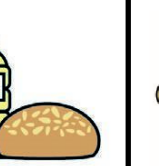
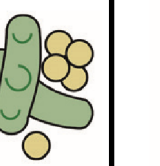

DISHES AND THEIR ALLERGEN CONTENT – [Seaton Valley Federation 2023-2024](#)

DISHES														
<u>Break Time</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Bacon Bun		Contains					Contains			May Contain	May Contain	May Contain	Contains	
Sausage Bun		Contains					Contains			May Contain	May Contain	May Contain	Contains	
Vegan Sausage Bun (<i>no butter</i>)		Contains								May Contain	May Contain	May Contain	Contains	
Sausage Roll		Contains		Contains			Contains							
Vegan Sausage Roll		Contains					May Contain							Contains
Breakfast Wrap (with Ketchup)		Contains		May Contain			May Contain							
Breakfast Wrap (without Ketchup)		Contains		May Contain			May Contain							
Hash Brown		May Contain		May Contain			May Contain							
Toast		Contains												
Crumpet		Contains												
English Muffin		Contains										May Contain	May Contain	
Teacake		Contains										May Contain		
Bagel (<i>May Contain Sesame</i>)		Contains					Contains					May Contain		
Belgian Waffle		Contains		Contains			May Contain						Contains	
Pancake		Contains		Contains			Contains							
Mini Pizza		Contains					Contains							
Breakfast Pastries		Contains		Contains			Contains			May Contain	May Contain		May Contain	
Cheese Toastie		Contains					Contains							

Review date: 27/08/2023

Reviewed by: Zoe Lockett – Catering Manager

DISHES AND THEIR ALLERGEN CONTENT – [Seaton Valley Federation 2023-2024](#)




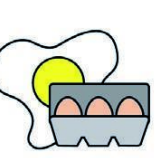
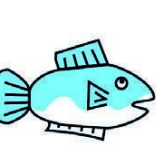



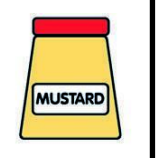

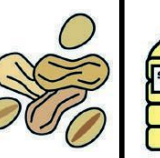
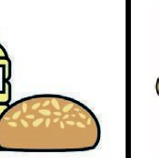
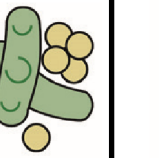

DISHES														
<u>Break Time</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Greek Yoghurt & Granola		Contains					Contains			May Contain				
Greek Yoghurt & Strawberry Compote		Contains					Contains			May Contain				
Golden Acre Thick & Creamy Yoghurt							Contains							
Fruit Bowl Yoghurt Flakes		Contains					Contains							
Whole Fresh Fruit														
Fresh Fruit Pots														
Harvest Snaps Cheese & Chive							May Contain						May Contain	May Contain
Harvest Snaps Sweet Chilli							May Contain						May Contain	May Contain
Popchips BBQ														
Popchips Sour Cream & Onion							Contains							
Popchips Sea Salt														
Alpen Jaffa Cake Cereal Bar		Contains					Contains						Contains	Contains
Alpen Strawberry Yoghurt Cereal Bar		Contains					Contains						Contains	Contains
Kellogg's Coco Pops Cereal Bar		Contains					Contains						Contains	
Kellogg's Rice Krispies Cereal Bar		Contains					Contains						Contains	
Viva Milk Carton							Contains							

Review date: 27/08/2023

Reviewed by: Zoe Lockett – Catering Manager

You can find this template, including more information at www.food.gov.uk/allergy



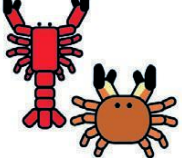
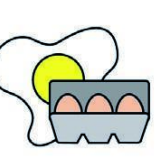
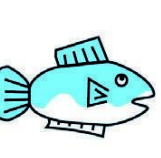
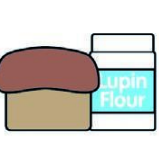






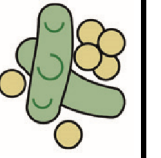

DISHES AND THEIR ALLERGEN CONTENT – [Seaton Valley Federation 2023-2024](#)

