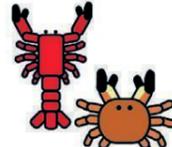
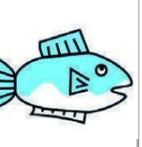
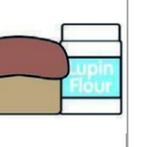
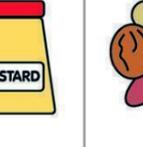
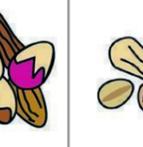
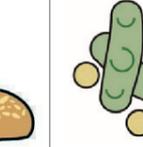
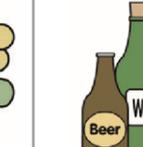


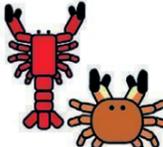
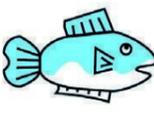
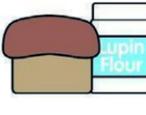
# DISHES AND THEIR ALLERGEN CONTENT – Seaton Sluice Middle School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
<b>Battered Cod</b> Week 1: Mon		Contains			Contains									
<b>BBQ Pulled Chicken</b> Week 2: Thurs	Does not contain any of the 14 major allergens.													
<b>Beans</b> Week 1: Fri Week 2: Fri	Does not contain any of the 14 major allergens.													
<b>Beef Bolognese</b> Week 1: Mon	Does not contain any of the 14 major allergens.													
<b>Beef Lasagne</b> Week 1: Mon		Contains		May Contain			Contains		May Contain				May Contain	
<b>Beef Burger</b> Week 1: Fri Week 2: Fri	May Contain	Contains		May Contain			May Contain		May Contain			May Contain	Contains	
<b>Beef Mince &amp; Dumplings</b> (Allergen-free without dumplings) Week 1: Tues		Contains		May Contain			May Contain						May Contain	
<b>Biscuit</b>	Please see separate “Bakery” Sheet or individual packets for allergen information.													
<b>Calzone Pizza ...with cheese</b> Week 1: Mon		Contains		May Contain			Contains							

Review date: 11.03.26 Reviewed by: Zoe Chohan - Catering Manager

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# DISHES AND THEIR ALLERGEN CONTENT – Seaton Sluice Middle School

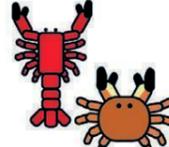
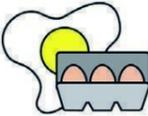
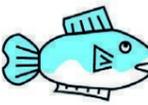
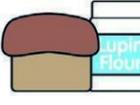
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
<b>Calzone Pizza ...with pepperoni</b> Week 1: Mon	May Contain	Contains		May Contain			Contains		May Contain				May Contain	
<b>Cheesecake</b> Week 2: Mon		Contains					Contains							
<b>Chicken Burger</b> Week 1: Fri Week 2: Fri		Contains												
<b>Chicken Curry</b> Week 1: Thurs							Contains							
<b>Chippy Curry Sauce</b> Week 1: Fri Week 2: Fri		Contains		May Contain			May Contain						May Contain	
<b>Chocolate Brownie</b> Week 1: Wed		Contains		Contains			Contains						May Contain	
<b>Crispy Vegan Nuggets</b> Week 2: Fri		Contains												
<b>Cumberland Sausages</b> Week 2: Tues		Contains												
<b>Fresh Fruit</b>	Does not contain any of the 14 major allergens.													

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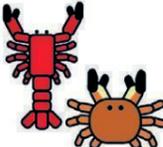
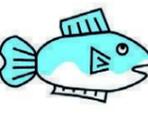
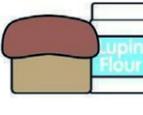
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
<b>Fries</b> Week 1: Fri Week 2: Fri	Does not contain any of the 14 major allergens.													
<b>Fruit Crumble &amp; Custard</b> Week 1: Thurs		Contains		Contains			Contains							May Contain
<b>Garlic Bread</b> Week 2: Mon		Contains					May Contain							
<b>Gravy</b> Week 1: Wed Week 2: Wed	Does not contain any of the 14 major allergens.													
<b>Hot Dog</b> (Allergen-free without bun) Week 1: Fri Week 2: Fri		Contains											May Contain	May Contain
<b>Ice Cream Tub</b> Week 1: Fri Week 2: Fri							Contains							
<b>Jacket Potato</b>	Does not contain any of the 14 major allergens.													
<b>Mac &amp; Cheese</b> Week 1: Tues Week 2: Mon, Thurs		Contains					Contains							
<b>Margherita Pizza Slab</b> Week 2: Thurs		Contains					Contains							