DISHES														
<u>Autumn/Winter</u> <u>WK1</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Minced Beef & Gravy (GF)														
Mince (Ve) & Gravy (GF)													Contains	
Dumplings (V)		Contains		Contains			Contains							
Creamy Mash														
Mousse Slice		Contains		Contains			Contains						Contains	
Homemade Crispy Chicken (<i>Halal</i>)		Contains							May Contain		May Contain			Contains
Vegetable Sausages (Ve)		Contains												
Spicy Wedges														
Roast Pork & Sage Stuffing		Contains											May Contain	
Sustainable Bangers (Ve)													Contains	
Bramley Apple Crumble & Custard		Contains					Contains							
Chicken Korma (<i>Halal</i>)							Contains							
Aromatic Korma (V)							Contains						Contains	
Naan Bread		Contains												
100% Beef Burger (including bun)		Contains								May Contain	May Contain	May Contain	Contains	
Halal Chicken Burger (inc. bun)	Contains	Contains					Contains		May Contain	May Contain	May Contain	May Contain	Contains	
Fish Fillet		Contains			Contains									
Vegan Nuggets		Contains								May Contain	May Contain	May Contain	Contains	

Review date: 27/08/2023

Reviewed by: Zoe Lockett – Catering Manager




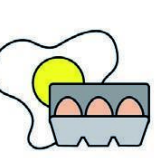
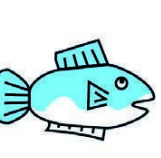



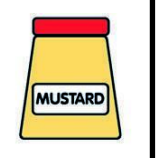

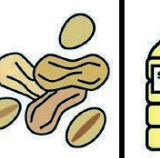
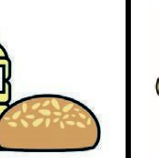
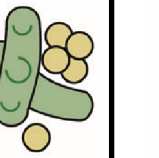

DISHES AND THEIR ALLERGEN CONTENT – [Seaton Valley Federation 2023-2024](#)

DISHES														
<u>Autumn/Winter</u> <u>WK2</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Cumberland Sausages														
Sustainable Bangers (Ve)													Contains	
Mash							Contains							
Jamaican Jerk Chicken Skewers	May Contain	May Contain		May Contain			May Contain						Contains	
Cheese & Tomato Pizza Slab (V)		Contains					Contains							
Caribbean Rice & Peas														
Roast Beef & Yorkshire Pudding		Contains		Contains			Contains							
Golden Sausage Roll (Ve)		Contains					May Contain							Contains
Sticky Toffee Pudding & Custard		Contains		Contains			Contains							
Italian Lasagne		Contains					Contains							
Italian Lasagne (V)		Contains					Contains						Contains	
Garlic Bread		Contains					May Contain					Contains		
100% Beef Burger (including bun)		Contains								May Contain	May Contain	May Contain	Contains	
Halal Chicken Burger (inc. bun)	Contains	Contains					Contains		May Contain	May Contain	May Contain	May Contain	Contains	
Fish Fillet		Contains			Contains									
Protein Burger (Ve) (inc. bun)		Contains								May Contain	May Contain	May Contain	Contains	
Curry Sauce	Contains	Contains		May Contain			May Contain		May Contain				May Contain	

Review date: 27/08/2023

Reviewed by: Zoe Lockett – Catering Manager




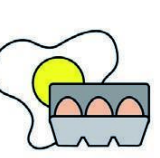
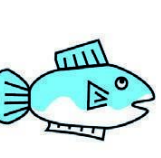



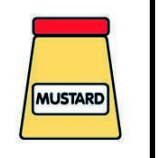

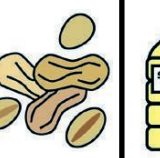
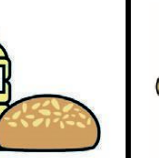
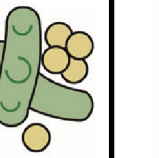

DISHES AND THEIR ALLERGEN CONTENT – [Seaton Valley Federation 2023-2024](#)

DISHES														
<u>Autumn/Winter</u> <u>WK3</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Corned Beef Pie		Contains					May Contain							
Cheese & Onion Quiche		Contains		Contains			Contains							
BBQ Pulled Pork Flatbread		Contains												
Mac & Cheese	May Contain	Contains		May Contain			Contains		May Contain				May Contain	
Roast Turkey & Stuffing		Contains											May Contain	
Protein-Rich Pops (Ve)													Contains	
Chocolate Cake		Contains		Contains			Contains							
Chocolate Custard							Contains							
Beef Strips in Black Bean Sauce		Contains							May Contain	May Contain	May Contain		Contains	
Chinese-Style Curry (V)	Contains	Contains		May Contain					May Contain				May Contain	
Prawn Crackers	May Contain		Contains		May Contain								May Contain	
100% Beef Burger (including bun)		Contains								May Contain	May Contain	May Contain	Contains	
Halal Chicken Burger (inc. bun)	Contains	Contains					Contains		May Contain	May Contain	May Contain	May Contain	Contains	
Fish Fillet		Contains			Contains									
Vegan Nuggets		Contains								May Contain	May Contain	May Contain	Contains	
Curry Sauce	Contains	Contains		May Contain			May Contain		May Contain				May Contain	

Review date: 27/08/2023

Reviewed by: Zoe Lockett – Catering Manager




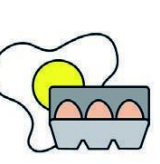
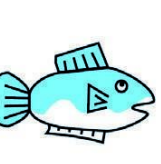



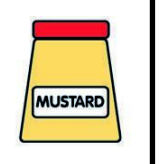
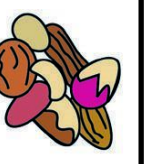
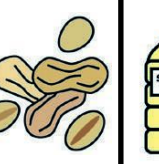
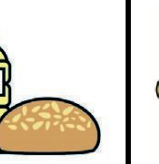
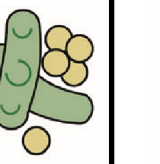

DISHES AND THEIR ALLERGEN CONTENT – [Seaton Valley Federation 2023-2024](#)

DISHES														
<u>Spring/Summer Mains WK1</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Beef Bolognese		May Contain												
Bolognese (Ve)		May Contain											Contains	
Garlic Bread		Contains					May Contain					Contains		
Ice Cream & Sponge Roll		Contains		Contains			Contains						Contains	
Marinated Chicken Fajitas (<i>Halal</i>)									Contains					
Sizzling Veg Fajitas									Contains					
Roast Pork & Sage Stuffing		Contains											May Contain	
Mac & Cheese	May Contain	Contains		May Contain			Contains		May Contain				May Contain	
Fruit Tarts with Cream		Contains		Contains			Contains							
Chicken Tikka Curry (<i>Halal</i>)							Contains							
Vegetable Samosas		Contains												
Poppadoms														
Mango Chutney														
100% Beef Burger (including bun)		Contains								May Contain	May Contain	May Contain	Contains	
Halal Chicken Burger (inc. bun)	Contains	Contains					Contains		May Contain	May Contain	May Contain	May Contain	Contains	
Fish Fillet		Contains			Contains									
Vegan Nuggets		Contains								May Contain	May Contain	May Contain	Contains	
Curry Sauce	Contains	Contains		May Contain			May Contain		May Contain				May Contain	

Review date: 27/08/2023

Reviewed by: Zoe Lockett – Catering Manager




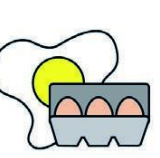
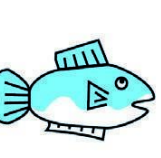



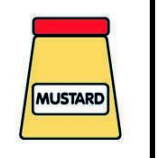

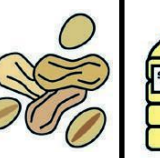
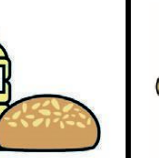
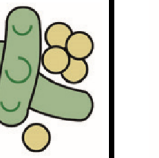

DISHES AND THEIR ALLERGEN CONTENT – Seaton Valley Federation 2023-2024

DISHES														
<u>Spring/Summer Mains WK2</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Mince Beef & Onion Pie		Contains					May Contain							
Nachos														
Dips (Nachos)							Contains							
Mousse Slice		Contains		Contains			Contains						Contains	
Stuffed Calzone Pizzas (Pepperoni)	May Contain	Contains		May Contain			May Contain		May Contain				May Contain	
Stuffed Calzone Pizzas (V)		Contains		May Contain			May Contain							
Coleslaw				Contains					Contains					
Roast Chicken & Stuffing (<i>Halal</i>)		Contains											May Contain	
Bolognese (Ve)		May Contain											Contains	
Carbonara		Contains		May Contain			Contains		May Contain				May Contain	
Garlic Bread		Contains					May Contain					Contains		
Ice Cream Pots							Contains							
100% Beef Burger (including bun)		Contains								May Contain	May Contain	May Contain	Contains	
Halal Chicken Burger (inc. bun)	Contains	Contains					Contains		May Contain	May Contain	May Contain	May Contain	Contains	
Fish Fillet		Contains			Contains									
Protein Burger (Ve) (inc. bun)		Contains								May Contain	May Contain	May Contain	Contains	
Curry Sauce	Contains	Contains		May Contain			May Contain		May Contain				May Contain	