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# DISHES AND THEIR ALLERGEN CONTENT – Seaton Sluice Middle School

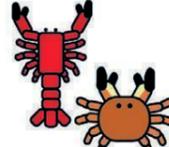
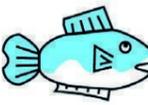
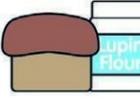
DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
<b>Mashed Potato</b> Week 1: Tues, Wed Week 2: Tues, Wed							Contains							
<b>Moving Mountains Vegan Burger</b> Week 1: Fri		Contains											Contains	
<b>Naan Bread</b> Week 1: Thurs		Contains												
<b>Pasta</b> Week 2: Mon		Contains												
<b>Poppadoms</b> Week 1: Thurs	Removed from service due to product allergen update.													
<b>Potato Wedges</b> Week 1: Mon	Does not contain any of the 14 major allergens.													
<b>Rice</b> Week 1: Thurs	Does not contain any of the 14 major allergens.													
<b>Roast Chicken</b> Week 1: Wed	Does not contain any of the 14 major allergens.													
<b>Roast Gammon</b> Week 1: Wed	Does not contain any of the 14 major allergens.													

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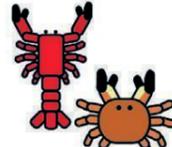
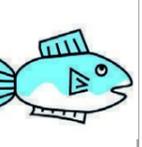
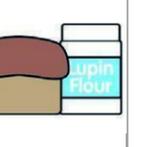
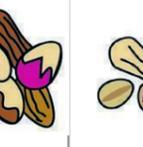
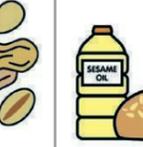
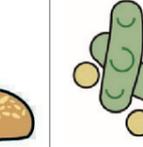
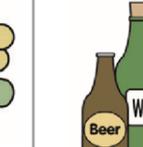
# DISHES AND THEIR ALLERGEN CONTENT – Seaton Sluice Middle School

DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
<b>Roasties</b> Week 1: Wed Week 2: Wed	Does not contain any of the 14 major allergens.													
<b>Salad</b>	Does not contain any of the 14 major allergens.													
<b>Sandwiches</b>	Please see individual packets for allergen information.													
<b>School Cake</b> Week 2: Wed		Contains		Contains			Contains						May Contain	
<b>Tomato Pasta</b> Week 1: Mon, Thurs Week 2: Tues		Contains												
<b>Vegan Bolognese</b> Week 2: Mon													Contains	
<b>Vegan Mince &amp; (Vegetarian) Dumplings</b> (Without Dumplings = Soya only)		Contains		May Contain			May Contain						Contains	
<b>Vegan Sausage Roll</b> Week 2: Wed		Contains					May Contain							Contains
<b>Vegetables</b>	Does not contain any of the 14 major allergens.													

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DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Vegetable & Cheese Kiev Week 1: Wed		Contains					Contains							
Vegetarian Lasange Week 2: Mon		Contains		May Contain			Contains		May Contain				May Contain	
Vegetable Samosa		Contains												
Vegetable Sausages Week 2: Tues		Contains												
Yorkshire Pudding Week 1: Wed Week 2: Wed		Contains		Contains			Contains							

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Menu items are subject to change in line with product availability. On occasion, temporary products or substitutes may be introduced. Where this occurs, catering staff will be informed and may withhold a pupil's usual choice if it contains an allergen that presents a risk. Every effort will be made to source like-for-like alternatives to minimise variation.

This allergen matrix will remain available in the dining hall for consultation by all staff and students.