Review date: 27/08/2023

Reviewed by: Zoe Lockett – Catering Manager




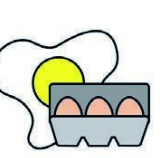
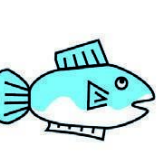



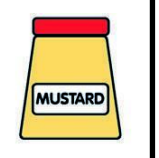

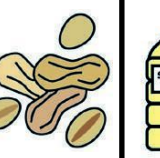
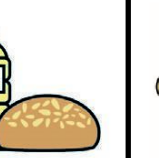
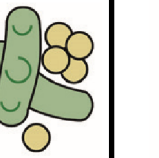

DISHES AND THEIR ALLERGEN CONTENT – [Seaton Valley Federation 2023-2024](#)

DISHES														
<u>Spring/Summer Mains WK3</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Hunters Chicken							Contains							
Cheese & Onion Quiche		Contains		Contains			Contains							
Coleslaw				Contains					Contains					
SVF Chicken Shawarma														
Cheese & Tomato Pizza Slab		Contains					Contains							
Grilled Halloumi							Contains							
Flatbread		Contains												
Sausage Roll (Ve)		Contains					May Contain							
Pancakes, Fruit & Ice Cream		Contains					Contains							
Chinese-style Chicken Curry (Halal)	Contains	Contains		May Contain			May Contain		May Contain				May Contain	
Asian Vegetable Spring Roll (V)	Contains	Contains		Contains			Contains						Contains	
Egg Noodles		Contains		Contains										
Prawn Crackers	May Contain		Contains		May Contain								May Contain	
100% Beef Burger (including bun)		Contains								May Contain	May Contain	May Contain	Contains	
Halal Chicken Burger (inc. bun)	Contains	Contains					Contains		May Contain	May Contain	May Contain	May Contain	Contains	
Fish Fillet		Contains			Contains									
Vegan Nuggets		Contains								May Contain	May Contain	May Contain	Contains	
Curry Sauce	Contains	Contains		May Contain			May Contain		May Contain				May Contain	

Review date: 27/08/2023

Reviewed by: Zoe Lockett – Catering Manager




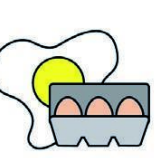
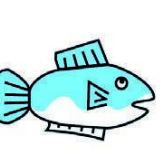



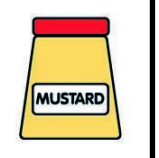

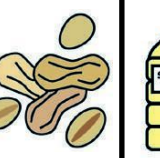
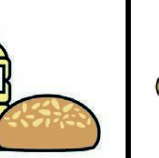
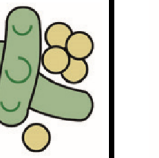

DISHES AND THEIR ALLERGEN CONTENT – [Seaton Valley Federation 2023-2024](#)

DISHES														
<u>Grab & Go</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Bread - Roll		Contains								May Contain	May Contain	May Contain	Contains	
Bread - Panini		Contains										May Contain		
Bread - Pizza Slice		Contains												
Bread - Calzone Pizza		Contains		May Contain			May Contain							
Bread - Baguettes		Contains										May Contain		
Bread - Tortilla Wrap		Contains												
Bread - Hot Dog Finger Bun		Contains								May Contain	May Contain	May Contain	Contains	
Bread - Mini Stottie		Contains								May Contain	May Contain	May Contain	Contains	
Bread - Cheese Knot		Contains					Contains			May Contain	May Contain	May Contain	Contains	
Bread - Envelopes		Contains								May Contain	May Contain	May Contain	Contains	
Bread - Jacksons Sliced White Bread (May Contain Barley, Oats, Rye, Spelt)		Contains												
Pasta		Contains												
Jacket Potato							Contains - with butter							
Hot Dog (no bun)											May Contain			
Salad														
Coleslaw				Contains					Contains					
Salad Cream				Contains					Contains					

Review date: 27/08/2023

Reviewed by: Zoe Lockett – Catering Manager




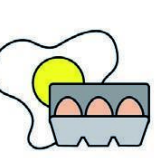
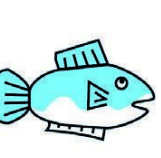



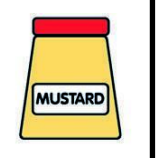

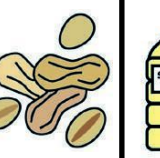
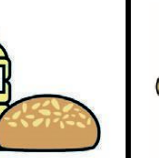
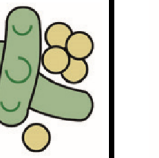

DISHES AND THEIR ALLERGEN CONTENT – [Seaton Valley Federation 2023-2024](#)

DISHES														
<u>Fillings</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Cheese / Cheese Salad							Contains							
Cheese Savoury				Contains			Contains		Contains					
Ham / Ham Salad							Contains							
Egg Mayo				Contains					Contains					
Chicken Mayo				Contains					Contains					
Chicken Mayo & Bacon				Contains					Contains					
Chicken Mayo & Sweetcorn				Contains					Contains					
Coronation Chicken	Contains			Contains					Contains				Contains	
Chicken Tikka		Contains		Contains			Contains							
Chicken Fajita		Contains					Contains						Contains	
Honey Chilli Chicken	May Contain	May Contain					May Contain					May Contain	May Contain	
Italian Chicken														
Tuna Mayo				Contains	Contains				Contains					
Chicken Caesar		Contains		Contains			Contains							
Turkey														
Sliced Chicken														
BLT				Contains					Contains					

Review date: 27/08/2023

Reviewed by: Zoe Lockett – Catering Manager

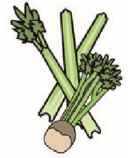


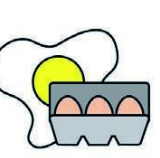
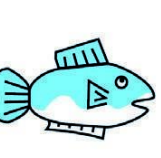
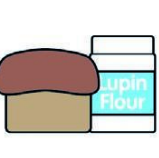

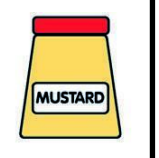

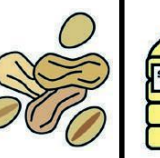
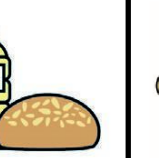
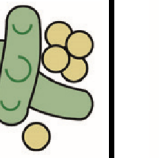

DISHES AND THEIR ALLERGEN CONTENT – [Seaton Valley Federation 2023-2024](#)

DISHES														
<u>Snacks / Sweet</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Shortbread		Contains		Contains			Contains							
Gingerbread		Contains		Contains			Contains							
Chocolate/Vanilla Sponge		Contains		Contains			Contains							
Chocolate Brownie		Contains		Contains			Contains							
Viennese Biscuits		Contains		Contains			Contains							
Coconut Biscuits		Contains		Contains			Contains							
Rocky Road		Contains					Contains							
Winchester Biscuits		Contains		Contains			Contains							
Jam Doughnuts		Contains		May Contain			May Contain					May Contain	May Contain	
Chocolate Doughnuts		Contains		May Contain			May Contain					May Contain	May Contain	
Iced Doughnuts		Contains					Contains			May Contain	May Contain			
Harvest Snaps Cheese & Chive							Contains						Contains	Contains
Harvest Snaps Sweet Chilli							Contains						Contains	Contains
Popchips BBQ														
Popchips Sour Cream & Onion							Contains							
Popchips Sea Salt														
Fruit Bowl Yoghurt Flakes							Contains							

Review date: 27/08/2023

Reviewed by: Zoe Lockett – Catering Manager

DISHES AND THEIR ALLERGEN CONTENT – [Seaton Valley Federation 2023-2024](#)

DISHES														
<u>Snacks / Sweet</u>	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Alpen Jaffa Cake Cereal Bar		Contains					Contains						Contains	Contains
Alpen Strawberry Yoghurt Cereal Bar		Contains					Contains						Contains	Contains
Kellogg's Coco Pops Cereal Bar		Contains					Contains						Contains	
Kellogg's Rice Krispies Cereal Bar		Contains					Contains						Contains	
Arla Cheese Portion (Mixed varieties)							Contains							
Cream Crackers		Contains					May Contain							
Golden Acre Thick & Creamy Yoghurts (Mixed varieties)							Contains							
Ketchup Sachet														
Mayo Sachet				Contains			Contains							
BBQ Sauce Sachet														
Viva Milk Carton							Contains							

Review date: 27/08/2023

Reviewed by: Zoe Lockett – Catering Manager

You can find this template, including more information at www.food.gov.uk/allergy

Please note:

Ingredients and allergens are subject to change due to manufacturer and/or supplier change and ingredient availability. Whilst every effort is made to match ingredients and allergens with substitute products, this is not guaranteed.

For more information & specific enquiries, please contact the Catering Manager.